

1 **Mercury concentration trend as a possible result of changes in cod**  
2 **population demography**

3

4 Anders Ruus <sup>a, b, \*</sup>, Dag Ø. Hjermann <sup>a</sup>, Bjørnar Beylich <sup>a</sup>, Merete Schøyen <sup>a</sup>, Sigurd  
5 Øxnevad <sup>a</sup>, Norman W. Green <sup>a</sup>

6

7 <sup>a</sup>. *Norwegian Institute for Water Research, Gaustadalléen 21, NO-0349 Oslo, Norway*

8 <sup>b</sup>. *University of Oslo, Department of Biosciences, PO Box 1066 Blindern, NO-0316 Oslo,*  
9 *Norway*

10

11

12 \* To whom correspondence may be addressed:

13 Anders Ruus

14 Norwegian Institute for Water Research (NIVA), Gaustadalléen 21, NO-0349 Oslo, Norway

15 Phone: +47 22 18 51 00

16 Fax: +47 22 18 52 00

17 e-mail: anders.ruus@niva.no

18 **Abstract**

19 Mercury (Hg) in Atlantic cod (*Gadus morhua*) is one of many parameters that are monitored  
20 through OSPAR's Joint Assessment and Monitoring Programme. Time series for cod in the  
21 Inner Oslofjord (Norway) go back to 1984. Until 2014, annual median Hg-concentrations in  
22 cod from the Inner Oslofjord showed both significant upward long-term (whole time series)  
23 and short-term (recent 10 years) trends (when 2015 was included, the short-term trend was  
24 not significant). However, the median length of the cod sampled also showed upward trends.  
25 This may have been caused by low cod recruitment in the area since the start of the 2000s, as  
26 indicated by beach seine surveys. To investigate how length would impact the trend analysis,  
27 the Hg-concentrations in the cod were normalised to 50 cm. No significant short-term trend  
28 in Hg-concentrations could be detected for length-normalised concentrations. The results  
29 indicated that most of the upward trend in Hg-concentrations could be attributed to the  
30 sampling of larger fish. The reasons for the apparent change in the cod population  
31 demography are not conclusive, however, sampling bias must also be considered.

32

33 **Key Words:** *Gadus morhua*, Mercury, the Oslofjord, Body size, Fish, Pollution monitoring,  
34 Population characteristics, Sampling

## 35 **1. Introduction**

36

37 Mercury (Hg) is an element entering the biosphere from natural and anthropogenic sources.  
38 In aquatic systems, anoxic conditions favour the bacterial transformation of inorganic Hg to  
39 methylmercury (MeHg), which is the most toxic form of Hg. It acts as a neurotoxin and may  
40 cause harmful effects on organisms (Dietz et al., 2013). Methylmercury also has a greater  
41 potential for bioaccumulation than elemental Hg and is subject to biomagnification (i.e. the  
42 concentration in an organism exceeds that in the organism's diet due to dietary absorption,  
43 thus the concentration increases with higher trophic level; Kidd et al., 2012; Ruus et al.,  
44 2015). Therefore, high concentrations of Hg (mostly in the form of MeHg) may accumulate  
45 in fish tissues (Julshamn et al., 2011; Teffer et al., 2014). Since fish is a main route of Hg  
46 exposure to humans (WHO, 1990), high concentrations of Hg in fish food is of concern in a  
47 human health context.

48

49 Mercury in Atlantic cod (*Gadus morhua*) is one of many parameters that are monitored  
50 through the Norwegian contribution to the Hazardous Substances Theme of OSPAR's (Oslo  
51 and Paris Commission) Joint Assessment and Monitoring Programme (JAMP). This  
52 contribution is conducted by the Norwegian Institute for Water Research (NIVA) by contract  
53 from the Norwegian Environment Agency. JAMP has protocols for sampling and data  
54 treatment to facilitate common practice among the contracting countries that border the  
55 Northeast Atlantic Ocean (OSPAR, 2008, 2012). The current focus of the Norwegian  
56 contribution is on the levels, trends and effects of hazardous substances. The results from  
57 Norway and other OSPAR countries provide a basis for a holistic assessment of the state of  
58 the marine environment in this region. OSPAR receives guidance from the International  
59 Council for the Exploration of the Sea (ICES).

60

61 Due to improved regulations, the loads of Hg entering the European marine environment has  
62 declined substantially since 1990 (OSPAR, 2009). For instance, riverine inputs of total Hg to  
63 the North Sea and Celtic Sea decreased by 75% and 85%, respectively, during the period  
64 1990-2006. In some areas these numbers are partly impacted by changes in the analytical  
65 limit of detection (LoD), however, in other areas where LoD was not an issue, there were  
66 similar trends, e.g. Rhine/Meuse (71% decrease) and Elbe (69% decrease; OSPAR, 2009).  
67 These trends are not always reflected in corresponding trends in biota concentrations. One  
68 example is the Inner Oslo fjord, where observations have indicated an upward time trend for  
69 Hg in cod muscle in recent years (e.g. Green et al., 2014). A reason for this apparent upward  
70 trend may be year-to-year variations in the size of the sampled cod. Mercury accumulates in  
71 fish tissue and older and larger fish thereby tend to have higher Hg-concentrations (e.g. Green  
72 and Knutzen, 2003; Sackett et al., 2013).

73

74 The objective of this study was to describe temporal changes in the Hg-concentrations in cod  
75 muscle from the Inner Oslofjord, based on annual sampling since 1984, and analyse how the  
76 annual size distribution of the cod may influence time trends.

77

## 78 **2. Material and Methods**

### 79 *2.1. Study site and sampling*

80 Oslo, Norway's largest city (urban area population: 942 000; Figure 1), is located in the Inner  
81 Oslofjord. In addition to municipal discharges, the Inner Oslofjord is also affected by  
82 industry, leisure boats, ferries, freighters, and cruise ships. Various compounds enter the  
83 Inner Oslofjord *inter alia* through surface water/storm water (Ruus et al., 2016). The  
84 sediments of the fjord are also contaminated with various persistent "legacy" contaminants,

85 and rivers discharge contaminants from industrial areas and contaminated sites from past  
86 industry, as well as from long-range transport to the catchment area (Skarbøvik et al., 2015).  
87 There are also two large sewage treatment plants in the vicinity of Oslo, that use the Inner  
88 Oslofjord as a recipient. Environmental monitoring and screening for emerging contaminants  
89 have shown that different compartments of the fjord (water, sediment and/or organisms) are  
90 contaminated with *inter alia* metals, organochlorine compounds, brominated compounds,  
91 organotin, polycyclic aromatic hydrocarbons, pharmaceuticals, siloxanes, bisphenols and UV  
92 filter chemicals (Ruus et al., 2016; Thomas et al., 2014). The Inner Oslofjord is connected to  
93 the Skagerrak region of the North Sea through a narrow sound (the Drøbak sound) with a sill  
94 depth of 20 m, which limits water exchange (Staalstrom and Roed, 2016).

95  
96 Cod were collected annually in the Inner Oslofjord (Figure 1), in accordance with OSPAR  
97 guidelines (OSPAR, 2012)<sup>1</sup>. Prior to 2012, the protocols required 25 individuals to be  
98 collected annually, but since 2012 only 15 cod were required annually. According to the  
99 sample protocol the age of the cod should preferably be within 1-3 years. Smaller fish should  
100 if possible be selected to reflect recent influence and reduce the effect of sex, as age  
101 determination without dissection is not possible. When the amount of tissue needed for all  
102 analyses within an integrated chemical and biological effect monitoring programme is not  
103 sufficient, selection of larger fish, or pooling of samples, may be appropriate. If possible, we  
104 aspired to collect cod within five size classes, with the same number of individuals within  
105 each class (i.e. 3 individuals in each class since 2012): 370 - 420 mm, 420 - 475 mm, 475 -  
106 540 mm, 540 - 615 mm and 615 - 700 mm.

107

---

<sup>1</sup> See also <http://www.ospar.org/work-areas/hasec>

108 The fish were caught by benthic trawl (15×6.5 m opening; 1600 meshes; mesh size 20×20  
109 mm; equipped with a separation grid), from R/V Trygve Braarud during autumn (mostly  
110 November) each year since 2005. Prior to that, the autumn catch was commissioned through  
111 local fishermen. The length and weight of each sampled cod were registered. Tissue samples  
112 (muscle for Hg analysis) from each fish were prepared and stored frozen (-20 °C) until  
113 homogenisation and analysis. The age of fish was determined by counting the number of  
114 opaque and hyaline zones in otoliths.

115

## 116 *2.2. Mercury analysis*

117 Mercury (total) was analysed in the muscle samples of cod at NIVA (1985-2011) and  
118 Eurofins (2012-1015), and only in 1984 was the analysis conducted at the Norwegian  
119 Veterinary institute. An accredited method (NS-EN ISO 12846) was applied, using Cold-  
120 Vapour Atomic absorption spectrometry (CV-AAS; Green et al., 2008). Samples of cod  
121 muscle were homogenised, using an ultra Turrax™. Homogenised samples (0.1–1 g) were  
122 subsequently digested in nitric acid (HNO<sub>3</sub>; 5–10 ml) in a microwave oven and diluted to 50–  
123 100 ml with distilled, de-ionised water (according to Standard NS-4770). Mercury was then  
124 analysed by CV-AAS, at NIVA using a Perkin-Elmer FIMS-400 (Flow Injection Mercury  
125 system), at Eurofins using a Teledyne CETAC Technologies QuickTrace M-8000 Mercury  
126 Analyser. The analytical Limit of Detection (LoD) was determined as 3 times the standard  
127 deviation of the signal:noise ratio in 10 validation samples, and has been 0.005 mg/kg the  
128 recent years. NIVA's laboratory and Eurofins are accredited by the Norwegian Accreditation  
129 as a testing laboratory according to the requirements of NS-EN ISO/IEC 17025 (2005).  
130 Analytical quality was ensured by running blanks (de-ionised water and/or acid) and Certified  
131 Reference Materials (CRM; DORM-3 with CRM value  $0.382 \pm 0.060$  mg/kg dry wt., and  
132 DORM-4 with CRM value  $0.410 \pm 0.055$  mg/kg dry wt.; National Research Council Canada,

133 Division of Chemistry, Marine Analytical Chemistry Standards) with the samples. If the  
134 concentration in the blank samples exceeded twice the LoD, or the analytical result of the  
135 CRM fell outside the acceptable range ( $\pm 3$  standard deviations of  $\geq 20$  previous subsequent  
136 measurements), a subset of samples was digested/prepared and analysed. If the results of  
137 these samples differed more than 20% from the first results, a new subset of all samples were  
138 digested/prepared and analysed. Concentrations measured in the CRMs were as follows: In  
139 2011 (the last year of analysis at NIVA; DORM-3) the mean concentration ( $\pm$  standard  
140 deviation) was  $0.42 \pm 0.028$  mg/kg dry wt. (n=24 samples analysed over a 29-week period).  
141 In 2015 (the last year of analysis at Eurofins; DORM-4) the mean concentration ( $\pm$  standard  
142 deviation) was  $0.38 \pm 0.04$  mg/kg dry wt. (n=52 samples analysed over a 35-week period). In  
143 2012 a set of samples was analysed at both NIVA and Eurofins to ensure accordant results  
144 between laboratories. The results for Hg showed good agreement between the two  
145 laboratories, the difference being less than 20% (Green et al. 2013). Analytical standards  
146 were also certified by the participation in international calibration tests, including  
147 QUASIMEME twice per year.

148

### 149 *2.3. Data treatment and statistical methods*

150 In the JAMP monitoring programme, temporal trends in contaminant concentrations are  
151 reported using the OSPAR method (OSPAR, 2008). This model approach has been developed  
152 to study time trends for contaminants in biota based on median concentrations (ASMO,  
153 1994). When there are at least 7 years of data, time trends are assessed by fitting either a  
154 linear or a non-linear (depending on Akaike Information Criterion values; AIC) regression  
155 line to the annual median log-concentrations as a function of time. The non-linear fit is a  
156 Loess smoother based on a running six-year interval (Nicholson et al., 1994; Nicholson et al.,  
157 1997; Nicholson et al., 1991) with revisions by Fryer and Nicholson (1999). For statistical

158 tests based on the fitted smoother to be valid, the variance should be constant and the  
159 residuals for the fitted model should be log-normally distributed (Nicholson et al., 1998). For  
160 non-linear trends, the trend is said to be upward or downward if the first and last years are  
161 significantly different, using a t-test. The significance level used is  $\alpha = 0.05$ . For the linear fit,  
162 we used ordinary linear regression (function *lm* in R), while for the non-linear fit we used  
163 code written specifically for the purpose based on the articles referenced above (code  
164 available from the authors on request). The concentrations and trends (using the above  
165 mentioned OSPAR method) from the Norwegian contribution to the JAMP monitoring  
166 programme are reported each year (e.g. Green et al., 2014).

167

168 In this study, we extended the trend analyses of Hg-concentrations in cod muscle from the  
169 Inner Oslofjord by including the effect of fish length on concentrations. The relationship  
170 between length and Hg-concentrations on the individual level was used to find the expected  
171 Hg-concentration for fish of a standard length, which then was used to recalculate annual  
172 medians, before re-analysing time trends. For this, we applied seven alternative linear  
173 regression models for explaining  $\log(\text{Hg})$ , where  $\log(\text{Hg})$  could be a linear function of year  
174 (as a categorical variable), body length, and/or a second-order polynomial function of body  
175 length, and possibly an interaction between year and length (Table 1). The best of these seven  
176 models (based on AIC corrected for small sample size,  $AIC_C$ ) was used to calculate the  
177 expected  $\log(\text{concentration})$  for a standard length (in the case of a year $\times$ length interaction, we  
178 would calculate expected concentrations for two standard lengths). In other words, the  
179  $\log(\text{concentration})$  for each fish was projected parallel to the regression line for the respective  
180 year. Then we recalculated the annual median, and performed analysis of time trends  
181 following OSPAR procedures. Data treatment and statistics were performed using R software  
182 (Ver. 3.3.2.).



183

184 **3. Results and Discussion**

185 Until year 2014, annual median (unadjusted) Hg-concentrations in cod muscle from the Inner  
186 Oslofjord showed both significant upward long-term (whole time series) and short-term  
187 (recent 10 years) trends ( $p < 0.05$ ). When the year 2015 was included, the short term trend  
188 became non-significant ( $p = 0.08$ , Figure 2).

189

190 There are in general several mechanisms that can be hypothesized to explain increases in fish  
191 Hg-concentrations. Upward trends in Hg-concentrations have also been registered in  
192 freshwater fish species in Norway (see Fjeld et al., 2010). Fjeld et al. (2010) noted that the  
193 atmospheric deposition of Hg in the south eastern part of Norway had decreased in recent  
194 years (Wängberg et al., 2010), and therefore they anticipated to observe a decrease (or  
195 unchanged concentrations) of Hg in fish from inland lakes. They further suggested that  
196 increased wash-out of humus substances in inland waters could have led to increased Hg-  
197 methylation because of increased microbial activity in the sediments, and thus increased Hg  
198 bioavailability. The factors governing methylation processes in sediments are not well  
199 understood, and in general, it could be hypothesized that changes in organic carbon input and  
200 deep water renewals could alter redox conditions, and thus methylation processes, at the  
201 sediment-water boundary (Hammerschmidt and Fitzgerald, 2006). However, there is  
202 evidence that the amount of particles in the surface water in the Inner Oslofjord has been  
203 reduced during the last decades (Berge et al., 2013), with the likely consequence of reduced  
204 organic carbon input to the Oslofjord sediments, which would lead to less favourable  
205 conditions for Hg methylation in the Oslofjord sediments (Hammerschmidt and Fitzgerald,  
206 2006). Yet other theoretical mechanisms for increased Hg-concentrations could be reduced  
207 photodemethylation in surface waters (Poste et al., 2015) or altered trophic relationships in

208 the Inner Oslofjord (Barcelo et al., 2016), leading to a shift in cod diet to prey items with  
209 higher Hg-concentrations. Cod is a generalist, and a comprehensive study of the diet of cod  
210 conducted in the Inner Oslofjord (Heggelund, 2001) showed that it forages on a wide variety  
211 of prey organisms, such as shrimps (*Caridea*), crabs (*Brachyura*), polychaetes (*Polychaeta*),  
212 gadoid fish (*Gadiformes*) and krill (*Euphausiacea*), much like what is shown elsewhere  
213 (Heggelund, 2001). It has been shown that trophic relationships can be defined by use of  
214 relative abundances of naturally occurring stable isotopes of nitrogen ( $^{15}\text{N}/^{14}\text{N}$ , expressed as  
215  $\delta^{15}\text{N}$  values). The increase in  $\delta^{15}\text{N}$  is generally 3 to 5‰ between trophic levels (Minigawa  
216 and Wada, 1984). The parameter  $\delta^{15}\text{N}$  has been measured routinely in cod from the Inner  
217 Oslofjord only for the past few years (mean  $\pm$  standard deviation was  $17.14 \pm 0.65$  and  $17.56$   
218  $\pm 0.48$  in 2013 and 2015, respectively; Green et al. 2014; Ruus et al. 2016), so there is no  
219 basis for retrospective comparison. However, in the Outer Oslofjord, close to the Swedish  
220 border,  $\delta^{15}\text{N}$  was measured in cod caught in 1998, showing slightly lower values ( $\delta^{15}\text{N} =$   
221  $15.33 \pm 0.97$ ; Ruus et al. 2002). Though, this can hardly be interpreted as an indication of a  
222 slightly higher trophic position of the Inner Oslofjord cod in recent years. It is known that  
223 background levels of  $^{15}\text{N}$  and  $^{14}\text{N}$  may be affected by human activities such as leaching of  
224 agricultural fertilizers or sewage plant discharges, and it is shown that the geographical  
225 variation in the  $\delta^{15}\text{N}$  baseline is  $>5\%$  along the Norwegian coast (Green et al. 2014). The  
226 Outer Oslofjord is recipient of water from Norway's largest river, the Glomma, which runs  
227 through rich agricultural areas.

228

229 However, apart from the Hg-concentrations in cod muscle, the median length of the cod  
230 sampled has also shown upward trends (Figure 3; Whole time series:  $p < 0.04$ ; 2005-2015:  $p$   
231  $= 0.086$ ; 2004-2014:  $p < 0.04$ ). The correlation between fish length and Hg-concentrations is  
232 well known (e.g. Eikenberry et al., 2015; Green and Knutzen, 2003; Jones et al., 2013;

233 Julshamn et al., 2013; Sackett et al., 2013), and Jones et al. (2013) noted that detecting the  
234 influence of changes in Hg exposure will depend on how fish biometrics (length, age and  
235 growth rates) are taken into account. Therefore, length was examined more extensively for  
236 cod from the Inner Oslofjord.

237

238 Of the seven regression models we fitted to  $\log(\text{Hg})$ , based on measurements from 806 cod,  
239 the optimal model in terms of  $\text{AIC}_C$  was a model with a non-linear (second-order polynomial)  
240 effect of length and an additional effect of year as a categorical variable (Model 1 in Table 1).  
241 The other models were a lot poorer ( $\Delta\text{AIC}_C \gg 2$ ; negligible Akaike weights). According to  
242 this model, the expected Hg-concentration follows the equation:

243

$$244 \quad \text{Log}(\text{Hg}) = 7.61 \cdot 10^{-3} \cdot \text{Length} - 4.34 \cdot 10^{-6} \cdot \text{Length}^2 + \text{Constant}_{\text{Year}} \quad (\text{Eq. 1})$$

245

246 where  $\text{Constant}_{\text{Year}}$  is a year-specific constant. Thus, this model has the same relationship  
247 between length and concentrations (on a logarithmic scale) for all years, but the curve is  
248 shifted vertically depending on year (Figure 4; See also Figure S1; Supplemental data). It  
249 should be noted that if we assume a linear relationship between  $\log(\text{concentration})$  and  
250 length, the model with interaction (Model 3) is slightly better than a model without (Model  
251 4), due to the different length ranges between years (Figure 4). As Model 1 has no  
252 interaction, time trends in estimated  $\log(\text{concentration})$  for a given length does not depend on  
253 which length we choose for normalisation; we chose 50 cm, since this length was represented  
254 most years. As mentioned, the normalisation was done by projecting the Hg-concentration in  
255 each fish parallel to the regression line for the respective year. The resulting median values  
256 (Figure 5b) for 50 cm cod showed some differences from the “raw” medians (Figure 5a; see  
257 also Figure S2; Supplementary data). In particular, the length-normalised Hg-concentrations

258 show an increase during the 1990s to approximately 2000, and a fairly stable level thereafter.  
259 In contrast, the non-normalised concentrations show an increase until approximately year  
260 2012, and possibly a decrease thereafter. As opposed to non-normalised Hg-concentrations,  
261 the length-normalised Hg-concentrations showed no significant changes on both short (2005-  
262 2015;  $p = 0.10$ ) and long (1984-2015;  $p = 0.10$ ) term (in both cases using a non-linear model  
263 following the OSPAR method). This is also valid if year 2015 is not included ( $p = 0.08$  and  
264 0.12, respectively). Excluding the outlying value (1987) from the analysis yielded similar  
265 conclusions ( $p = 0.10$  and 0.08, respectively).

266

267 From this it was concluded that most of the upward trend in Hg-concentrations in cod muscle  
268 from the Inner Oslofjord over the last 10-20 years could be attributed to the sampling of  
269 larger fish. When analysing the variation in all cod over the years, 31% of the total variation  
270 in Hg-concentration could be explained solely by variation in length, while 41% of the  
271 variation could not be explained by year and length. Therefore, more research is needed to  
272 scrutinise the influence of other explanatory variables than length.

273

274 The sampling of larger fish (on average) in recent years is consistent with results of beach  
275 seine surveys carried out in the Inner Oslofjord (Espeland and Knutsen, 2014), showing that  
276 cod recruitment in the fjord has been low since the start of the 2000s (especially recruitment  
277 since 2008). No cod recruits were observed in the Inner Oslofjord in 2014. Barcelo et al.  
278 (2016) showed that the juvenile fish community in nursery habitats along the Norwegian  
279 Skagerrak coast has undergone significant shifts in community composition, including a shift  
280 to a “warm community” (more pelagic/planktivorous and less demersal species) in the past  
281 two decades, involving negative effects on gadoids. It should also be noted that cod in the

282 Inner Oslofjord may represent different populations with different life histories and size  
283 distributions, as shown by genetic analyses (Freitas et al. unpublished results).

284

285 There is also the likelihood that changes in sampling bias, albeit small, may impact the trend  
286 analyses. During the monitoring programme, there has been an increasing need of tissue,  
287 driven by an increasing number of chemical parameters to be analysed (e.g. “emerging  
288 contaminants”), potentially creating false patterns in the data. The OSPAR guidelines  
289 emphasise that the sampling strategy should take into account the specific objectives of the  
290 monitoring programme, including quantitative objectives. Natural variability between the  
291 samples should be reduced by an appropriate sampling design. Furthermore, the sampling  
292 strategy should cover the demands of as many purposes as possible for both OSPAR and the  
293 EU Marine Framework Strategy Directive (MFSD; EU, 2008), as well as meet the  
294 requirements of the EU Water Framework Directive (WFD; EU, 2000). As such, it is pointed  
295 to the importance of the fish sampled being of reasonable size, giving adequate amounts of  
296 tissue for chemical, biochemical and physiological analyses. For cod it is specified that the  
297 number of individuals should be at least 12, the size should be within a narrow length range,  
298 and the age should, as mentioned, preferably be within 1-3 years. When the amount of tissue  
299 needed for all investigations within an integrated chemical and biological effect monitoring  
300 programme is not sufficient, selection of larger fish may be appropriate (OSPAR, 2012). We  
301 have aspired to collect cod within 5 size classes mentioned above. Any bias towards sampling  
302 more of the largest individuals within each size class may in theory cause an increasing  
303 annual median of the cod length, and as a result increased Hg-concentrations in this species.

304

305 **4. Concluding remarks**

306 It is concluded that most of the apparent increase in Hg-concentrations in cod muscle from  
307 the Inner Oslofjord during the last 10-20 years could be attributed to the sampling of larger  
308 fish. More research is needed to investigate the influence of explanatory variables other than  
309 length. Thus, there is not merely a question of whether Hg is increasing in cod, but also a  
310 question of why the size of sampled cod is increasing. Two possible explanations (which are  
311 not mutually exclusive) for apparent changes in the size distribution are: (1) changes in the  
312 population structure of the fish, or (2) changes in sampling bias. Hence, scrutiny of  
313 population structure is most likely an important need. In the case of changes in sampling bias,  
314 one must acknowledge that the aim of monitoring an ever-increasing number of compounds  
315 and emerging contaminants may conflict with the aim of keeping the sampling strategy as  
316 constant as possible, especially in face of decreasing funding for sampling and/or decreasing  
317 stocks of cod. This can potentially cause problems for the use of the data (without taking into  
318 consideration impacting variables, e.g. length) in production of environmental indicators.  
319 This also points to the need for knowledge regarding the size distribution of the sampled sub-  
320 population in relation to the size distribution of the whole catch. This knowledge could render  
321 quantification of sampling bias possible. As an initial step, in the Norwegian JAMP  
322 monitoring, the length of all individuals in the catch has been registered since 2016. In  
323 general, proper acoustical on board equipment, should also provide valuable information in  
324 this regard.

325

326

### 327 **Acknowledgements**

328 The data for this study were gathered through the Norwegian contribution to the Joint  
329 Assessment and Monitoring Programme (JAMP), carried out by the Norwegian Institute for  
330 Water Research (NIVA) by contract from the Norwegian Environment Agency. The authors

331 thank Ian Allan, Tore Høgåsen, Jarle Håvardstun, Espen Lund, Lise Tveiten and Kine Bæk  
332 for their skillful assistance.

333 Funding: This work was supported by the Norwegian Research Council, through Grant  
334 number 234388 (COCO).

335

### 336 **Supplementary data**

337 Figures S1 and S2

338

### 339 **References**

340 ASMO, 1994. Draft assessment of temporal trends monitoring data for 1983-91: Trace metals  
341 and organic contaminants in biota. Environmental Assessment and Monitoring Committee  
342 (ASMO). Document ASMO(2) 94/6/1.

343

344 Barcelo, C., Ciannelli, L., Olsen, E.M., Johannessen, T., Knutsen, H., 2016. Eight decades of  
345 sampling reveal a contemporary novel fish assemblage in coastal nursery habitats. *Global*  
346 *Change Biology* 22, 1155-1167.

347

348 Berge, J., Amundsen, R., Fredriksen, L., Bjerkeng, B., Gitmark, J., Holt, T., Haande, S.,  
349 Hylland, K., Johnsen, T., Kroglund, T., Ledang, A., Lenderink, A., Lømsland, E., Norli, M.,  
350 Magnusson, J., Rohrlack, T., Sørensen, K., Wisbech, C., 2013. Monitoring of the Inner  
351 Oslofjord 2012 - Appendix report. Report no. 6534-2013 from the Norwegian Institute for  
352 Water Research (in Norwegian, English summary). 142 pp.

353

354 Dietz, R., Sonne, C., Basu, N., Braune, B., O'Hara, T., Letcher, R.J., Scheuhammer, T.,  
355 Andersen, M., Andreasen, C., Andriashek, D., Asmund, G., Aubail, A., Baagoe, H., Born,

356 E.W., Chan, H.M., Derocher, A.E., Grandjean, P., Knott, K., Kirkegaard, M., Krey, A., Lunn,  
357 N., Messier, F., Obbard, M., Olsen, M.T., Ostertag, S., Peacock, E., Renzoni, A., Riget, F.F.,  
358 Skaare, J.U., Stern, G., Stirling, I., Taylor, M., Wiig, O., Wilson, S., Aars, J., 2013. What are  
359 the toxicological effects of mercury in Arctic biota? *Science of the Total Environment* 443,  
360 775-790.

361

362 Eikenberry, B.C.S., Riva-Murray, K., Knightes, C.D., Journey, C.A., Chasar, L.C., Brigham,  
363 M.E., Bradley, P.M., 2015. Optimizing fish sampling for fish-mercury bioaccumulation  
364 factors. *Chemosphere* 135, 467-473.

365

366 Espeland, S., Knutsen, H., 2014. Report on the beach seine survey in Oslofjord 2014. Report  
367 no. 31-2014 from the Institute of Marine Research (in Norwegian, English summary). 15pp.

368

369 EU, 2000. Directive 2000/60/EC of the European Parliament and of the Council of 23  
370 October 2000 establishing a framework for Community action in the field of water policy.  
371 Official Journal of the European Communities, L 32:1-72.

372

373 EU, 2008. Directive 2008/56/EC of the European Parliament and of the Council of 17 June  
374 2008 establishing a framework for community action in the field of marine environmental  
375 policy (Marine Strategy Framework Directive). Official Journal of the European Union, L  
376 164:19-40.

377

378 Fjeld, E., Rognerud, S., Christensen, G., Dahl-Hansen, G., Braaten, H., 2010. Environmental  
379 survey of mercury in perch. Report no. TA-2737/2010 from the Norwegian Climate and  
380 Pollution Agency. 31pp.



381

382 Fryer, R.J., Nicholson, M.D., 1999. Using smoothers for comprehensive assessments of  
383 contaminant time series in marine biota. *Ices Journal of Marine Science* 56, 779-790.

384

385 Green, N., Dahl, I., Kringstad, A., Schlabach, M., 2008. Joint Assessment and Monitoring  
386 Programme (JAMP) - Overview of Norwegian analytical methods 1981-2007. Report no.  
387 TA-2370/2008 from the Norwegian Pollution Control Authority. 93pp.

388

389 Green, N.W., Knutzen, J., 2003. Organohalogenes and metals in marine fish and mussels and  
390 some relationships to biological variables at reference localities in Norway. *Marine Pollution*  
391 *Bulletin* 46, 362-374.

392

393 Green, N.W., Schøyen, M., Øxnevad, S., Ruus, A., Allan, I., Høgåsen, T., Beylich, B.,  
394 Håvardstun, J., Rogne, Å. K. G., Tveiten, L., 2013. Contaminants in coastal waters of  
395 Norway 2012. Report no. M-69/2013 from the Norwegian Environment Agency. 130pp.

396

397 Green, N.W., Schøyen, M., Øxnevad, S., Ruus, A., Allan, I., Hjermann, D., Høgåsen, T.,  
398 Beylich, B., Håvardstun, J., Rogne, Å.G., Tveiten, L., 2014. Contaminants in coastal waters  
399 of Norway 2013. Report no. M-250/2014 from the Norwegian Environment Agency. 172pp.

400

401 Hammerschmidt, C.R., Fitzgerald, W.F., 2006. Methylmercury cycling in sediments on the  
402 continental shelf of southern New England. *Geochimica et Cosmochimica Acta* 70, 918-930.

403

404 Heggelund, H.I., 2001. Diet and food intake in cod, *Gadus morhua* L., in the Oslofjord.

405 *Cand. Scient.* thesis, The University of Oslo, Oslo, Norway. 63 pp. (In Norwegian)

406

407 Jones, H.J., Swadling, K.M., Tracey, S.R., Macleod, C.K., 2013. Long term trends of Hg  
408 uptake in resident fish from a polluted estuary. *Marine Pollution Bulletin* 73, 263-272.

409

410 Julshamn, K., Duinker, A., Nilsen, B.M., Nedreaas, K., Maage, A., 2013. A baseline study of  
411 metals in cod (*Gadus morhua*) from the North Sea and coastal Norwegian waters, with focus  
412 on mercury, arsenic, cadmium and lead. *Marine Pollution Bulletin* 72, 264-273.

413

414 Julshamn, K., Frantzen, S., Valdersnes, S., Nilsen, B., Maage, A., Nedreaas, K., 2011.  
415 Concentrations of mercury, arsenic, cadmium and lead in Greenland halibut (*Reinhardtius*  
416 *hippoglossoides*) caught off the coast of northern Norway. *Marine Biology Research* 7, 733-  
417 745.

418

419 Kidd, K.A., Muir, D.C.G., Evans, M.S., Wang, X., Whittle, M., Swanson, H.K., Johnston, T.,  
420 Guildford, S., 2012. Biomagnification of mercury through lake trout (*Salvelinus namaycush*)  
421 food webs of lakes with different physical, chemical and biological characteristics. *Science of*  
422 *the Total Environment* 438, 135-143.

423

424 Minigawa, M., Wada E., 1984. Stepwise enrichment of  $^{15}\text{N}$  along food chains: Further  
425 evidence and the relation between  $\delta^{15}\text{N}$  and animal age. *Geochimica et Cosmochimica Acta*  
426 48, 1135-1140.

427

428 Nicholson, M.D., Fryer, R.J., Green, N.W., 1994. Annex 7: Focusing on key aspects of  
429 contaminant trend assessment, in: Report of the 1994 meeting of the Working Group on the  
430 Statistical Aspect of Environmental Monitoring. St. Johns 26-29 April 1994, General

431 Secretary ICES (International Council for the Exploration of the Sea), Copenhagen, CM  
432 1994/Env. 6, pp.65-67.  
433

434 Nicholson, M.D., Fryer, R.J., Mawell, D.M., 1997. A study of the power of various methods  
435 for detecting trends. ICES (International Council for the Exploration of the Sea) CM  
436 1997/Env. 11.  
437

438 Nicholson, M.D., Fryer, R.J., R., L.J., 1998. Temporal trend monitoring: Robust method for  
439 analysing trend monitoring data. ICES Techniques in marine environmental science No. 20.  
440

441 Nicholson, M.D., Green, N.W., Wilson, S.J., 1991. Regression-models for assessing trends in  
442 cadmium and PCBs in cod livers from the Oslofjord. Marine Pollution Bulletin 22, 77-81.  
443

444 OSPAR, 2008. CEMP Assessment Manual - Co-ordinated Environmental Monitoring  
445 Programme Assessment Manual for contaminants in sediment and biota. OSPAR  
446 Commission, Monitoring and Assessment Series, Publ. no. 379/2008, 39pp.  
447

448 OSPAR, 2009. Trends in waterborne inputs - Assessment of riverine inputs and direct  
449 discharges of nutrients and selected hazardous substances to OSPAR maritime area in 1990-  
450 2006. OSPAR Commission, Monitoring and Assessment Series, Publ. no. 448/2009, 113 pp.  
451

452 OSPAR, 2012. JAMP (Joint Assessment and Monitoring Programme) Guidelines for  
453 Monitoring Contaminants in Biota. OSPAR Commission, ref. no. 99-02e. 122pp (Includes  
454 revisions up to 2012).  
455

- 456 Poste, A.E., Braaten, H.F.V., de Wit, H.A., Sørensen, K., Larssen, T., 2015. Effects of  
457 photodemethylation on the methylmercury budget of boreal Norwegian lakes. *Environmental*  
458 *Toxicology and Chemistry* 34, 1213-1223.
- 459
- 460 Ruus, A., Bæk, K., Petersen, K., Allan, I., Beylich, B., Schlabach, M., Warner, N., Helberg,  
461 M., 2016. Environmental contaminants in an urban fjord, 2015. Report no. M-601/2016 from  
462 the Norwegian Environment Agency. 84pp.
- 463
- 464 Ruus, A., Overjordet, I.B., Braaten, H.F.V., Evenset, A., Christensen, G., Heimstad, E.S.,  
465 Gabrielsen, G.W., Borga, K., 2015. Methylmercury biomagnification in an Arctic pelagic  
466 food web. *Environmental Toxicology and Chemistry* 34, 2636-2643.
- 467
- 468 Ruus, A., Uglund, K.I., Skaare, J.U., 2002. Influence of trophic position on organochlorine  
469 concentrations and compositional patterns in a marine food web. *Environmental Toxicology*  
470 *and Chemistry* 21, 2356-2364.
- 471
- 472 Sackett, D.K., Cope, W.G., Rice, J.A., Aday, D.D., 2013. The influence of fish length on  
473 tissue mercury dynamics: Implications for natural resource management and human health  
474 risk. *International Journal of Environmental Research and Public Health* 10, 638-659.
- 475
- 476 Skarbøvik, E., Allan, I., Stålnacke, P., Gjørwad Hagen, A., Greipsland, I., Høgåsen, T.,  
477 Selvik, J., Beldring, S., 2015. Riverine inputs and direct discharges to Norwegian coastal  
478 waters - 2014. Report no. M-349/2015 from the Norwegian Environment Agency. 82pp.
- 479

480 Staalstrom, A., Roed, L.P., 2016. Vertical mixing and internal wave energy fluxes in a sill  
481 fjord. *Journal of Marine Systems* 159, 15-32.

482

483 Teffer, A.K., Staudinger, M.D., Taylor, D.L., Juanes, F., 2014. Trophic influences on  
484 mercury accumulation in top pelagic predators from offshore New England waters of the  
485 northwest Atlantic Ocean. *Marine Environmental Research* 101, 124-134.

486

487 Thomas, K., Schlabach, M., Langford, K., Fjeld, E., Øxnevad, S., Rundberget, T., Bæk, K.,  
488 Rostowski, P., Harju, M., 2014. Screening programme 2013: New bisphenols, organic  
489 peroxides, fluorinated siloxanes, organic UV filters and selected PBT substances. Report no.  
490 M-176/2014 from the Norwegian Environment Agency. 101pp.

491

492 Wängberg, I., Aspö, Pfaffhuber, K., Berg, T., Hakola, H., Kyllönen, K., Munthe, J., Porvari,  
493 P., Verta, M., 2010. Atmospheric and catchment mercury concentrations and fluxes in  
494 Fennoscandia. *TemaNord* 2010:594. Nordic Council of Ministers, Copenhagen. 57 pp.

495

496 WHO, 1990. Environmental health criteria 101: Methylmercury. World Health Organization,  
497 Geneva, Switzerland. 144pp.

498

**Table 1.** Parsimony (Akaike Information Criterion; AIC) for eight models (the null model and seven other models) for mercury concentration (Conc) as a function of cod body length and year, pertaining to cod (*Gadus morhua*) from the Inner Oslofjord. The table shows the number of degrees of freedom of the model, the number of model parameters (K), Akaike's Information Criterion adjusted for small sample size ( $AIC_c$ ), the difference between  $AIC_c$  and the minimum  $AIC_c$  ( $\Delta AIC_c$ ), Akaike weights based on  $\Delta AIC_c$  values, and residual sum of squares (Resid. SS). Sample size (N) = 806. Model 4 was considered to be the global model. The models are arranged with decreasing Akaike weights.

Model	Equation	df	K	$AIC_c$	$\Delta AIC_c$	Akaike weight	Resid. SS
1	$\log(\text{Conc}) \sim \text{Length} + \text{Length}^2 + \text{Year}$	35	34	783.28	0	> 0.99	113.88
2	$\log(\text{Conc}) \sim \text{Length} + \text{Year}$	34	33	805.59	22.31	$1.43 \cdot 10^{-5}$	117.39
3	$\log(\text{Conc}) \sim \text{Length} \times \text{Year}$	65	64	813.43	30.15	$2.83 \cdot 10^{-7}$	108.61
4	$\log(\text{Conc}) \sim \text{Length} \times \text{Year} + \text{Length}^2 \times \text{Year}$	97	96	841.55	58.27	$2.22 \cdot 10^{-13}$	101.93
5	$\log(\text{Conc}) \sim \text{Year}$	33	32	1044.55	261.27	$1.84 \cdot 10^{-57}$	158.33
6	$\log(\text{Conc}) \sim \text{Length} + \text{Length}^2$	4	3	1239.59	456.31	$8.2 \cdot 10^{-100}$	217.49
7	$\log(\text{Conc}) \sim \text{Length}$	3	2	1244.42	461.14	$7.33 \cdot 10^{-101}$	219.35
8	$\log(\text{Conc}) \sim \text{mean}$ (null model)	2	1	1490.98	707.7	$2.11 \cdot 10^{-154}$	298.59

### Figure Legends:

**Figure 1.** Map showing the Inner Oslofjord. Oslo, the capital of Norway, is situated in the innermost part of this area. The sampling area of cod (*Gadus morhua*) is indicated.

**Figure 2.** Mercury concentrations (mg/kg wet wt.) in Atlantic cod (*Gadus morhua*) muscle from the Inner Oslofjord (Norway), 1984-2015. The graphs show “raw” data for each year (points), annual medians (bars), and the time trend (with 95% confidence interval) using the OSPAR method (lines). The increase for the whole period (1984-2015) was not statistically significant ( $p = 0.08$ ), while the increase for the last 10 years (2005-2015) was ( $p < 0.05$ ). Excluding the year 2015 would yield both trends significant ( $p < 0.05$ ).

**Figure 3.** Length (mm) of Atlantic cod (*Gadus morhua*) sampled from the Inner Oslofjord (Norway), 1984-2015. Median and quartiles (box) are depicted. Whiskers represent the largest/smallest value within 1.5·IQR (Inter-Quartile Range) from the quartiles. Data outside the whisker range are shown as individual data points. The increase for the whole period (1984-2015) was statistically significant ( $p < 0.04$ ), but the increase for the last 10 years (2005-2015) was not ( $p = 0.086$ ). Excluding the year 2015 would yield both trends significant ( $p < 0.04$ ).

**Figure 4.** Mercury concentrations (mg/kg wet wt.; in muscle) as a function of body length (mm) of Atlantic cod (*Gadus morhua*) from the Inner Oslofjord, according to the optimal model (Model 1 in Table 1) for the decades 1984-1989, 1990-1999, 2000-2009 and 2010-2015. The lines represent the concentration (log scale) as a function of length, in a single year.

The black lines in each subplot show the regression fits for each year in the respective decade. The grey lines show regression lines for all years (shown in all plots/decades, for comparative purposes). The horizontal extent of each regression line corresponds to the range of fish lengths that year.

**Figure 5.** Mercury concentrations (mg/kg wet wt.; log scale) in Atlantic cod (*Gadus morhua*) muscle from the Inner Oslofjord (Norway), 1984-2015. (a) Median concentrations for all cod (“raw” data). (b) Median length-normalised concentrations for cod of 50 cm length. The non-linear regression lines are fitted using Loess regression, according to OSPARs guidelines, for all years 1984-2015 and for the last 10 years 2005-2015. In the left figure (a), the trend is significant ( $p < 0.05$ ), while in the right figure (b), there is no significant trend ( $p \geq 0.10$ ). Trends were analysed using the OSPAR approach, applying a Loess smoother based on a running six-year interval (see Materials and Methods for details; Short term trends are superimposed in Figure S2 in Supplementary data).



Figure 1.

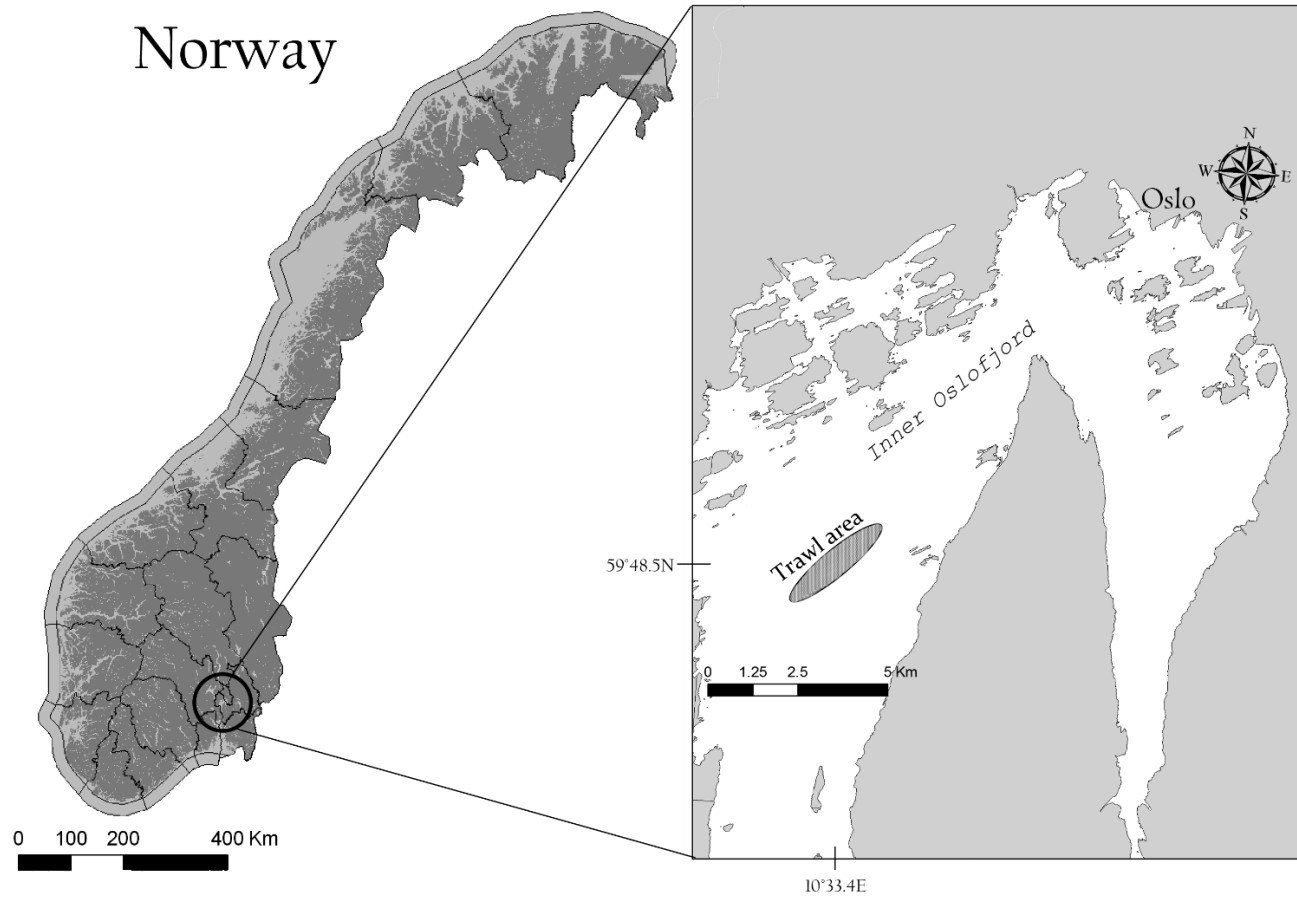


Figure 2.

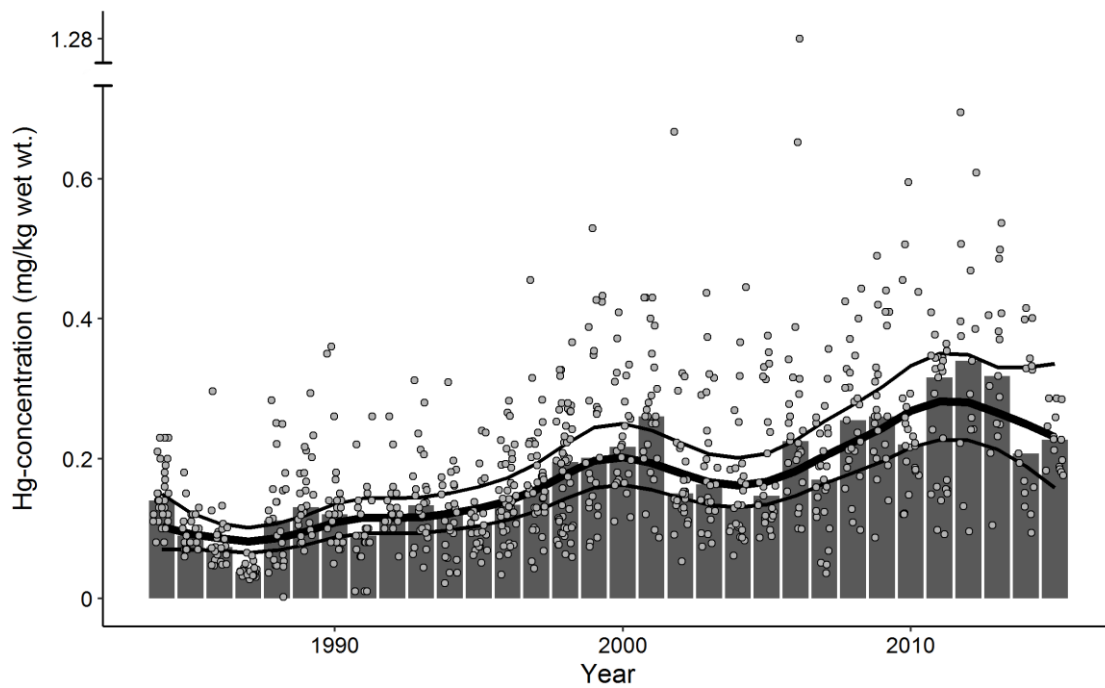


Figure 3.

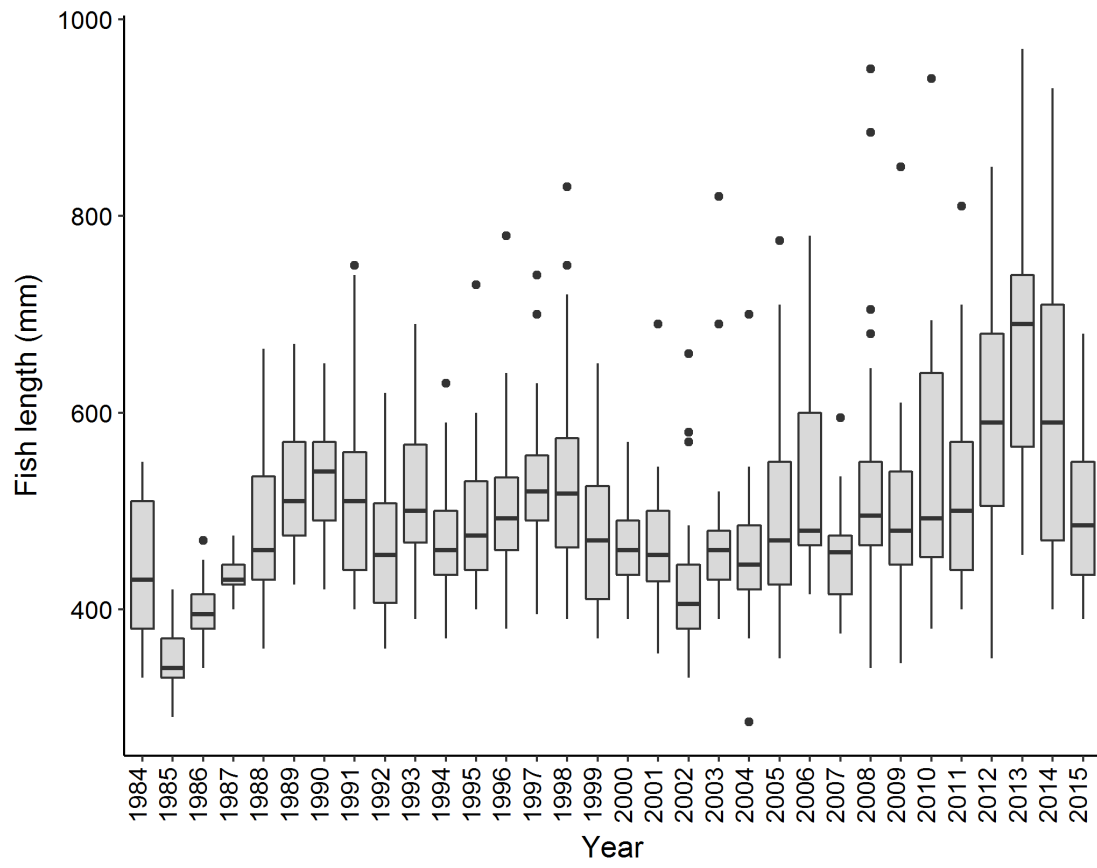


Figure 4.

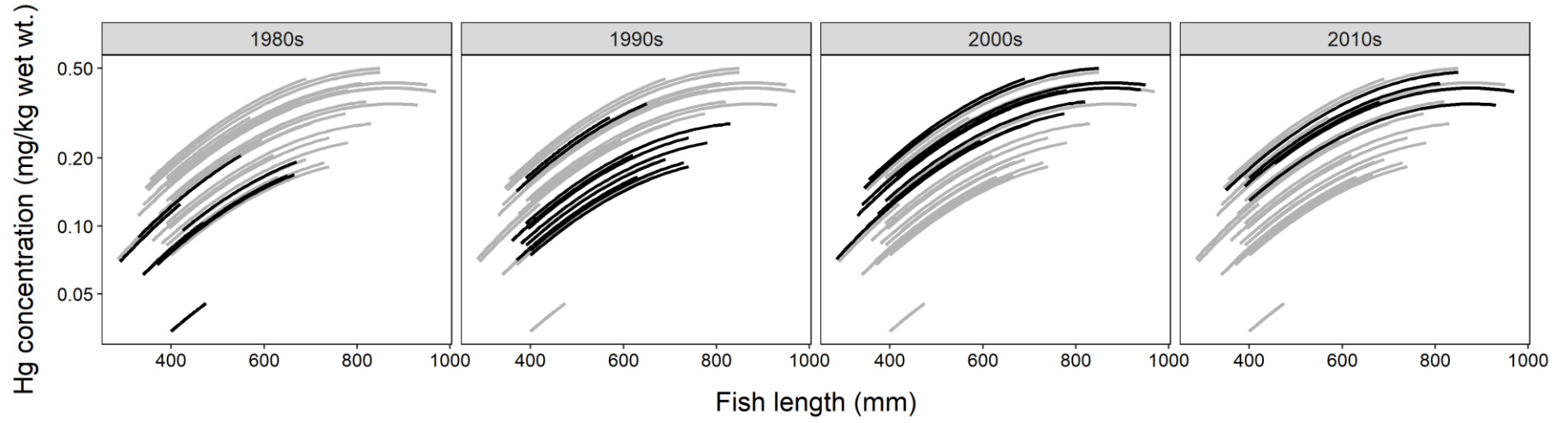
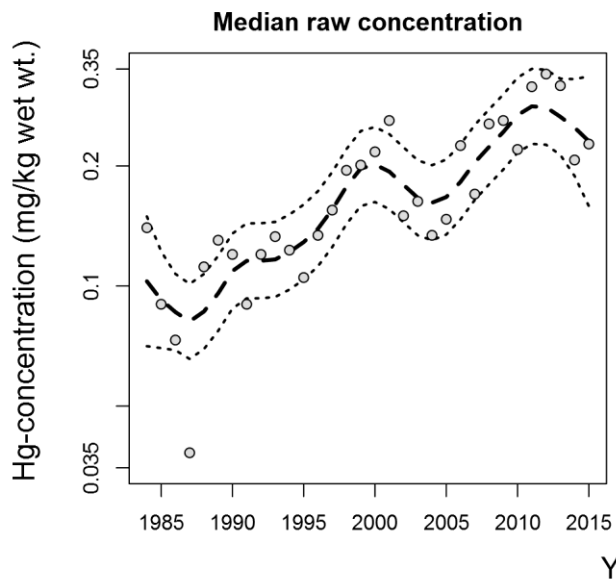


Figure 5.

a.



b.

