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# 1 Changes in microbial water quality in RAS following altered feed loading

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8 *Keywords: Microbial water quality; bacterial activity; bacterial abundance; feed loading; monitoring;*  
9 *recirculating aquaculture system (RAS).*

## 10 ABSTRACT

11 Intensive recirculating aquaculture systems (RAS) with its hyper-eutrophic water offer ideal conditions for  
12 bacterial growth, abundance and activity, potentially affecting fish and system performance. Feed  
13 composition and feed loading in particular will have significant impact on organic and inorganic nutrients  
14 available for microbial growth in RAS. How these nutrient inputs affect and regulate bacteria in RAS water is,  
15 however, unclear. To investigate this relationship and the associated water quality dynamics, the effects of  
16 altered feed loading on microbial water quality in RAS was studied.

17 The study included six independent, identical pilot-scale RAS, each with a total volume of 1.7 m<sup>3</sup> (make-up  
18 water: 80 L/day) stocked with juvenile rainbow trout (*Oncorhynchus mykiss*). All systems had been operating  
19 with constant and identical feed loading of 3.13 kg feed/m<sup>3</sup> make-up water for a period of three months  
20 before the experiment was initiated. Three controlled levels of feed loading were established in duplicates:  
21 no feed (0 kg feed/m<sup>3</sup>), unchanged feeding (3.13 kg feed/m<sup>3</sup>), and doubled feeding (6.25 kg feed/m<sup>3</sup>). The  
22 experimental period was seven weeks, where microbial and chemical water quality was monitored weekly.  
23 Bacterial activity was measured using Bactiquant<sup>®</sup>, and microbial hydrogen peroxide degradation. Bacterial  
24 abundance was quantified by flow cytometry, and water quality parameters by standardized methods.

25 The study showed that water quality as well as bacterial activity and abundance were affected by the changes  
26 in feed loading. The microbial water quality parameters, however, did not respond to feed loading changes  
27 as quickly and straightforward as the physicochemical parameters such as nitrate, chemical oxygen demand  
28 and biological oxygen demand. It was presumed that the fixed bed biofilter suppressed microbial response  
29 in the water phase. Hydrogen peroxide degradation assay proved to have considerable potential for assessing  
30 overall bacterial load in RAS water although further adjustments and standardization procedures are  
31 required.

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36 **1. INTRODUCTION**

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38 The aquatic environment in recirculating aquaculture systems (RAS) is complex, consisting of multiple biotic  
39 and abiotic water quality parameters (Timmons *et al.*, 2009) including surface associated and suspended  
40 bacteria. Feed composition and digestibility (Lam *et al.*, 2008; Blancheton *et al.*, 2013), and feed loading  
41 (Pedersen *et al.*, 2012; von Ahnen *et al.*, 2015), significantly affect the aquatic environment and nutrient  
42 abundances in RAS. Dissolved compounds and fine particulate organic matter are complicated to remove, so  
43 micro particles accumulate within the system serving as substrate and surface area for heterotrophic bacteria  
44 (Wold *et al.*, 2013; Pedersen *et al.*, 2017). These bacteria-inhabited particles will degrade further until they  
45 eventually become part of the dissolved organic fraction of the water and sustain further bacterial growth.  
46 Several studies have shown that the bacterial population in RAS is highly dominated by heterotrophic  
47 bacteria (Leonard *et al.*, 2000; Michaud *et al.*, 2009; Michaud *et al.*, 2014; Rud *et al.*, 2017) both in suspension  
48 and on surfaces. These bacteria obtain energy from the degradation of organic carbon compounds (Prest *et al.*,  
49 2016b). They occupy available niches that could potentially be used by specific pathogenic bacteria  
50 (Attramadal *et al.*, 2012; Blancheton *et al.*, 2013). However, high abundance of these bacteria may directly  
51 or indirectly affect the fish, acting as opportunistic pathogens or competing for oxygen and potentially  
52 affecting the nitrification process as they compete for space with the autotrophic bacteria (Blancheton *et al.*,  
53 2013, Michaud *et al.*, 2014).

54 In RAS, water quality parameters are controlled to maintain stable physicochemical water quality for the fish.  
55 Since bacteria are omnipresent in RAS, it is important to get a better understanding of the factors that cause  
56 changes in microbial water quality and, if possible, to understand how to regulate and control these factors  
57 in order to achieve biological stable RAS water of high quality. Monitoring tools are necessary to observe and  
58 control microbial water quality, but the available tools are generally complex or associated with a  
59 considerable time lag between water sampling and analysis results (Rojas-Tirado *et al.*, 2017). Moreover, no  
60 guidelines on which critical parameters to measure exist, and the range of acceptable levels and fluctuations  
61 are not known. Therefore, there is a need for new operational tools and for establishing associated guidelines  
62 to describe and control bacterial loads in RAS water.

63 To contribute to this, the following experiment was conducted to describe changes in microbial water quality  
64 in terms of bacterial activity and abundance associated with changes in feed loading. Six pilot scale RAS were  
65 operated under identical conditions for three months to reach steady state before changes in feed loading  
66 were made. Three groups with different feed loading were then established and concomitant changes in  
67 water quality parameters were monitored.

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73 **2. MATERIAL AND METHODS**

74 **2.1 System and experimental setup**

75 The experiment was conducted in six identical, separate pilot scale RAS each operated under constant and  
76 identical conditions over a period of thirteen weeks prior to this study (Rojas-Tirado *et al.*, 2017). Following  
77 the thirteen week period of fixed feed loading (FL) (250 g feed/day per RAS and 80 L/day make-up water;  
78 corresponding to a feed loading of 3.13 kg/m<sup>3</sup> day), three different levels of feed loading were allocated to  
79 the six RAS (duplicate study): i) 0 kg/m<sup>3</sup> day (FL<sub>0</sub>) ii) 3.13 kg/m<sup>3</sup> day (FL<sub>3.13</sub>) and iii) 6.25 kg/m<sup>3</sup> day (FL<sub>6.25</sub>)  
80 (Table 1). The effect of changed feed loading on bacterial activity and abundance was then evaluated for  
81 seven weeks (week 0 to week 7), where week 0 denotes the time of changed feed loading.

82 Details on system design and management can be found in Fig. 1 and Rojas-Tirado *et al.* (2017). Each RAS  
83 was stocked with 32.4 ± 0.49 kg rainbow trout (*Oncorhynchus mykiss*) and fed daily with commercial feed  
84 (EFICO Enviro 3 mm; Biomar, Denmark) from 9:00 to 15:00 by the use of a belt feeder. The photoperiod was  
85 from 7:30 to 22:00. Dissolved oxygen, temperature and pH were measured on a daily basis. Oxygen  
86 concentration was maintained above 80 % saturation, pH between 7.3-7.4 and, temperature 19 ± 0.3 °C.

87 Daily management of each RAS included: i) solids removal by emptying the accumulated feces in the sludge  
88 collectors at the bottom of the swirl separators (Fig. 1), ii) addition of 80 L make-up water (tap-water)/day  
89 per RAS (corresponding to 4.7 % of the system volume), iii) cleaning and loading of the belt feeders, and iv)  
90 addition of sodium bicarbonate equivalent to 20 % of the weight of the added feed to compensate alkalinity  
91 loss due to the nitrification process. The biofilters were not backwashed during the experimental period.  
92 Inspection and removal of any dead or moribund fish took place on a daily basis.

93 **2.2 Water sampling and analysis**

94 Grab samples of 2 L water were taken weekly from the outlet of the tanks (siphoned gently from the top of  
95 the swirl separators) of each RAS at 8:00 before feeding and management routines. The selected parameters  
96 used to assess the physicochemical and microbial water quality are described below and listed in Table 2 and  
97 3, together with their sampling procedure, treatment and processing.

98 2.2.1 Physicochemical water quality parameters

99 Total and dissolved chemical oxygen demand (COD<sub>TOT</sub> and COD<sub>DISS</sub>) as well as total and dissolved biological  
100 oxygen demand (BOD<sub>5-TOT</sub> and BOD<sub>5-DISS</sub>) were used to characterize the organic matter content in the water.  
101 The particulate fraction of COD and BOD (COD<sub>PART</sub> and BOD<sub>5-PART</sub>) were calculated by subtracting the dissolved  
102 fraction from the total (COD<sub>TOT</sub> - COD<sub>DISS</sub> = COD<sub>PART</sub>; BOD<sub>5-TOT</sub> - BOD<sub>5-DISS</sub> = BOD<sub>5-PART</sub>). Additional analyses  
103 including total ammonia nitrogen (TAN), nitrite-nitrogen (NO<sub>2</sub><sup>-</sup>-N) and nitrate-nitrogen (NO<sub>3</sub><sup>-</sup>-N) were  
104 performed on filtered samples stored at 4 °C until analysis. Table 2 specifies the sampling procedure, and  
105 treatment and analysis of the water samples for each of the physicochemical water quality parameters.

106 The submerged, fixed-bed biofilters were not backwashed during the experiment but at the end of the  
107 experiment (week 7) organic matter accumulated at the bottom was assessed. Six hours after stopping the  
108 pumps and subsequent settling of solids in the biofilters, 80 L were collected from a bottom drain of each

109 biofilter. These six collections were homogenized and 2 L subsamples from each were used for analysis of  
110 total solids (TS) and ashes.

## 111 2.2.2 Microbial water quality assessment

### 112 *Bacterial activity*

113 Bacterial activity in the water phase was assessed by two different methods, BactiQuant® (Mycometer,  
114 Hillerød, Denmark) and hydrogen peroxide degradation assay. Bactiquant measures bacterial activity  
115 indirectly via a common hydrolase enzyme found within a wide range of bacteria (Reeslev *et al.*, 2011). A  
116 well-defined water volume was filtered through a 0.22 µm filter, on which particle-bound and free bacteria  
117 are trapped; the filter cake is then exposed to a fluorescent substrate and depending on the amount of  
118 bacteria present and their activity, a quantitative fluorescent signal can be detected. The BQ values (BQV)  
119 were calculated according the sample volume (10 ml), exposure time (30 min) and incubation temperature  
120 (measured on site) as described by Rojas-Tirado *et al.*, (2017) and Pedersen *et al.* (2017).

121 The hydrogen peroxide (HP) degradation assay applied was derived from the principle of microbial activity  
122 degradation kinetics described in Arvin and Pedersen (2015). The method quantifies the sum of enzymatic  
123 degradation of HP (Hossetti and Frost, 1994) in a water sample based on the presence and activity of free  
124 and particle-bound bacteria. A high bacterial activity and abundance in the water phase causes a fast HP  
125 degradation where more than 20 mg HP/l can be degraded in less than one hour (Pedersen, 2013). The  
126 degradation kinetics can be described as a first order reaction by the exponential decay equation:  $C_t = C_0 \cdot e^{-kt}$ ,  
127 with  $k$  being the descriptive reaction rate constant (per hour),  $C_0$  the initial concentration of HP (mg/L),  $C_t$  the  
128 concentration at time “ $t$ ” in hours (h). Water samples were taken from the outlet of the tank from each RAS  
129 and transferred to 500 ml beakers, stirred at 250 RPM at room temperature. Beakers were then spiked with  
130 HP to reach an initial nominal concentration of 8 mg HP/L. Hydrogen peroxide concentrations were measured  
131 2, 10, 30 and 60 minutes after HP addition by the spectrophotometric method described by Tanner and Wong  
132 (1998) and modified by Pedersen and Pedersen (2012). Hydrogen peroxide degradation was measured on  
133 water samples from each system for three consecutive weeks towards the end of the experiment.

### 134 *Bacterial abundance assessment*

135 The total number of bacterial cells was quantified by flow cytometry using a BD Accuri™ C6 Flow Cytometer  
136 (BD Bioscience, San Jose, CA, USA), using staining of DNA with SYBR Green I (nucleic-acid gel stain, Molecular  
137 Probes Invitrogen) and excitation with the blue laser (488 nm) (Marie *et al.*, 2005; Wold *et al.*, 2014). The  
138 threshold for the FL1-A channel was set at  $10^{3.25}$ . Signals above that threshold were considered as bacterial  
139 cells, and signals below were considered to be background signals. Water samples did not receive any  
140 treatment that could provide cell detachment from particles, so the data obtained can be regarded as  
141 bacteria cells suspended in the water phase (“free-living bacteria”). Water samples were checked for  
142 presence of phytoplankton, but none were detected.

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146 **2.3 Assessment of fish performance**

147 Fish biomass in each system was measured five weeks (week -5) before changes in feed loading and at the  
148 end of the experiment (week 7). Feed conversion ratio (FCR; feed intake/biomass gain) and specific growth  
149 rate (SGR) were calculated according to Hopkins (1992).

150 **2.4 Data analysis**

151 The different parameters measured are presented as mean  $\pm$  standard deviation. Data were log-transformed  
152 when necessary to meet normality (normal distribution). One-way analysis of variance (ANOVA) was applied  
153 to test for difference between treatments at week 0 and week 7. For data not meeting the homoscedasticity  
154 assumption, the one-way ANOVA on ranks (Kruskal-Wallis) was performed. Difference in treatment means  
155 were tested by Tukey's least square means test, with a significance level set at  $p < 0.05$ . Statistics were  
156 performed using the software SigmaPlot 12.5 from Systat Software, Inc., San Jose California USA.

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174 **3. RESULTS**

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176 **3.1 Dissolved N and organic matter**

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178 TAN and nitrite remained stable at low concentrations throughout the experiment in all six RAS (Table 4).  
179 Nitrate-N concentrations immediately started to diverge when feed loadings were changed (from week 1;  
180 Fig. 2). Nitrate concentrations decreased from  $133 \pm 1$  mg NO<sub>3</sub>-N/L to  $59 \pm 0$  mg NO<sub>3</sub>-N/L in the water from  
181 the FL<sub>0</sub> RAS, stayed constant for the FL<sub>3.13</sub> ( $133 \pm 0.9$  to  $159 \pm 1.3$  mg NO<sub>3</sub>-N/L), and increased steadily in the  
182 water from the FL<sub>6.25</sub> RAS ( $133 \pm 5.6$  to  $280 \pm 11$  mg NO<sub>3</sub>-N/L).

183 The biodegradable organic matter (BOD<sub>5-TOT</sub>) was significantly reduced by 55 % at week 7 in FL<sub>0</sub> (Fig. 3;  $p <$   
184  $0.05$ ). The BOD<sub>5-TOT</sub> in the unchanged RAS (FL<sub>3.13</sub>) increased somewhat, peaking at  $9.5 \pm 1.6$  mg O<sub>2</sub>/L in week  
185 5 and ending at  $6.3 \pm 2.84$  in week 7. In comparison, transient levels up to 20 mg O<sub>2</sub>/L were observed in the  
186 FL<sub>6.25</sub> RAS, 5-6 weeks after feeding was doubled and ended up at  $7.19 \pm 1.6$  mg O<sub>2</sub>/L (Fig. 3). The dissolved  
187 fraction of BOD in the FL<sub>0</sub> RAS was reduced by approximately 86 % at the end of the experiment (from  $2.93$   
188  $\pm 0.22$  to  $0.4 \pm 0.13$  mg O<sub>2</sub>/L; Table 4), which is low compared to the other two treatments ( $3.3 \pm 0.8$  and  $5.8$   
189  $\pm 1.94$  mg O<sub>2</sub>/L in the FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS, respectively; Table 4). Decrease in dissolved BOD in the FL<sub>0</sub> RAS  
190 correlated significantly ( $r = 0.75$ ;  $p < 0.05$ ;  $n = 14$ ) with NO<sub>3</sub>-N concentration, which decreased due to dilution.

191 Total COD decreased by 33 % in the FL<sub>0</sub> RAS ending at  $34.0 \pm 6.3$  mg O<sub>2</sub>/L, whereas the unchanged RAS (FL<sub>3.13</sub>)  
192 and the FL<sub>6.25</sub> RAS increased with 16 and 5 %, respectively (ended at  $65.3 \pm 18.7$  and  $82.2 \pm 7.8$  mg O<sub>2</sub>/L; Table  
193 4). The dissolved COD fraction (COD<sub>DISS</sub>) in FL<sub>0</sub> RAS steadily decreased from  $37 \pm 2$  mg O<sub>2</sub>/L to  $16 \pm 1$  mg O<sub>2</sub>/L  
194 (Fig. 4; Table 4), ending significantly lower ( $p < 0.05$ ) than the other two treatment groups ( $33 \pm 2$  and  $45 \pm 5$   
195 mg O<sub>2</sub>/l, respectively). The decrease in COD<sub>DISS</sub> in the FL<sub>0</sub> RAS was highly correlated to the reduction in NO<sub>3</sub>-  
196 N ( $r = 0.97$ ;  $p < 0.0001$ ). The particulate COD fraction (COD<sub>PART</sub>) increased transiently by 4-6 fold in the FL<sub>0</sub>  
197 RAS, reaching levels above 40 and 60 mg O<sub>2</sub>/L in week 3-5 in the two unfed RAS (Fig. 4, a). In week 7, at the  
198 end of the experiment, it was  $18.25 \pm 5.1$  mg O<sub>2</sub>/L compared to  $32.8 \pm 17.2$  and  $38.0 \pm 2.44$  mg O<sub>2</sub>/L in FL<sub>3.13</sub>  
199 and FL<sub>6.25</sub> RAS, respectively (Table 4).

200 The BOD<sub>5-TOT</sub>: COD<sub>TOT</sub> ratio changed from 1:8 to 1:16 in FL<sub>0</sub>, whereas in the other two treatment groups it  
201 remained stable around 1:11. The biodegradability index: BOD<sub>5</sub>/COD (Srinivas, 2008) was thus around 0.1 in  
202 all RAS during the trial, except for the FL<sub>0</sub> RAS ending at 0.06.

203 Dry matter content in the reject water from the standardized biofilter backwash performed at the end of the  
204 experiment (week 7) was positive and significantly related ( $p < 0.05$ ) to feed loading with 1.5, 16 and 32 g/L  
205 for FL<sub>0</sub>, FL<sub>3.13</sub>, and FL<sub>6.25</sub> RAS, respectively. The associated ash content followed the same pattern with 0.7 g/L,  
206 4 g/L, and 8 g/L in FL<sub>0</sub>, FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS, respectively.

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## 212 3.2 Microbial water quality parameters

### 213 3.2.1 Bacterial activity assessments

214 Bacterial activity measured by Bactiquant<sup>®</sup>, showed that the six RAS had activities in the range of  $3-9 \times 10^4$   
215 BQV/ml before changing the feed loadings (Fig. 5). At the end of the experiment, the bacterial activity in the  
216 FL<sub>0</sub> RAS ( $5.2-5.6 \times 10^4$  BQV/ml) was 2-4 times lower ( $p < 0.05$ ) than in the FL<sub>3.13</sub> and the FL<sub>6.25</sub> RAS's ( $1-1.5 \times$   
217  $10^5$  and  $1.1-1.3 \times 10^5$  BQV/ml, respectively).

218 Hydrogen peroxide (HP) degradation rates in the water from all RAS were significantly affected by feed  
219 loading ( $p < 0.001$ ). The lowest HP removal rate was measured in the water from the unfed RAS, FL<sub>0</sub> ( $1.4 \pm$   
220  $0.3$  mg/L reduction in HP concentration after 30 min) with a mean rate constant ( $k$ ) of  $0.41 \text{ h}^{-1}$  (Fig. 6, a). The  
221 water from the FL<sub>3.13</sub> RAS had a  $4 \pm 0.36$  mg/L reduction in HP concentration after 30 minutes (Fig. 6, b) and  
222 a mean rate constant of  $1.73 \pm 0.38 \text{ h}^{-1}$ , whereas almost complete removal of HP ( $6 \pm 0.49$  mg HP/L reduction  
223 within 30 min) was observed in the water from the FL<sub>6.25</sub> RAS (Fig. 6, c) reaching a mean rate constant of  $4.92$   
224  $\pm 0.86 \text{ h}^{-1}$  at the end of the trial.

### 225 3.2.2 Bacterial abundance

226 Flow cytometry showed that the concentration of free-living bacteria in the six RAS was in the range of  $0.6 -$   
227  $3.8 \times 10^7$  cells/ml before changing the feed loadings. The abundance decreased from  $2.0-2.4 \times 10^7$  to  $2.7-4.7$   
228  $\times 10^6$  cells/ml in the FL<sub>0</sub> RAS (Fig. 7a) towards the end of the experiment (week 7). The number of free-living  
229 bacteria in the FL<sub>3.13</sub> RAS was stable ( $0.8-1.2 \times 10^7$  cells/ml in week 7; Fig. 7, b), whereas in FL<sub>6.25</sub> an increase  
230 was observed over time (ending at  $5.3-9.5 \times 10^7$  cells/ml; Fig. 7, c). The replicated RAS systems behaved fairly  
231 similar, but deviations increased with increasing feed loadings.

## 232 3.3 Fish performance

233 Fish biomass in the FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS increased by 14 and 28 kg/RAS, respectively, during the experiment,  
234 reaching  $47 \pm 0.49$  and  $61 \pm 1.72$  kg/RAS, respectively. The fish biomass in the FL<sub>0</sub> RAS was reduced by 0.4  
235 kg/RAS. The FCR was 1.34 and 1.12 and SGR 0.48 and 0.81 % in the FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS, respectively (FCR and  
236 SGR in the FL<sub>0</sub> RAS not considered). Only limited fish mortality was observed over the 10 weeks experimental  
237 period, in total ranging between 1 and 4 % of total biomass. The mortality in FL<sub>0</sub> was slightly higher than in  
238 FL<sub>3.13</sub> and FL<sub>6.25</sub>, however not significant.

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## 250 4. DISCUSSION

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### 252 4.1 Physicochemical water quality assessment

253 The feed composition and feed loading applied and the concomitant TAN and urea excretion from the fish  
254 (Dalsgaard *et al.*, 2015) dictates the production of nitrate in RAS with well-functioning biofilters. Nitrate  
255 concentrations are hence predictable in RAS under steady state conditions, provided no removal of nitrate  
256 by denitrification (Colt *et al.*, 2006; Eding *et al.*, 2006; Pedersen *et al.*, 2012). Accordingly, three distinct  
257 scenarios in development of nitrate concentration were observed after the changes in feed loading (Fig. 2).  
258 The nitrate levels for the FL<sub>0</sub> RAS decreased exponentially towards 0 mg NO<sub>3</sub>-N/L due to more-or-less ceased  
259 nitrate production and ongoing dilution. In the FL<sub>6.25</sub> RAS, nitrate increased towards twice the concentration  
260 of the unchanged RAS (FL<sub>3.13</sub>) but did not reach a plateau twice the value of the NO<sub>3</sub>-N of FL<sub>3.13</sub>, which would  
261 have indicated a new steady state condition for FL<sub>6.25</sub>. The steady, minuscule increase in nitrate concentration  
262 in FL<sub>3.13</sub> throughout the 10 weeks periods possibly reflects the slight increases in FCR (and increased TAN  
263 excretion) associated with fish getting larger, or it might be the asymptotic approach to complete balance.

264 The sudden increase in feed loading in FL<sub>6.25</sub> did not cause any marked increase in TAN or nitrite  
265 concentrations, presumably due to the maturity of the system, the capacity of the biofilter applied and to  
266 substrate-dependent nitrification kinetics (Pedersen *et al.*, 2015; von Ahnen *et al.*, 2015). A doubling of  
267 ammonium loading is not a problem for a mature biofilm as long as it does not go into oxygen limitation  
268 (Harremoës and Henze, 1997).

269 The organic matter concentrations showed similar but less distinct patterns compared to the changes in  
270 nitrate concentrations. Before altered feed loadings BOD<sub>5-TOT</sub> levels ranged between 5 and 10 mg O<sub>2</sub>/L, even  
271 though all 6 RAS were kept under constant and identical conditions. This emphasizes the fact that identical  
272 RAS may differ substantially in some water quality parameters that actually affects bacterial communities.  
273 Whether such variation is unavoidable in biological systems or can be pinpointed to specific reasons cannot  
274 be determined from this study, but hydraulic conditions in the biofilter, uneven entrapment or liberation of  
275 particulate organic matter from the biofilter compartment (Fernandes *et al.*, 2017) and/or predation by  
276 protozoa and metazoa may affect systems specific carbon balances. Despite the initial variation, BOD<sub>5-TOT</sub> in  
277 all systems diverged in accordance with changes in feed loading.

278 Likewise, the dissolved COD in FL<sub>0</sub> also decreased right after the feeding was ceased, while it remained  
279 relatively stable in the other two treatment groups. The decrease in COD<sub>DISS</sub> in the FL<sub>0</sub> RAS was strongly  
280 correlated to the dilution. On the other hand, only a minor increase in COD<sub>DISS</sub> was observed in the FL<sub>6.25</sub> RAS,  
281 indicating a balance between production and removal of COD<sub>DISS</sub> despite the loading.

282 The particulate fraction (COD<sub>PART</sub>), however, did not respond in any linear or straightforward way to the feed  
283 loading because the largest increases and fluctuations were observed in the FL<sub>0</sub> RAS. This abrupt increment  
284 was not reflected in any BOD-fraction (data not shown), strongly suggesting that this transient increase in  
285 COD<sub>PART</sub> was caused by biofilm release as a consequence of stopped feeding. For the FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS, the  
286 COD<sub>PART</sub> remained more stable, although some increase and also variation was observed between the FL<sub>3.13</sub>  
287 systems at the end of the experiment. The COD<sub>DISS</sub>/COD<sub>PART</sub> ratio in FL<sub>3.13</sub> at week 7 was 0.99, which is in  
288 accordance with Fernandes *et al.* (2015) who found a ratio of 0.93 after 19 weeks of operation under similar

289 conditions. Probably more interesting, the difference between the FL groups was even more pronounced  
290 when comparing  $BOD_{5-DISS}/BOD_{5-PART}$ . Ratios of 0.23, 1.14, and 4.14 were observed for FL<sub>0</sub>, FL<sub>3.13</sub> and FL<sub>6.25</sub>,  
291 respectively, suggesting that this ratio could be used as a tool to indicate relative differences in feed loading  
292 and water quality between systems. The biodegradability index ( $BOD_{5-TOT}/COD_{TOT}$ ) in the FL<sub>3.13</sub> and FL<sub>6.25</sub> RAS  
293 was approximately 0.09 at the end of the experiment, implying that the organic matter accumulating within  
294 the systems was > 90% recalcitrant (Rojas-Tirado *et al.*, 2017). In the FL<sub>0</sub> RAS the biodegradability index  
295 dropped to 0.06 at the end of the experiment, indicating a faster reduction in BOD than in COD, as could be  
296 expected.

297 The sludge collected from the fixed bed biofilters at the backwash event in week 7 was positively related to  
298 the feed loading level. The FL<sub>0</sub> RAS accumulated only 10% of the amount of sludge in the FL<sub>3.13</sub> RAS. The FL<sub>6.25</sub>  
299 RAS accumulated twice the sludge of the FL<sub>3.13</sub> RAS. How deposition of particulate organic matter in fixed bed  
300 biofilters affects fluxes of dissolved and particulate organic matter as well as interactions between  
301 decomposers and grazers deserves future attention.

## 302 **4.2 Microbial water quality assessment**

### 303 *Bacterial activity*

304 Bactiquant® levels were positively correlated to the changes in feed loading although a certain delay in  
305 response was observed. This is different from the immediate changes that occurred in nitrate concentrations.  
306 Bacterial activity in the FL<sub>0</sub> RAS did not decline after the feeding was stopped, but increased slightly towards  
307 the end of the experiment. Bactiquant® assesses bacterial activity by measuring a specific hydrolase enzyme  
308 found in most of bacteria, and Pedersen *et al.* (2017) demonstrated a linear correlation of Bactiquant®  
309 activity to the available surface area of particulate organic matter in less intense RAS water. The constant  
310 bacterial activity levels in FL<sub>0</sub> RAS suggest that the accumulation of particulate waste during the initial  
311 operation (before stopped feeding) was sufficient to sustain the bacterial growth on particles. This is  
312 supported by the fact that  $COD_{PART}$  actually increased in FL<sub>0</sub>. The FL<sub>3.13</sub> RAS - not subjected to changes – had  
313 increasing BQV in both RAS units, indicating that the systems at week 0 were not in steady state from a  
314 bacterial activity point of view. The Bactiquant®-response was related to the increases in organic matter  
315 levels observed ( $BOD_{5-TOT}$  and  $COD_{TOT}$ ) in FL<sub>3.13</sub> and in FL<sub>6.25</sub> in particular. The BQV levels observed, range  $2.7$   
316  $\times 10^4$  -  $1.5 \times 10^5$  BQV/ml, fit well to levels found in intensive RAS (Pedersen *et al.*, 2017). Bacterial activity in  
317 the FL<sub>6.25</sub> systems, showed almost identical patterns between RAS duplicates, with a 3-4 weeks delay before  
318 a significant increase was observed. The increase might be expected as a result of the doubling in the feed  
319 load and the corresponding increase in waste excretion. However, apparently the biofilter was able to  
320 attenuate this change for a period of time.

321 Bacterial activity assessed by hydrogen peroxide degradation assay was significantly related to the feed  
322 loading ( $p < 0.001$ ), supporting the hypothesis that feed loading directly dictates available organic matter  
323 influencing the microbial abundance and activity in RAS waters. Water from the FL<sub>0</sub> RAS had a significant  
324 removal of HP even 4-6 weeks after termination of feeding, suggesting a prolonged contribution of organic  
325 matter from e.g. biofilm release or from sludge, deposited in the biofilter. Arvin and Pedersen (2015) showed  
326 that HP degradation is a biotic process (no degradation of HP in autoclaved RAS water), related to microbial  
327 enzymatic activity rather than potential degradation due to inorganic catalysts (Pardieck *et al.*, 1992). The HP  
328 degradation assay applied turned out to be predictive and with sufficient reproducibility, pending to be

329 implemented as a new, simple and fast method to evaluate bacterial water quality. Since HP degradation is  
330 dependent on temperature and to a nominal concentration, assays have to be performed under similar  
331 conditions in order to compare different water matrices and thus standard procedures has to be developed  
332 for the method to be universally applied.

### 333 *Bacterial abundance of free-living cells*

334 Cell counting using flow cytometry have not been widely used to assess RAS microbial water quality, but  
335 some studies related to rearing of marine larvae in RAS have reported densities of  $6-8 \times 10^6$  cell/ml and  $1 \times$   
336  $10^7$  cell/ml (Attramadal *et al.*, 2012, 2014), and  $2 \times 10^6$  cell/ml (Wold *et al.*, 2014),  $2 \times 10^7$  cell/ml in rearing  
337 water, and  $0.1-6 \times 10^6$  cell/ml in pure seawater inlet (van der Meeren *et al.*, 2011). Drinking water ranges  
338 between  $10^3$  to  $10^6$  cells/ml (Prest *et al.*, 2016a) and in this trial tap water used to fill the systems contained  
339  $0.5-1.4 \times 10^6$  cells/ml. These data may not be directly comparable to this study due to large differences in  
340 experimental setups, especially feed loading. However, the cell numbers obtained in the present study are  
341 within the same range.

342 The free-living cells in RAS water showed a direct response to changes in feed loading. The abundance in FL<sub>0</sub>  
343 RAS declined immediately after feed stop associated to dilution of the systems and the concomitant decline  
344 in dissolved, readily available organic matter (BOD<sub>5-DISS</sub>). However, a considerable amount of cells ( $2.7 - 4.7$   
345  $\times 10^6$  cells/ml) were still measured at the end of the experiment for the FL<sub>0</sub> RAS. Although no distinction  
346 between dead and living cells were made, the bacterial activity assessed by Bactiquant® supports the  
347 presence of active cells. As discussed above, bacterial activity expressed by BQV may have slightly overrated  
348 bacteria attached to particles since they can have higher extracellular enzymatic activity per cell than free-  
349 living bacteria (Karner and Herndl, 1992; Smith *et al.*, 1995). The activity of the particle- associated bacteria,  
350 and microbial degradation of organic matter in the biofilter as well as dead microbial biomass, could have  
351 provided substrate for the free-living bacteria in the dissolved-substrate limited water of the FL<sub>0</sub> RAS. This  
352 interaction should also be expected to happen in the other treatments as well, but in a more dynamic way.  
353 The FL<sub>3.13</sub> RAS showed a baseline of  $0.5 - 4 \times 10^7$  cell/ml between week 0 to week 7, ending with 60% more  
354 free-living bacteria than the FL<sub>0</sub> RAS. The FL<sub>6.25</sub> RAS had a comparable and simultaneous development with  
355 positive response and a pronounced increase in numbers at the end of the trial, despite some difference in  
356 cell concentration between duplicates, exceeding the FL<sub>3.13</sub> RAS by five to nine times in cell number at the  
357 end of the experiment. The final free-living cell concentrations within the treatments were consistent with  
358 the final values of the BOD<sub>5-DISS</sub>. The FL<sub>6.25</sub> RAS had a 41% higher concentration of available organic carbon  
359 (reflected in the BOD<sub>5-DISS</sub>) for further growth compared to the unchanged RAS (FL<sub>3.13</sub>).

360

### 361 **4.3 Implications and challenges in RAS microbial water quality**

362 Increased feed loading caused direct but somewhat delayed responses in terms of bacterial activity and  
363 abundance, implying that probably the biofilter attenuated the bacterial response in the water phase when  
364 feed loading was increased. Mature biofilms shows rapid response to increased loading of inorganic and  
365 organic nutrients to the system, and may also contribute to the dispersion of new bacterial cells into the  
366 water (Leonard *et al.*, 2000; Davies, 2011; McDougald *et al.*, 2011). In this study, the results showed an almost  
367 immediate and constant increase in numbers of free-living bacteria in the FL<sub>6.25</sub> RAS without manipulating

368 the C/N ratio (Leonard *et al.*, 2002; Michaud *et al.*, 2006). It seems that biologically mature biofilter systems  
369 have the potential to assimilate a sudden increase in feed loading with concomitant increase in attached and  
370 free-living bacteria. The difference in response between free-living bacteria and particle-associated bacteria  
371 could have been related to the capacity of fixed bed biofilter for micro particles entrapment (Fernandes *et al.*,  
372 2017). As mentioned before, Bactiquant® is highly associated to bacteria attached to particles, and the  
373 transition of water passing through the biofilter could have suppressed the response in bacterial activity  
374 response in the water phase.

375 Heterotrophic and autotrophic bacteria will be in balance at system level as long the C/N ratio is not  
376 dramatically changed by e.g. excess feed waste or insufficient solids removal (Fernandes *et al.*, 2015) and the  
377 autotrophs did not suffer from oxygen limitation. To evaluate such changes or to quantify effects of  
378 disinfection (Attramadal *et al.*, 2014), new measures to detect bacterial abundance and activity including  
379 live/dead assays are needed.

380 A number of well-known factors (e.g. organic and inorganic nutrients, temperature, pH, and predation)  
381 regulate bacterial growth in water (Blancheton *et al.*, 2013; Gerardi, 2006; Rurangwa and Verdegem, 2015;  
382 Prest *et al.*, 2016a), and more knowledge is needed to fully understand the interaction of these factors in  
383 RAS. Monitoring tools like Bactiquant®, HP degradation assay, flow cytometry - used in this study, and others  
384 like online flow cytometry (Besmer *et al.*, 2014), Bacmon (Grundfos A.S, Højris *et al.*, 2016) and ATPase assay  
385 (Vang *et al.*, 2014) are all new measures that might provide means for an increased understanding of the  
386 microbial dynamics within RAS. These approaches may all contribute to improving our understanding of the  
387 complex microbial interactions in RAS in future studies. Additionally, surveys on full-scale RAS may also  
388 increase our knowledge on how various factors affects the bacterial dynamics within a system that is  
389 constantly challenged by variations in nutrient and organic loading.

## 390 5. CONCLUSION

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392 This study demonstrated the dynamics in microbial water quality parameters as a function of increased and  
393 decreased feed loading in a set of controlled pilot-scale RAS using two new fast and practical assays and flow  
394 cytometry. The main conclusions are:

- 395 • Changes in feed loading caused substantial effects on selected chemical and microbial water quality  
396 parameters. As the chemical response is immediate, microbial water quality response speed is  
397 dependent on other influencing factors within RAS.
- 398 • Submerged biofilters attenuated the microbial response and fluctuations in microbial water quality  
399 in RAS water when feed loading was increased.
- 400 • Bacterial activity measured as BQV or as HP degradation rate, responded to altered feed loading after  
401 some weeks.
- 402 • Free-living bacteria responded to changes in the concentrations of dissolved organic matter.
- 403 • Bacterial activity and abundance within mature RAS were affected by substrate availability, solids  
404 removal and particulate matter (surface area) and the submerged fixed-bed biofilter attenuated the  
405 response observed in the water phase.

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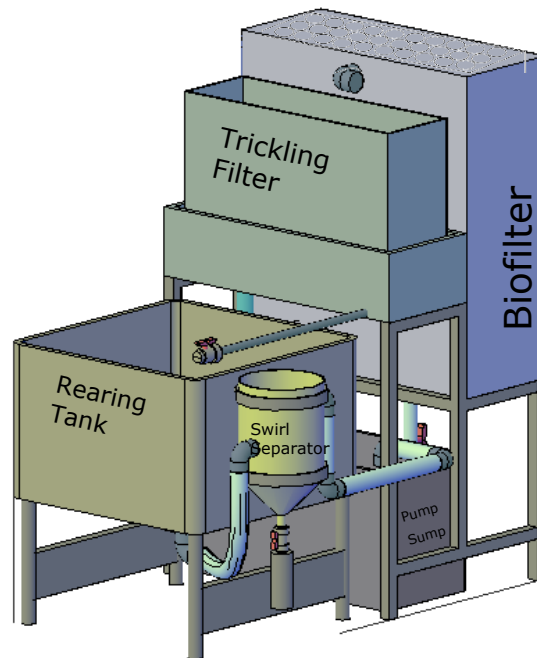
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## Figures



**Fig. 1:** Scheme of the RAS configuration, consisting of a fixed-bed biofilter (0.76 m<sup>3</sup>), trickling filter, rearing tank, swirl separator, and pump sump.

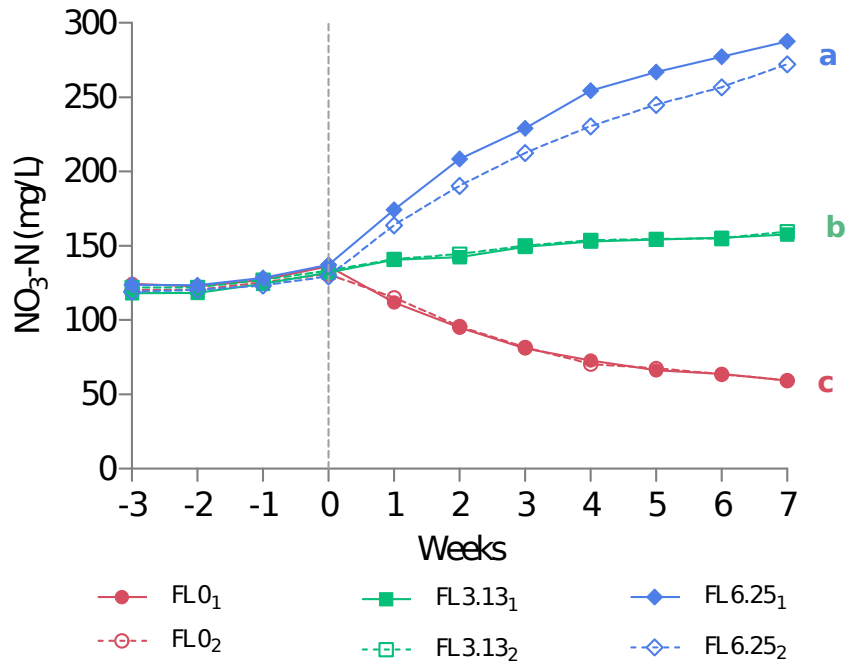


Fig. 2: Nitrate concentration over a period of 10 weeks for the different treatments and RAS duplicates: 0 kg feed/m<sup>3</sup> (FL<sub>0</sub>); 3.13 kg feed/m<sup>3</sup> (FL<sub>3.13</sub>); and 6.25 kg feed/m<sup>3</sup> (FL<sub>6.25</sub>). Week 0 and the vertical line indicates the last measurement just before changes were made in feed loading. The minus weeks indicates concentration of nitrate in RAS water before changes. Different superscript indicates statistical difference at week 7.

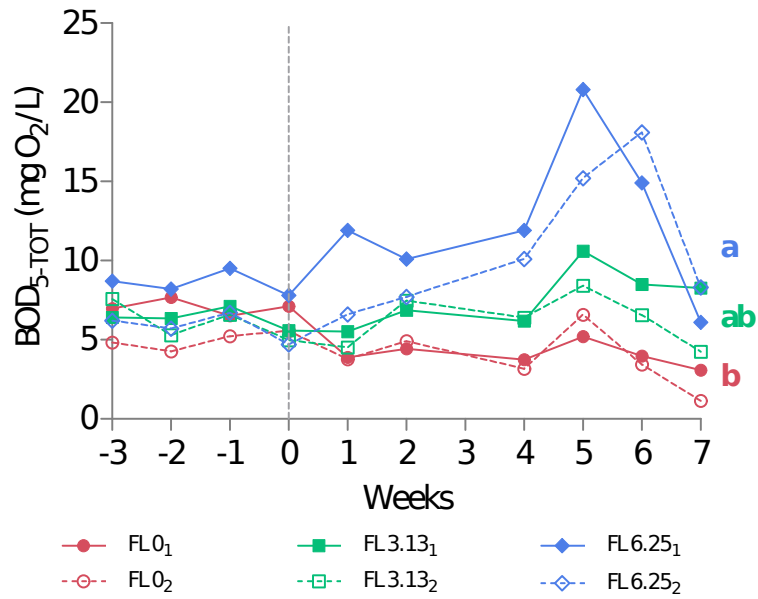


Fig. 3: Total biological oxygen demand ( $BOD_{5-TOT}$ ) concentration over a period of 10 weeks for the different treatments and RAS duplicates: 0 kg feed/ $m^3$  ( $FL_0$ ); 3.13 kg feed/ $m^3$  ( $FL_{3.13}$ ); and 6.25 kg feed/ $m^3$  ( $FL_{6.25}$ ). Week 0 and the vertical line indicates the last measurement before changes in feed loading were made. The minus weeks indicates concentration of  $BOD_{5-TOT}$  in RAS water before changes. Different superscript indicates statistical difference at week 7.

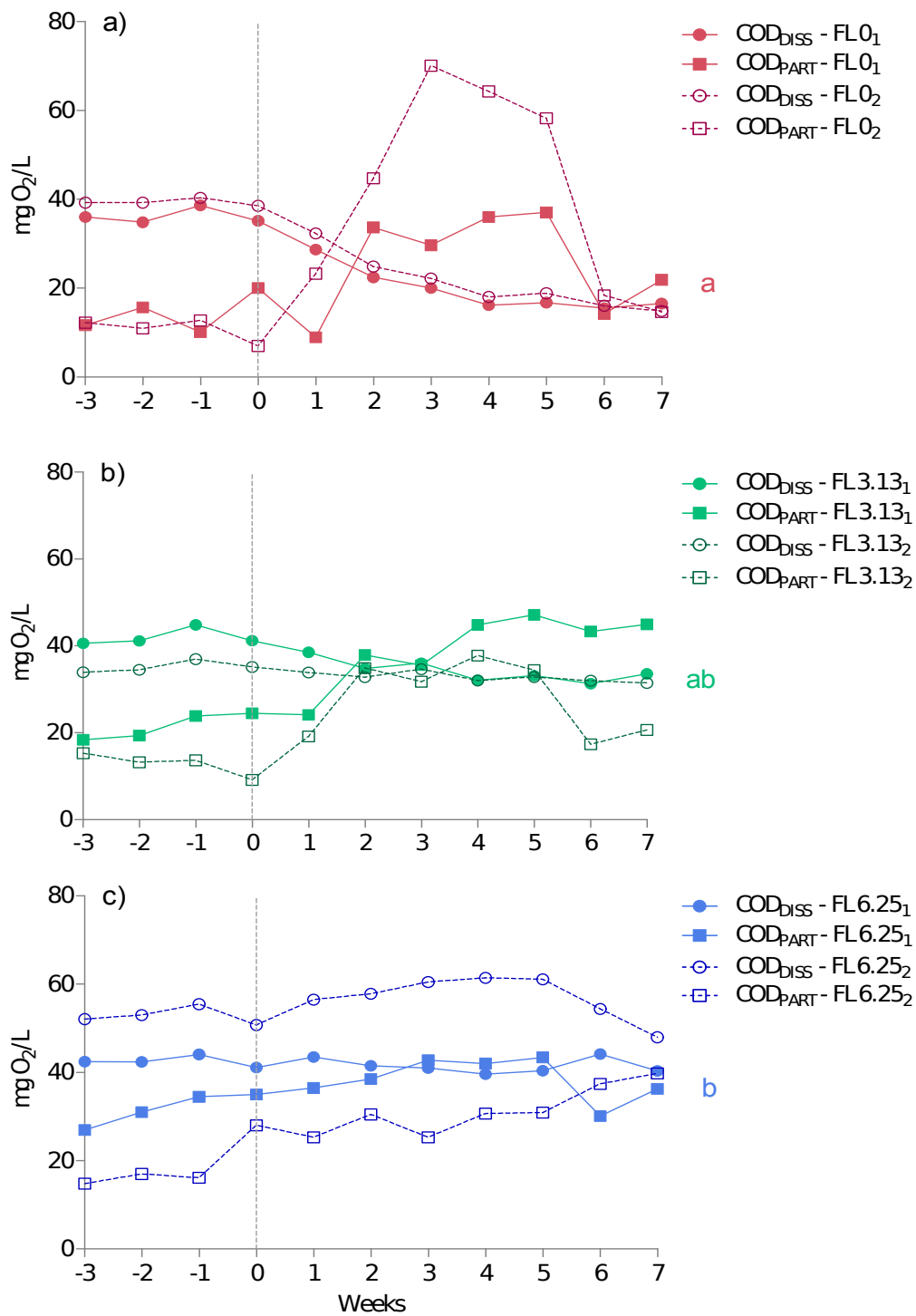


Fig. 4: Concentration of the dissolved and particulate fractions of COD over a period of 10 weeks for the different treatments and RAS duplicates: 0 kg feed/m<sup>3</sup> (FL<sub>0</sub>); 3.13 kg feed/m<sup>3</sup> (FL<sub>3.13</sub>); and 6.25 kg feed/m<sup>3</sup> (FL<sub>6.25</sub>). Week 0 and the vertical line indicates the last measurement before changes were made in feed loading. The minus weeks indicates concentration COD<sub>DISS</sub> and COD<sub>PART</sub> in RAS water before changes. Different superscript indicates statistical difference for COD<sub>DISS</sub> between treatments at week 7.

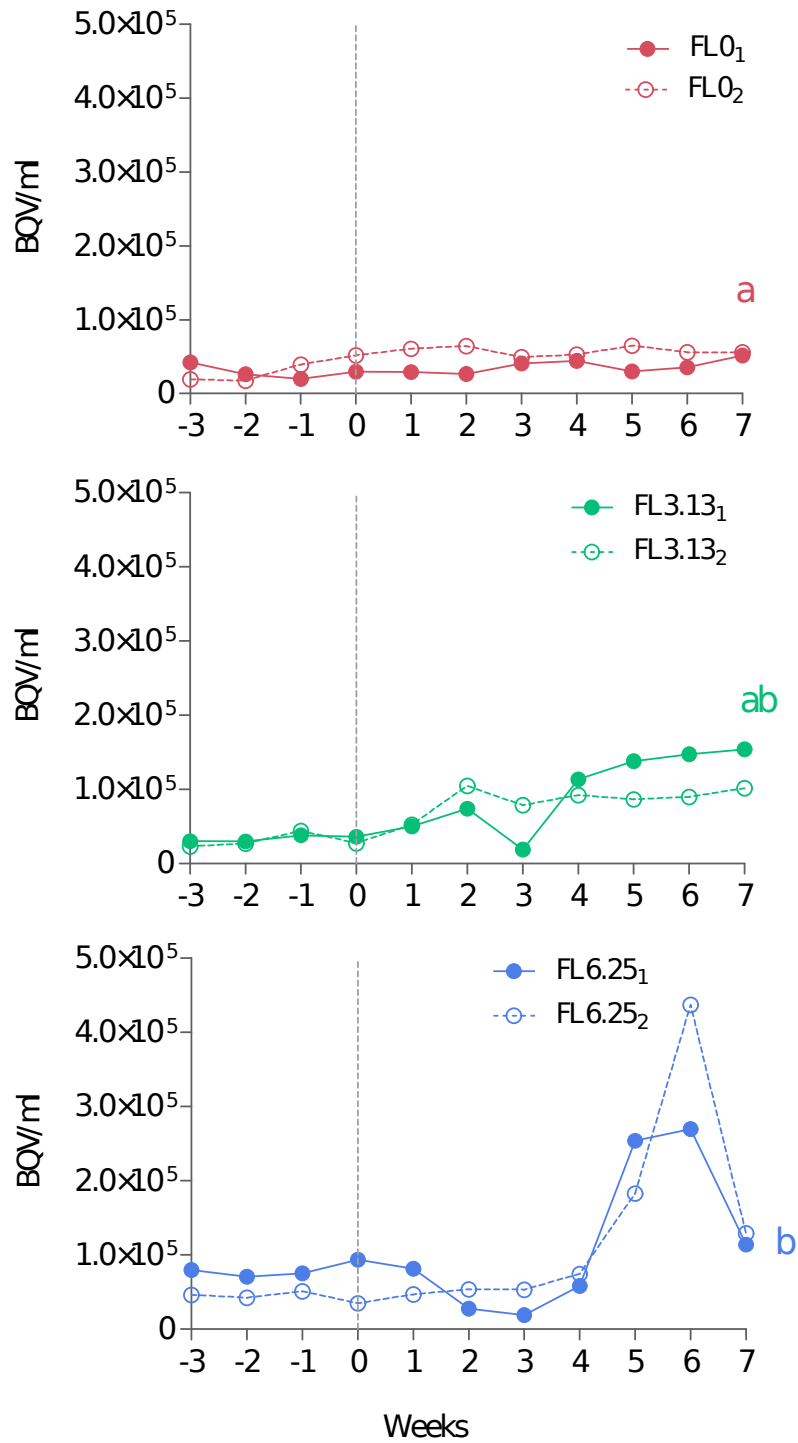
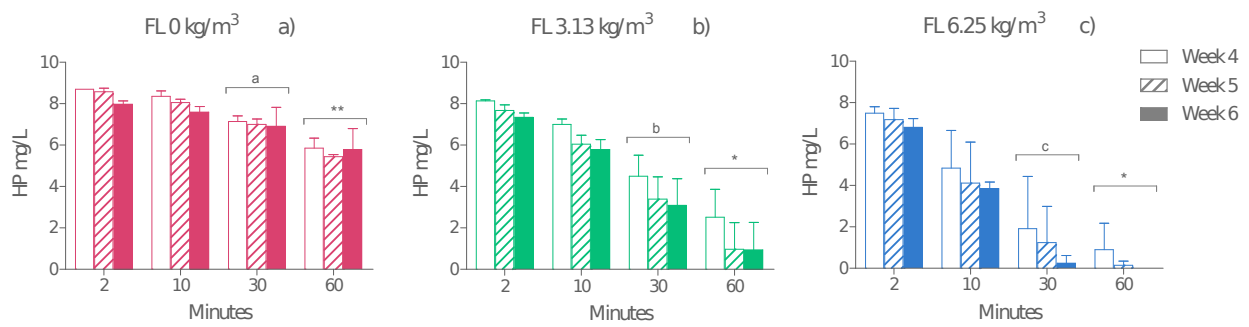
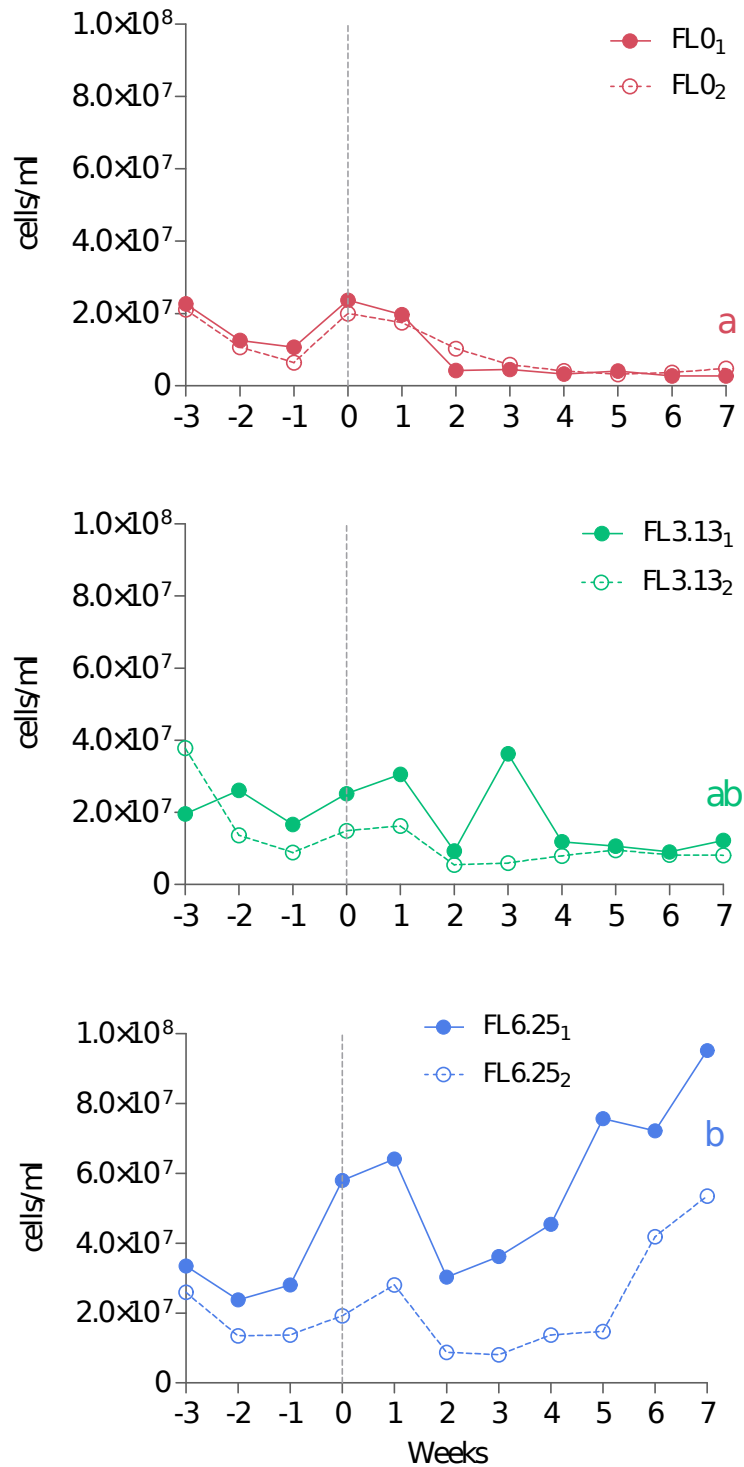


Fig. 5: Bacterial activity measured as bactiquant values (BQV) over a period of 10 weeks for the different treatments and RAS duplicates: 0 kg feed/m<sup>3</sup> (FL<sub>0</sub>); 3.13 kg feed/m<sup>3</sup> (FL<sub>3.13</sub>); and 6.25 kg feed/m<sup>3</sup> (FL<sub>6.25</sub>). Week 0 and the vertical line indicates the last measurement before changes were made in feed loading. The minus weeks indicates concentration of BQV in RAS water before changes. Different superscript indicates statistical difference between treatments at week 7.



**Fig. 6: Hydrogen peroxide concentration (mean  $\pm$  SD, n=2) measured during 60 minutes in water samples from three different feed loadings (FL): a) FL 0 kg/m<sup>3</sup>; b) FL 3.13 kg/m<sup>3</sup>; and c) 6.25 kg/m<sup>3</sup>. Test was performed for water samples in week 4, 5 and 6. Blank bars: week 4; striped bars: week 5; and grey bars: week 6. Different superscript (30 min) and asterisk (60 min) indicates statistical difference between treatments (Tukey's test;  $\alpha = 0.05$ ). Removal rate constants ( $k$ ) achieved were (mean  $\pm$  SD, n=3): a)  $0.41 \pm 0.05$ /h for FL 0 kg/m<sup>3</sup>; b)  $1.73 \pm 0.38$ /h for FL 3.13 kg/m<sup>3</sup>; and c)  $4.92 \pm 0.86$ /h for FL 6.25 kg/m<sup>3</sup>.**



**Fig. 7: Concentration of free-living bacteria in RAS water from three different feed loadings: a) 0 kg feed/m<sup>3</sup> (FL<sub>0</sub>); b) 3.13 kg feed/m<sup>3</sup> (FL<sub>3.13</sub>); and c) 6.25 kg feed/m<sup>3</sup> (FL<sub>6.25</sub>). All graphs shown with time line of 10 weeks. Week 0 and the vertical line indicates the last measurement before changes in feed loading were made. The minus weeks indicates concentration of bacterial cells in RAS water before changes in feed loading were made. Different superscript indicates statistical difference between treatments (Tukey's test;  $\alpha = 0.05$ ).**



## Tables

**Table 1: Feeding load for maturation period and three treatment groups.**

	Maturation period (Three months)	Treatment Groups		
		FL <sub>0</sub>	FL <sub>3.13</sub>	FL <sub>6.25</sub>
Feed quantity (g/d)	250	0	250	500
Water exchanged per day (m <sup>3</sup> /d)	0.08	0.08	0.08	0.08
Water renewal rate (m <sup>3</sup> /kg feed)	0.32	-	0.32	0.16
<b>Feed loading (kg/m<sup>3</sup>)</b>	<b>3.13</b>	<b>0</b>	<b>3.13</b>	<b>6.25</b>

**Table 2: Chemical water quality parameters and analytical methods applied.**

Parameter	Abbreviation	Units	Sample treatment and processing	Analytical Method	Reference	Frequency of Measurement
Temperature, pH, dissolved oxygen	Temp., pH, O <sub>2</sub>	°C, pH units, mg/L	Direct / on location	Hach HQ40d instrument, Hach Lange, Germany	N/A	Daily
Chemical oxygen demand	COD <sub>TOT</sub>	mg O <sub>2</sub> /L	Unfiltered + acid addition and kept at 4°C.	LCK 914, Hach Lange, Germany	N/A	Weekly
Dissolved chemical oxygen demand	COD <sub>DISS</sub>	mg O <sub>2</sub> /L	Filtered 0.22 µm and kept at 4°C.	LCK 914, Hach Lange, Germany	N/A	Weekly
Particulate chemical oxygen demand	COD <sub>PART</sub>	mg O <sub>2</sub> /L	N/A	COD <sub>PART</sub> = COD <sub>TOT</sub> - COD <sub>DISS</sub>	N/A	Weekly
Biochemical oxygen demand within 5 days	BOD <sub>5-TOT</sub>	mg O <sub>2</sub> /L	Unfiltered	Potentiometry/O <sub>2</sub> probe (WTW Oxi 340i)	ISO 5815	Weekly
Dissolved biochemical oxygen demand within 5 days	BOD <sub>5-DISS</sub>	mg O <sub>2</sub> /L	Filtered 1.6 µm	Potentiometry/O <sub>2</sub> probe (WTW Oxi 340i)	ISO 5815	Weekly
Particulate biochemical oxygen demand within 5 days	BOD <sub>5-PART</sub>	mg O <sub>2</sub> /L	N/A	BOD <sub>5-PART</sub> = BOD <sub>5-TOT</sub> - BOD <sub>5-DISS</sub>	N/A	Weekly
Total solids (dry matter) and ashes	-	g/L	Unfiltered	Gravimetric	NMKL.23	End of trial
Total ammonia nitrogen	TAN	mg/L	Filtered 0.22 µm. Conserved at 4°C.	Colorimetry	DS 224	Weekly
Nitrite	NO <sub>2</sub> -N	mg/L	Filtered 0.22 µm. Conserved at 4°C.	Colorimetry	DS 223	Weekly
Nitrate	NO <sub>3</sub> -N	mg/L	Filtered 0.22 µm. Conserved at 4°C.	Colorimetry	ISO 7890/1	Weekly

**Table 3: Microbial water quality parameters and analytical methods applied.**

Parameter	Abbreviation	Units	Sample treatment and processing	Analytical method	Reference	Frequency of measurement
Bacterial Activity	BactiQuant Value	BQV	Unfiltered. Processed immediately	BactiQuant® (Mycometer, Denmark)	Manufacturers protocol	Weekly
HP degradation	HP	HP mg/L or h <sup>-1</sup>	Unfiltered. Processed immediately	Colorimetry	(Arvin and Pedersen, 2015)	Week 4, 5 and 6
Bacteria cell number	Cell number	cell/ml	Unfiltered. Fixed with glutaric aldehyde (1% final concentration). Frozen immediately with liquid nitrogen gas and conserved at -20°C. Processed 6 months later.	Stained with Sybr Green I and counted with Flow Cytometer (Becton Dickinson FACscan)	(Marie <i>et al.</i> , 2005; Wold <i>et al.</i> , 2014)	Weekly

**Table 4: Water quality parameters before changes in feed loading were made (week 0) and at the end of experiment (week 7) for each treatment.**

Parameters	Units	Week 0						Week 7					
		FL <sub>0</sub> (n = 2)		FL <sub>3.13</sub> (n = 2)		FL <sub>6.25</sub> (n = 2)		FL <sub>0</sub> (n = 2)		FL <sub>3.13</sub> (n = 2)		FL <sub>6.25</sub> (n = 2)	
Dissolved Oxygen	mg/L	8.2	± 0.01	9.1	± 0.48	8.6	± 1.21	8.3	± 0.19	7.9	± 0.68	6.9	± 1.27
pH		7.3	± 0.04	7.4	± 0.01	7.3	± 0.03	7.3	± 0.08	7.3	± 0	7.4	± 0.22
Temperature	°C	19.4	± 0.14	19.1	± 0.21	19.7	± 0.07	18.8	± 0.07	19.1	± 0.07	19.3	± 0.07
TAN	mg/L	0.3	± 0.06	0.3	± 0.08	0.3	± 0.08	0.2	± 0.07	0.4	± 0.05	0.5	± 0.03
NO <sub>2</sub> -N	mg/L	0.1	± 0.02	0.1	± 0	0.1	± 0.01	0.1	± 0.05	0.2	± 0.02	0.2	± 0.02
NO <sub>3</sub> -N	mg/L	134	± 3.7	133	± 0.9	133	± 5.6	59	± 0	159	± 1.3	280	± 11
COD <sub>TOT</sub>	mg O <sub>2</sub> /L	50.4	± 6.8	55	± 15.1	77.5	± 1.9	34	± 6.3	65.3	± 18.7	82.2	± 7.8
COD <sub>DISS</sub>	mg O <sub>2</sub> /L	36.9	± 2.4	38.2	± 4.3	45.9	± 6.8	15.7	± 1.2	32.5	± 1.5	44.2	± 5.4
COD <sub>PART</sub>	mg O <sub>2</sub> /L	13.5	± 9.24	16.8	± 10.9	31.5	± 4.9	18.2	± 5.1	32.8	± 17.2	38	± 2.4
BOD <sub>5-TOT</sub>	mg O <sub>2</sub> /L	6.3	± 1.1	5.3	± 0.4	6.3	± 2.2	2.1	± 1.4	6.3	± 2.8	7.19	± 1.6
BOD <sub>5-DISS</sub>	mg O <sub>2</sub> /L	2.9	± 0.2	3.2	± 0.8	3.7	± 0.04	0.4	± 0.1	3.4	± 0.8	5.8	± 1.9
BOD <sub>5-PART</sub>	mg O <sub>2</sub> /L	3.4	± 1.3	2.1	± 0.3	2.5	± 2.3	1.7	± 1.2	2.9	± 3.6	1.4	± 0.3