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1 **Improvement in Municipal Wastewater Treatment Alters Lake Nitrogen to**
2 **Phosphorus Ratios in Populated Regions**

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34 **Abstract**

35 Large-scale and rapid improvement in wastewater treatment is common practice in
36 developing countries, yet this influence on nutrient regimes in receiving waterbodies
37 is rarely examined at broad spatial and temporal scales. Here, we present a study
38 linking decadal nutrient monitoring data in lakes with the corresponding estimates of
39 5 major anthropogenic nutrient discharges in their surrounding watersheds over time.
40 Within a continuous monitoring dataset covering the period 2008–2017, we find that
41 due to different rates of change in TN and TP concentrations, 24 lakes out of 46 lakes,
42 mostly located in China’s populated regions, showed increasing TN/TP mass ratios;
43 only 3 lakes showed a decrease. Quantitative relationships between in-lake nutrient
44 concentrations (and their ratios) and anthropogenic nutrient discharges in the
45 surrounding watersheds indicate that increase of lake TN/TP ratios is associated with
46 the rapid improvement in municipal wastewater treatment. Due to the higher removal
47 efficiency of TP than TN, TN/TP mass ratios in total municipal wastewater discharge
48 have continued to increase from 10.7 (7.6–15.1) (median and 95% confidence interval)
49 in 2008 to 17.7 (13.2–27.2) in 2017. Improving the municipal wastewater collection
50 and treatment worldwide is an important target within the 17 sustainable development
51 goals set by the United Nations. Given potential ecological impacts on biodiversity
52 and ecosystem function of altered nutrient ratios in wastewater discharge, our results
53 suggest that long-term strategies for domestic wastewater management should focus
54 not merely on total reductions of nutrient discharges but should also consider their
55 stoichiometric balance.

56

57 **Keywords**

58 nutrient balance | water quality change | anthropogenic source | wastewater treatment |
59 aquatic ecosystem

60 **Significance Statement**

61 Due to different rates of change in TN and TP concentrations in lakes, increases in
62 TN/TP mass ratios were observed in many China's freshwater lakes during 2008–
63 2017. This growing imbalance has important implications for aquatic ecology that
64 remain poorly considered and understood. Here, we show that changes in municipal
65 wastewater treatment are a major driver for increases in lake TN/TP mass ratios, as
66 phosphorus is more effectively removed than nitrogen from wastewater. Our findings
67 highlight the need to more efficient nitrogen reduction besides phosphorus reduction
68 in wastewater treatment to reduce risk of phytoplankton blooms and toxin production,
69 and maintain ecosystem biodiversity in downstream waterbodies.

70 **Introduction**

71 “Clean water and sanitation” are targeted by the 17 sustainable development goals
72 (SDGs) recommended by the United Nations (UN) (1). Due to this comprehensive
73 goal, municipal wastewater management is receiving increasing attention globally
74 (2-4). Most human activities produce wastewater. The annual production of municipal
75 wastewater worldwide now exceeds $300 \times 10^9 \text{ m}^3$ (5). This volume of wastewater is
76 continuing to grow with the urbanization and associated population increase (4).
77 Increasing wastewater production together with inadequate collection and treatment
78 facilities have led to negative impacts on water quality, biodiversity, and overall
79 functioning of receiving aquatic ecosystem (6-8). For instance, nitrogen (N) produced

80 by human excreta accounts for ~15–20% of total anthropogenic production of reactive
81 N per year (4) while phosphorus (P) produced by human excreta represents ~25% of
82 worldwide P demand (4, 9). Many developing countries are tackling the problem of
83 excess nutrients by increasing municipal wastewater treatment capacity (10-13),
84 which is often more achievable than reducing non-point nutrient sources through
85 reducing fertilizer application rates and watershed conservation practice (7, 8, 14).
86 China, with an annual municipal wastewater discharge of $\sim 60 \times 10^9 \text{ m}^3$, is a case in
87 point (15). Since 2005, the construction of wastewater treatment plants (WWTPs) has
88 grown rapidly in China. In 2005, the percentage of municipal wastewater being
89 treated on the national scale was only ~40%, while it had reached over 90% in 2017
90 (15). However, neither the results of these measures in relation to changing lake
91 nutrient concentrations nor their long-term impacts on relative balance of nutrient
92 availability in lakes are known.

93 Imbalance in N and P supplies can have a variety of ecological impacts in aquatic
94 ecosystems (16-19). First, N enrichment relative to P could favor plankton species
95 with strong competitive abilities for using P, such as toxin-producing *Microcystis* spp.
96 and *Planktothrix* spp. (20-23). Second, the per-cell production of N-rich toxins (e.g.,
97 microcystins) can be enhanced by N enrichment under oligotrophic conditions (19,
98 21). Third, increasing N/P ratios could favor a lower number of slow-growing
99 phytoplankton species with high optimal N/P ratios at the expense of species with
100 lower optimal N/P ratios, imposing stoichiometric constraints on filter-feeding
101 zooplankton (18, 19). By decreasing rates of energy transfer through food webs,
102 shorter trophic webs with the fewer predators could further develop (24). These

103 scenarios have been documented in diverse lakes such as Lake Zurich in Switzerland
104 (23), Lake Okeechobee in the USA (25), Lake Erie in the USA-Canada (26), as well
105 as in Lake Taihu (27) and other eutrophic lakes in China (28).

106 To quantify the overall impacts of anthropogenic activities on TN and TP
107 concentrations and their ratios in lakes, we compiled a paired TN and TP monitoring
108 dataset from freshwater lakes widely distributed over China. We collected the nutrient
109 monitoring data from 111 freshwater lakes in 2017 and further investigated temporal
110 trends of water quality in 46 of these lakes for which continuous monthly data were
111 available during 2008–2017. Comprehensive nutrient discharge inventories were
112 developed for each of the 46 lake catchments. Five major anthropogenic discharge
113 sources were quantified: municipal wastewater, rural wastewater, crop farming,
114 livestock operations, and aquaculture. Quantitative relationships between lake nutrient
115 concentrations and anthropogenic discharges were assessed using generalized linear
116 models. This study addressed the central hypothesis that the recently increasing trend
117 of TN/TP mass ratio in freshwater lakes in the populated regions of China is primarily
118 induced by the rapid adoption of improved wastewater treatment during 2008–2017.

119 **Results and Discussion**

120 **Nutrient Concentrations and Ratios in China's Lakes**

121 In the surveyed lakes in 2017, mean TN concentration was 996 (380–2723) $\mu\text{g/L}$
122 (median and 95% confidence interval (CI), $n=111$) and mean TP concentration was 32
123 (7–114) $\mu\text{g/L}$ ($n=111$) (Figure 1 and SI Appendix Figure S1; SI Appendix Dataset S1).
124 Based on the Chinese surface water quality standards (SI Appendix Table S1), half of
125 all the surveyed lakes in 2017 (55 out of 111) had TN concentrations higher than the

126 Grade III limit (1000 $\mu\text{g/L}$), above which lakes are considered to be polluted in China
127 (Figure 1A). In contrast, only 27 lakes had TP concentrations higher than the Grade
128 III limit (50 $\mu\text{g/L}$) (Figure 1B). The mean TP concentration (~ 30 $\mu\text{g/L}$) across all the
129 lakes in this dataset is similar to the levels in Europe (~ 25 $\mu\text{g/L}$) (29) and the USA
130 (20–40 $\mu\text{g/L}$) (30). However, the TN concentration (~ 1000 $\mu\text{g/L}$) is much higher than
131 those in Europe (~ 650 $\mu\text{g/L}$) (29) and the USA (~ 600 $\mu\text{g/L}$) (31). TN/TP mass ratio
132 was 31.6 (12.5–128.2) in the surveyed lakes in 2017 (Figure 1C). In freshwater
133 ecosystems, when algae is competing for limited nutrients, limitation of algal growth
134 is mainly determined by N when water TN/TP mass ratio lower than 9, while P is
135 main limiting factor when this value is higher than 23 (32). Based on these criteria,
136 over 2/3 of the 111 surveyed lakes had TN/TP mass ratios higher than 23 in 2017
137 (Figure 1C), indicating widespread TN enrichment relative to TP. The mean lake
138 TN/TP mass ratio in 2017 in China approaches the level for European lakes (31 (5–
139 96)) (29) but is much higher than that in the USA (21 (4–98)) (31).

140 Available monthly monitoring data for 46 lakes during 2008–2017 further indicate
141 that TN and TP concentrations are declining at different rates in lakes (SI Appendix
142 Figure S2) and that increases of TN/TP mass ratios are widespread among Chinese
143 lakes (Figure 2, SI Appendix Table S2–S3). During 2008–2017, TP concentrations
144 decreased in 22 out of the 46 lakes. The decreasing rate is indicated by slope of the
145 regression line of concentration (logarithm scale) versus time (see Methods). The
146 decreasing rate for TP concentration is 0.003–0.026 resulting half-life of 2.22–20.6
147 years. Only 8 lakes, however, showed increases in TP concentrations (SI Appendix
148 Figure S2). In contrast, TN concentrations increased in 22 lakes, with a rate of 0.001–

149 0.034, while TN decreased in only 12 lakes, with a rate of 0.003–0.028 (SI Appendix
150 Table S2). As a consequence, 24 of 46 lakes showed increases in TN/TP mass ratios,
151 with a rate of 0.0022–0.0453 per month and doubling time of 1.3–26.3 years; while
152 only 3 lakes showed decreases in TN/TP mass ratios (Figure 2).

153 **Response of Lake Nutrient Regime to Shifting Anthropogenic Discharges**

154 Shifts in anthropogenic nutrient discharges from the surrounding watershed are
155 usually responsible for alterations of lake nutrient conditions (8, 33, 34). We therefore
156 characterized temporal changes in N and P discharges of the five anthropogenic
157 sources listed above with a spatial resolution of 1 km² during 2008–2017 in China (SI
158 Appendix Supplementary Text S1). Results show that anthropogenic nutrient
159 discharges are much larger in more populated Eastern China (the east of the so-called
160 ‘Hu Huanyong Line’, with a population density of ~300 persons per km²) (35) than in
161 less-populated Western China (~20 persons per km²) (SI Appendix Figure S3).
162 However, dominant anthropogenic sources in different sub-regions varied distinctly
163 due to spatial variability in types of human activities (SI Appendix Figure S4). Due to
164 disproportionate changes in N and P discharges, TN/TP mass ratios in the total
165 anthropogenic discharge have significantly increased in eastern China during 2008–
166 2017 (Figure 2C). In particular, in the lower reaches of the Yangtze River and Pearl
167 River Basins, TN/TP mass ratios of the total anthropogenic discharge were as much as
168 30% higher in 2017 relative to 2008 (Figure 2C). However, small increases or even
169 decreases in the ratios were observed in the large yet less populated regions of
170 western China.

171 We took a closer look at 46 lakes with continuous nutrient monitoring data and

172 found that lakes located in more densely populated regions usually had significant
173 increases in their TN/TP mass ratios during 2008–2017 (Figure 3A). 24 lakes with
174 significant increases in TN/TP mass ratios had larger population densities ($P < 0.01$,
175 t -test) in their surrounding watersheds, with a level of 299 (92–743) (median and 95%
176 CI) people per km². By comparison, 22 lakes with no changes or decreases in TN/TP
177 mass ratios had population density of 51 (1–477) people per km² in their watersheds.
178 Municipal wastewater discharge in the watersheds where lakes experienced increases
179 in TN/TP mass ratios was much higher than that for the other lakes ($P < 0.01$, t -test).
180 Consequently, N and P discharges contributed by municipal wastewater in the total
181 local nutrient discharge were also higher in the watersheds where lakes had the
182 increasing TN/TP ratios (Figure 3A).

183 Linear correlation analysis (36) was performed to examine the direct relationships
184 between lake nutrients (e.g., TN, TP concentrations, TN/TP mass ratios) and the
185 explanatory variables (e.g., discharge from different sources, climate variables in lake
186 catchments) (Table 1). Among all the variables, the strongest correlations for lake
187 nutrient concentrations and TN/TP mass ratios were with the municipal wastewater
188 discharge in the surrounding watershed (for TN, $R^2 = 0.44$, $P < 0.01$, $n = 46$; for TP,
189 $R^2 = 0.29$, $P < 0.01$, $n = 46$; for TN/TP, $R^2 = 0.17$, $P < 0.01$, $n = 46$) (Figure 3B). A
190 generalized linear model (GLM) was further performed to quantify the relative
191 importance of each explanatory variable in variations of lake nutrients. GLM results
192 further confirmed that the dominant factor responsible for variations of TN/TP mass
193 ratio in lakes was municipal wastewater discharge in the watersheds, accounting for
194 ~39% of the variations (Table 1). Apart from municipal wastewater discharge, we

195 found other sources could also influence lake nutrient concentrations. For instance,
196 rural wastewater discharge was also an important factor in explaining variations of TN
197 and TP concentrations in lakes (Table 1)

198 **Impacts of Wastewater Treatment on Lake Nutrients and Their Implications**

199 The apparent importance of municipal wastewater discharge in influencing in-lake
200 nutrient dynamics motivated us to investigate the nutrient discharge records collected
201 in influents and effluents of 4,960 WWTPs during 2008–2017 in China (details in SI
202 Appendix Dataset S2). To mitigate serious water pollution, treatment of municipal
203 wastewater has advanced rapidly in China over the past decade. The number of
204 WWTPs had increased rapidly from 1,535 units in 2008, with a volume of treated
205 wastewater of $22 \times 10^9 \text{ m}^3$, to 4,960 units in 2017, with a volume of treated
206 wastewater of $57 \times 10^9 \text{ m}^3$ (SI Appendix Figure S5). Average effluent TN and TP
207 concentrations decreased from 16.4 and 1.0 mg/L in 2008 to 10.7 and 0.42 mg/L in
208 2017, respectively (Figure 4A). By comparing nutrient concentrations in influent and
209 effluent, it is apparent that existing wastewater treatment technologies in China have
210 differential removal efficiencies for TN and TP from the municipal wastewater
211 (Figure 4A). Wastewater ammonium is microbially converted to N_2 by nitrification
212 and denitrification, a process that requires careful “tuning” of facility operations (37).
213 However, removing P from municipal wastewater is a simpler and more effective
214 process involving coagulation, flocculation and sedimentation (38). Thus, average
215 removal efficiency from municipal wastewater by WWTPs is as high as 90% for TP,
216 but less so (60–70%) for TN, resulting in the WWTP effluent with much higher
217 TN/TP mass ratios (23.2 (14.7–37.0), median and 95% CI) than the influent (8.9 (7.0–

218 11.1)) ($P < 0.01$, t -test) (SI Appendix Figure S6). As the percentage of treated
219 municipal wastewater in the total wastewater discharge increases, more P than N is
220 effectively removed from municipal wastewater discharge. Consequently, TN/TP
221 mass ratio in the total municipal wastewater discharge has increased sharply from
222 10.7 (7.6–15.1) in 2008 to 17.7 (13.2–27.2) (median and 95% CI) in 2017 (Figure 4B
223 and 4C).

224 To evaluate how changes may be responsible for observed increases on lake TN/TP
225 mass ratios, we created a set of simple null models for TN and TP concentrations and
226 TN/TP mass ratios based on quantitative relationship model revealed in GLM analysis
227 (SI Appendix Table S4; see details in Methods and SI Appendix Supplementary Text
228 S2). Two typical scenarios were simulated: null scenario (NUS) and real situation
229 scenario (REA). Under NUS, we assumed that no new WWTPs were constructed after
230 2008, and the percentage of wastewater being treated remained unchanged during
231 2008–2017. Under REA, the development of WWTPs followed the observed
232 trajectory (SI Appendix Dataset S2). The results showed that estimated nutrient
233 concentrations under NUS were statistically different from the results under REA (SI
234 Appendix Table S5-S6). Under NUS, the estimated TN and TP concentrations in lakes
235 would be 2.4 and 1.4 times, respectively, higher than those under REA. However,
236 average TN/TP mass ratio in lakes under NUS was ~25% lower than under REA (SI
237 Appendix Figure S7). These impacts on TN/TP mass ratios in lakes might be
238 alleviated by increasing N removal efficiency by WWTPs (SI Appendix
239 Supplementary Text S3). A simple prediction based on the quantitative relationship in
240 SI Appendix Table S4 indicates that, if TP removal efficiency remained at the 2017

241 level and TN removal efficiency had a 3% increase per year, lake TN/TP mass ratios
242 would return to 2008 levels within 10 years (SI Appendix Figure S8). This suggests
243 that TN removal efficiency by WWTPs should be improved by 27% over 10 years.

244 In 2015, the United Nations Development Programme set a target to halve the
245 proportion of untreated wastewater in the world by 2030 (1). Encouraged by this
246 target, China and many other developing countries worldwide (e.g., India, Indonesia
247 and Nigeria) have built or are constructing numerous WWTPs (39). Therefore, the
248 challenge of imbalanced lake TN/TP ratios caused by improved sanitation is not
249 confined to China but also likely occurs in other countries. To achieve coherent and
250 sustainable wastewater management, potential ecological consequences induced by N
251 over-enrichment relative to P in aquatic ecology will require consideration in future
252 sanitation approaches in which N and P removals are considered in a holistic way.
253 Possible short-term strategies could include refining operations of existing facilities
254 (40), developing more efficient N-removal technologies (37), and introducing new
255 standards setting TN/TP ratio targets for effluent discharge (38). In the longer term,
256 increasing nutrient recovery from municipal wastewater along with source separation
257 of human excrement may also be promising (2-4, 41).

258 In summary, consistent with recent changes in anthropogenic nutrient discharges,
259 numerous Chinese lakes in highly populated regions are showing increasing TN/TP
260 mass ratios, which can bring some unexpected consequences for the functioning of
261 aquatic food webs, such as the increasing prevalence of non-N₂ fixing cyanobacteria
262 (*Microcystis*, *Planktothrix*) in the eutrophic lakes (23-28). Promoting a better balance
263 between N and P supplies will allow a greater diversity of taxa as well as improved

264 food web control of phytoplankton biomass. These modern perspectives on nutrient
265 stoichiometry in lakes imply that more effort should be placed on N removal from
266 municipal wastewater in the future to achieve desired water quality outcomes as
267 human society seeks to achieve SDGs for sanitation, water, and aquatic ecosystem
268 health. Our findings document an unappreciated impact of wastewater treatment on
269 aquatic ecosystems and also provide a science-based argument for more effectively
270 managing water quality by balancing N and P removals from wastewater.

271 **Methods**

272 **Lake TN and TP Monitoring Data**

273 We obtained an extensive lake nutrient monitoring dataset during 2008–2017 from
274 the water quality monitoring program performed by the Ministry of Ecology and
275 Environment, China. As in (42) and (43), we did not differentiate natural lakes or
276 artificial reservoirs, since both waterbody types can be influenced by anthropogenic
277 nutrient discharges in surrounding watersheds. The dataset consists of two parts: I.
278 nutrient data revealing the condition of lakes in 2017; II. nutrient data revealing the
279 temporal trend. In dataset I, a total of 111 freshwater lakes distributed in China's 30
280 provinces were included. Measured TN and TP concentrations, locations, surface
281 areas and water volumes for these lakes were provided in SI Appendix Dataset S1. In
282 the dataset II, 46 out of the 111 lakes with continuous monitoring data (generally with >
283 40 monthly and paired TN and TP monitoring data during 2008–2017) were selected
284 to assess temporal trends in nutrient concentrations and ratios. These 46 lakes were
285 widely distributed in China, and had differences in lake characteristics (e.g., area,
286 water volume) and human activity types in their watersheds (SI Appendix Table S3).

287 Changes in lake nutrient concentrations are a first-order process (43-44). Therefore,
288 we used ln-transformed TN (or TP concentrations or TN/TP mass ratio) in regression
289 analysis between monthly nutrient data and corresponding sampling time. If $P < 0.05$,
290 then the slope (k) in the regression was defined as the monthly increase rate (if k is > 0 ,
291 month⁻¹) or decrease rate (if k is < 0 , month⁻¹) during the study period; if $P > 0.05$, it
292 was defined as no significant change in nutrient concentration or ratio during 2008–
293 2017. Half-life ($T_{1/2}$) or doubling time (T_2) of nutrient concentrations or ratios in lakes
294 was estimated as follows: $T_{2 \text{ or } 1/2} = \ln(2) / k$. TN or TP concentration, TN/TP mass
295 ratio, increase or decrease rate, hydrological information and location for each lake is
296 provided in SI Appendix Table S3. Information about surface areas and water volumes
297 in the surveyed lakes were derived from the HydroLAKES database by Global
298 HydroLab (45), and Wang and Dou (46).

299 Procedures for selecting sampling sites in lakes and collecting water samples were
300 generally consistent throughout the study period and were based on the “Technical
301 Specifications Requirements for Monitoring of Surface Water and Waste Water in
302 China” (47). A depth-integrated sample was collected at each sampling site. For lakes
303 with a depth greater than 5 m, water samples at 0.5 m below surface were collected.
304 For lakes with depths between 5 and 10 m, water was collected at 0.5 m below the
305 surface and 0.5 m above the bottom and then mixed to make a composite sample. The
306 sampling site was usually set at the center of the lake. However, for the large lakes,
307 multiple sampling sites were established at the center of the lake, the deep zone and
308 the shore zones, respectively. Standard methods (shown below) were used for
309 measuring TN and TP concentrations. An unfiltered aliquot of water was prepared

310 from each bulk sample. TN concentration was determined by persulfate digestion,
311 followed by automated colorimetric analysis (N-(1-naphyl) ethylene diamine
312 dihydrochloride spectrophotometry), with a method detection limit (MDL) of 50
313 $\mu\text{g/L-N}$ (47). TP concentration was determined by persulfate digestion, followed by
314 automated colorimetric analysis (ammonium molybdate and antimony potassium
315 tartrate under acidic conditions), with an MDL of 10 $\mu\text{g/L-P}$ (47). All the TN and TP
316 concentrations lower than the MDL were set to 1/2 of the MDL in the subsequent data
317 analyses.

318 **Anthropogenic N and P Discharges**

319 To identify the driving forces for alterations of nutrient concentrations and their
320 ratios in lakes, we analyzed the temporal dynamics of major anthropogenic sources
321 for N and P discharges during 2008–2017 in China by applying a hierarchical model
322 of national nutrient cycling updated from Cui et al. (48) and Liu et al. (49). In China,
323 human activities have contributed to the bulk of N and P discharges into water since
324 the national economic reforms were implemented in 1978 (48, 49). Thus, in this study,
325 five major and independent human-induced N and P discharge sectors were selected,
326 including municipal wastewater, rural wastewater, livestock operation, crop farming,
327 and aquaculture. Data on anthropogenic activity was collected from a number of
328 national statistical databases, literature and government reports, whilst most
329 parameters were derived primarily from studies based on the field experiments (see SI
330 Appendix Supplementary Text S1). By emphasizing impacts of increasing adoption of
331 WWTPs, estimates of N and P discharges from municipal wastewater were based on a
332 national-scale investigation during 2008–2017. Total N and P discharges from

333 WWTPs were further aggregated from each of the 4,960 WWTPs. A detailed
334 description of the temporal changes of number of WWTPs, volumes of treated and
335 untreated wastewater, TN and TP concentrations in influent and effluent, N and P
336 discharges through wastewater during 2008–2017 in China’s 31 provinces was
337 provided in SI Appendix Dataset S2.

338 **Analysis of Drivers of Lake Nutrient Regimes**

339 46 lakes with the continuous nutrient monitoring data during 2008–2017 were
340 selected to identify the specific relationships between lake nutrients concentrations (or
341 ratios), and temporal anthropogenic discharges in surrounding watersheds. To address
342 spatial variabilities in human activities in China, a raster data set based on the
343 population distribution (35), livestock distribution (50), and land use distribution (51)
344 was developed. The result was a high-resolution map (1 km × 1 km grid) of annual
345 anthropogenic nutrient discharges incorporating all the five major sources during
346 2008–2017. By using the HydroSHEDS database, watershed boundaries for the 46
347 lakes were delineated by using the ArcMap 10.2.2 software (52-53).

348 We conducted a general linear model (GLM) analysis (54) to quantify the relative
349 associations of each explanatory variable with variations in TN and TP concentrations
350 and TN/TP mass ratios in lakes (SI Appendix Supplementary Text S2). Explanatory
351 variables included the 5 anthropogenic discharge variables (discharges from 5
352 different sources) and 2 climate variables (precipitation and temperature in watersheds)
353 (36). Based on the Bayesian information criterion (36, 55), the best models revealing
354 the quantitative relationship between lake nutrients and anthropogenic discharges
355 were established (results in SI Appendix Table S4). These models were further applied

356 in the simple scenario analysis. Scenario analysis was divided into two parts in this
357 study. First, to quantify the impacts of WWTPs on temporal change of water quality
358 during 2008–2017, we created simple null models for TN and TP concentrations, and
359 TN/TP mass ratios in lakes individually. The null hypothesis is that the construction of
360 WWTPs had caused no significant changes of lakes nutrients during 2008–2017. Two
361 typical scenarios were compared for the null hypothesis test: Null scenario (NUS)
362 representing the temporal trends of nutrient concentrations and their ratio if
363 wastewater treatment capacity and efficiency remained at the level of 2008 throughout
364 the study period; Real situation scenario (REA), representing the temporal trends of
365 nutrient concentrations and their ratios in which the development of WWTPs in
366 watersheds followed the observed trajectory (see details in SI Appendix
367 Supplementary Text S2). Single factor ANOVA test was used to verify the null
368 hypothesis. In addition to the null test, we also estimated the potential response of
369 TN/TP mass ratio in lakes under different future scenarios with improvement of TN
370 removal efficiency by WWTPs, while TP removal efficiency remained at the same
371 level in 2017 (see details in SI Appendix Supplementary Text S3). Three typical
372 scenarios were simulated where TN removal efficiency by WWTPs was improved by
373 1%, 2% and 3% per year, respectively, in the next decade. The statistical analyses and
374 data processing were carried out by using Excel 2010 (Microsoft Corporation,
375 Washington, USA), SPSS 16 (International Business Machines Corporation, New
376 York, USA), lm and relaimpo functions (56) in R software (R Core Team) and
377 ArcMap 10.2.2 (Environmental Systems Research Institute, Redlands, USA).

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515 **Author contributions**

516 T.Y., L.Y., D.X. and L.X. conceived the research. W.M., T.Y., D.X., Z.W., W.X.,
517 H.W., Z.W., and Z.Y. collected the data and performed the calculations. T.Y., P.J.,
518 S.J., E.J., R.C., P.H.W. and L.Y. wrote the paper. All the authors contributed to the
519 interpretation of the data and commented on the manuscript.

520 **Competing financial interests**

521 The authors declare no competing financial interests.

522 **Additional information**

523 Supplementary text S1-S3

524 Figures S1 to S8

525 Tables S1 to S6

526 Datasets S1 to S5

527 SI References

528 **Figure captions**

529 **Figure 1.** Annual average TN, TP concentrations and TN/TP mass ratios in 111
530 freshwater lakes in mainland China in 2017. ¹TN concentration of 500 µg/L and TP
531 concentration of 25 µg/L represent the Grade II limits in the Chinese water quality
532 standards (SI Appendix Table S1). ²TN concentration of 1,000 µg/L and TP
533 concentration of 50 µg/L represent the Grade III limits. ³Based on the Guildford and
534 Hecky’s definition (32), P limitation for algal growth occurs when TN/TP mass ratio
535 is > 23, while N limitation occurs when this ratio is < 9. ⁴The details for each lake are
536 provided in SI Appendix Dataset S1.

537 **Figure 2.** Temporal trends of nutrient concentrations and their mass ratios in 46 lakes
538 with continuous monitoring data during 2008–2017, and relative changes on TN/TP
539 mass ratios in aggregated anthropogenic discharges (with a spatial resolution of 1 km²
540 grid). ¹Red dots in part B represent the average values of monthly TN/TP mass ratios,
541 and black error lines represent the standard deviations. ²Definitions of “increasing”,
542 “no change” and “decreasing” are provided in the methods. ³Change of TN/TP ratio in
543 discharge refers to the change of TN/TP mass ratio in the grid in 2017 compared with
544 the value in 2008. ⁴The “Hu Huanyong” Line is used as a geographic boundary
545 between the high-developed and densely-populated Eastern region and the
546 less-developed and sparsely-populated Western region in China. ⁵The details about
547 the nutrient concentrations, locations and hydrological information for 46 lakes are
548 provided in SI Appendix Table S2 and S3.

549 **Figure 3.** Comparison of municipal wastewater discharges in the surrounding
550 watersheds for different categories of lakes (A) and quantitative relationships between
551 lake TN (or TP concentrations, or TN/TP mass ratios), and corresponding municipal
552 wastewater discharges in the surrounding watersheds (B). ¹Group I: lakes with
553 significant increases in TN/TP mass ratios during 2008–2017; group II: lakes with no
554 change or decreases in TN/TP mass ratios during 2008–2017. Results by T-tests
555 showed significant differences ($P < 0.05$) between Group I and Group II for all the
556 four selected variables. Details in each lake were provided in SI Appendix Table S3.
557 ²Correlation analysis is performed by a linear model. Dots represent the observed data
558 for each lake. The average values (dot) and standard deviations (error bars) of lakes
559 nutrients during 2008–2017 were applied in the analysis. The black line represents the
560 fitted results for TN, TP and TN/TP mass ratio. The gray line represents the 95%
561 confidence interval. Nutrient discharges in watersheds were normalized by the volume
562 of lakes.

563 **Figure 4.** Temporal changes of TN, TP and TN/TP ratios in the municipal wastewater
564 in China during 2008–2017. A. Monthly changes of TN and TP concentrations (mean
565 value) in influent and effluent, and their removal efficiencies by WWTPs during

566 2008–2017. B. Temporal changes of TN/TP mass ratios in municipal wastewater
567 discharge (including total and untreated discharge) on the national scale during 2008–
568 2017. C. Change of TN/TP mass ratios in municipal wastewater discharge (including
569 total untreated discharge) on the regional scale during 2008–2017. The red and blue
570 lines represent the regression lines between N and P discharges in municipal
571 wastewater in 2008 and 2017, respectively. Their slopes represent the TN/TP values
572 in municipal wastewater discharge.

573 **Data availability**

574 The authors declare that all the data supporting the findings of this study are
575 available within the article and its supporting information.

Table 1. Correlation and GLM analyses on the relationships between lake nutrient concentration and ratios and corresponding explanatory variables (n=46)

Variables	TN concentration		TP concentration		TN/TP mass ratio	
	<i>r</i>	<i>P</i>	<i>r</i>	<i>P</i>	<i>r</i>	<i>P</i>
Correlation analysis						
Municipal wastewater	0.667	0.000*	0.540	0.000*	0.409	0.006*
Rural wastewater	0.585	0.000*	0.718	0.000*	0.152	0.325
Crop farming	0.345	0.023*	0.556	0.000*	0.065	0.677
Livestock farming	0.371	0.012*	0.613	0.000*	-0.092	0.052
Aquaculture	0.209	0.184	0.210	0.182	-0.221	0.154
Precipitation	-0.068	0.655	-0.105	0.486	0.277	0.062
Temperature	0.009	0.951	-0.087	0.567	0.206	0.169
GLM analysis	SE×10⁻³	RI, %	SE×10⁻³	RI, %	SE	RI, %
Municipal wastewater	2.1	47.7	1.5	13.3	2.2	39.0
Rural wastewater	0.4	7.6	0.2	23.3	2.4	15.4
Crop farming	0.2	7.6	0.3	13.5	2.5	2.5
Livestock farming	0.5	26.3	0.3	35.4	6.7	14.2
Aquaculture	5.2	5.0	1.2	5.3	6.9	9.6
Precipitation	0.2	2.2	0.0	1.8	1.64	4.9
Temperature	20.1	3.4	1.0	7.2	0.0	14.3

**P* < 0.05; SE, standard error; RI, relative importance explained by the variable.

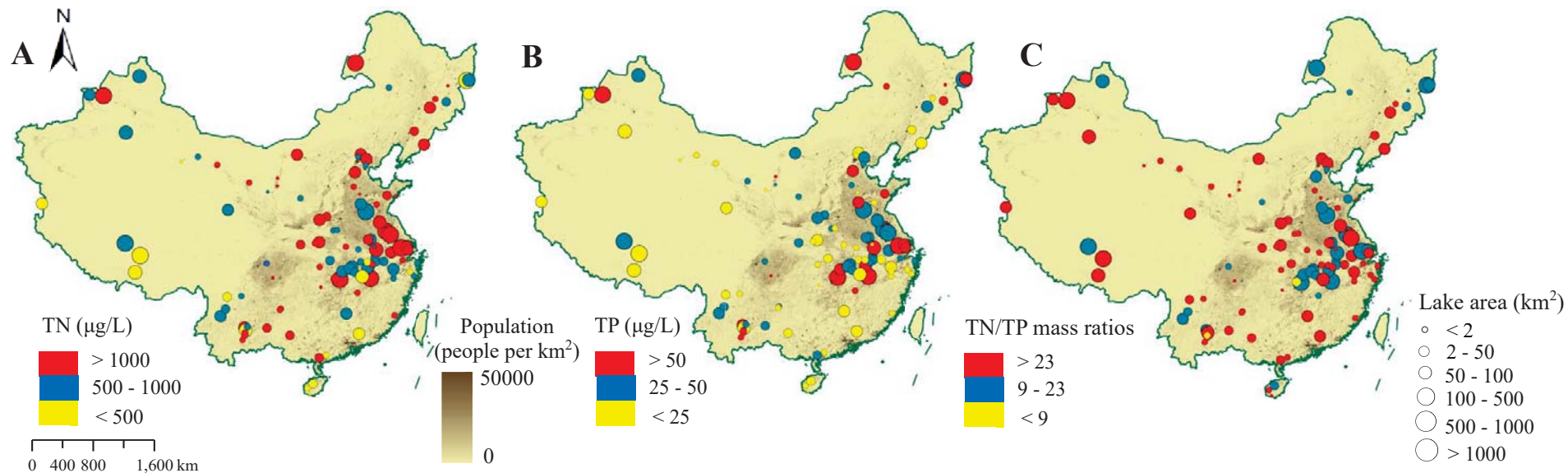


Figure 1. Annual average TN, TP concentrations and TN/TP mass ratios in 111 freshwater lakes in mainland China in 2017. ¹TN concentration of 500 $\mu\text{g/L}$ and TP concentration of 25 $\mu\text{g/L}$ represent the Grade II limits in the Chinese water quality standards (Table S1). ²TN concentration of 1,000 $\mu\text{g/L}$ and TP concentration of 50 $\mu\text{g/L}$ represent the Grade III limits. ³Based on the Guildford and Hecky's definition (32), the P limitation for algal growth occurs when TN/TP mass ratio is > 23 , while the N limitation occurs when this ratio is < 9 . ⁴The details for each lake were provided in Supplementary Data Set S1.

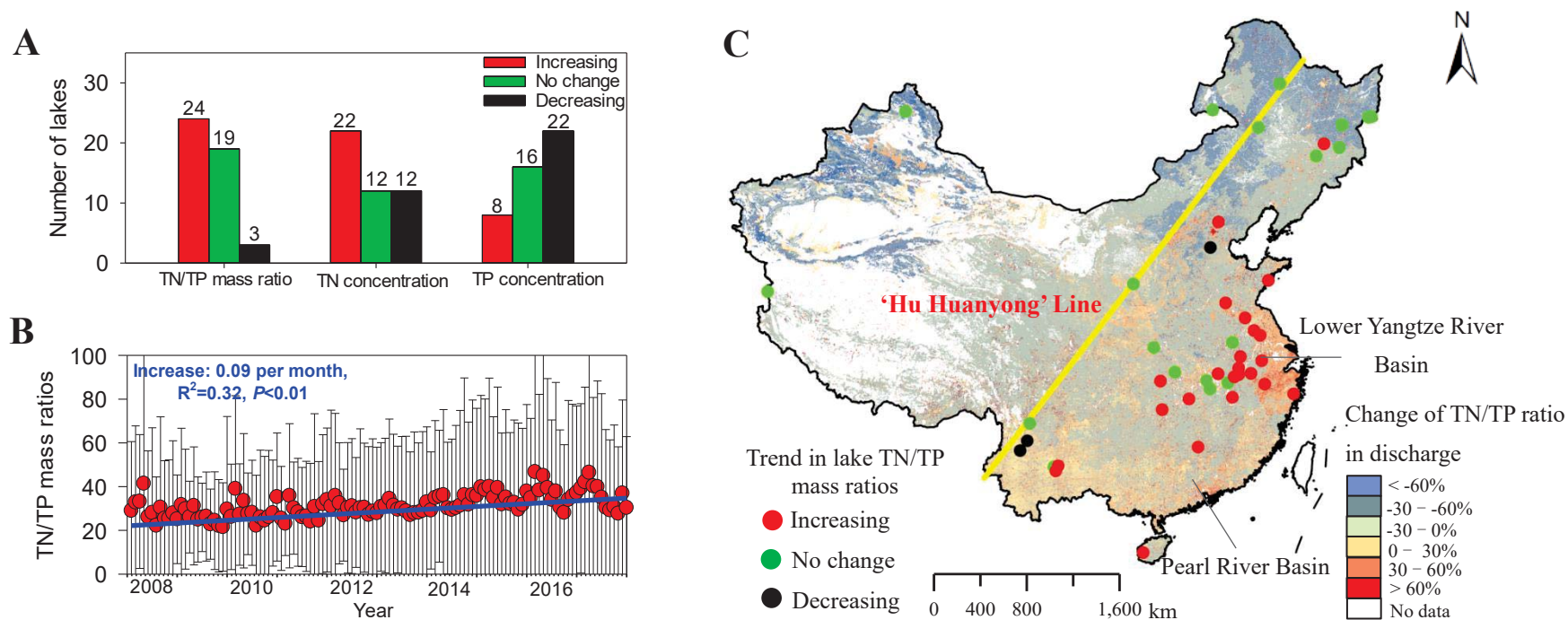


Figure 2. Temporal trends of nutrient concentrations and their mass ratios in 46 lakes with continuous monitoring data during 2008–2017, and relative changes on TN/TP mass ratios in aggregated anthropogenic discharges (with a spatial resolution of 1 km² grid). ¹Red dots in the part B represent the average values of monthly TN/TP mass ratios, and black error lines represent the standard deviations. ²The definitions of “increasing”, “no change” and “decreasing” are provided in the methods. ³Change of TN/TP ratio in discharge refers to the change of TN/TP mass ratio in the grid in 2017 compared with the value in 2008. ⁴The “Hu Huanyong” Line is used as a geographic boundary between the high-developed and densely-populated Eastern region and the less-developed and sparsely-populated Western region in China. ⁵The details about the nutrient concentrations, locations and hydrological information for 46 lakes are provided in Table S2 and S3.

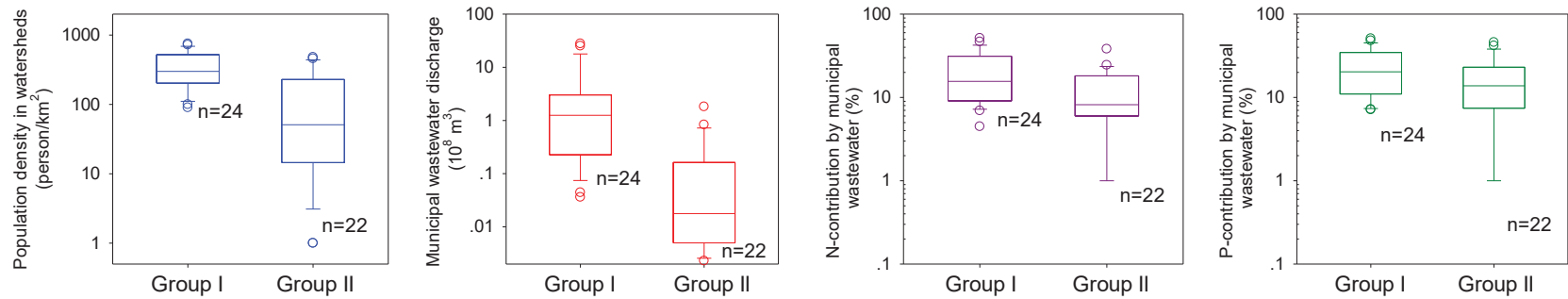
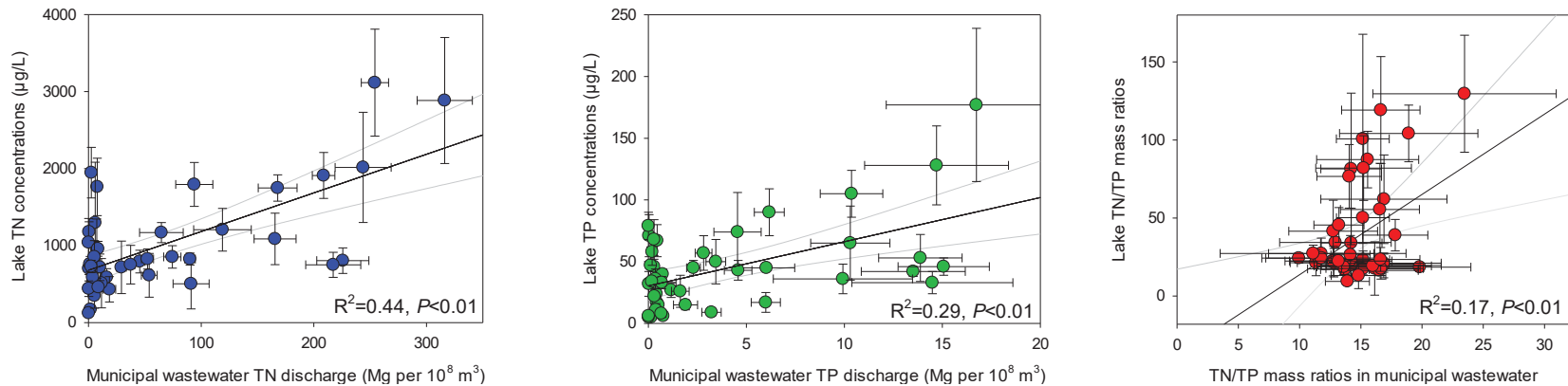
A**B**

Figure 3. Comparison of municipal wastewater discharges in the surrounding watersheds for different categories of lakes (A) and quantitative relationships between lake TN (or TP concentrations, or TN/TP mass ratios), and the corresponding municipal wastewater discharges in the surrounding watersheds (B). ¹Group I: lakes with significant increases in TN/TP mass ratios during 2008–2017; Group II: lakes with no change or decreases in TN/TP mass ratios during 2008–2017. Results by *t*-tests showed significant differences ($P < 0.05$) between Group I and Group II for all the four selected variables. The details in each lake were provided in Table S3. ²Correlation analysis is performed by a linear model. Dots represent the observed data for each lake. The average values (dot) and standard deviations (error bars) of lakes nutrients during 2008–2017 were applied in the analysis. Black line represents the fitted results for TN, TP and TN/TP mass ratio. Gray lines represent the 95% confidence interval. Nutrient discharges in watersheds were normalized by the volume of lakes.

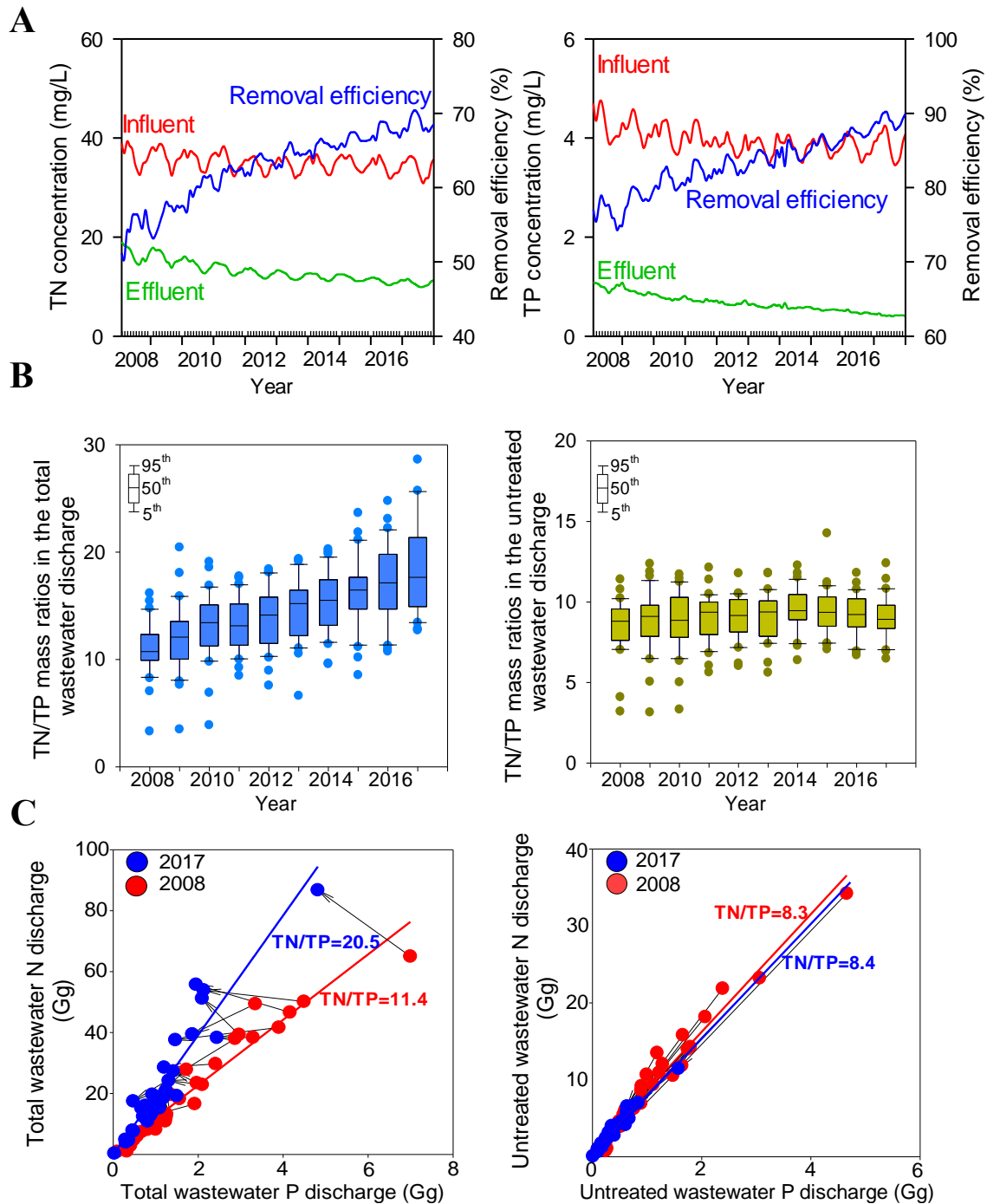


Figure 4. Temporal changes of TN, TP and TN/TP ratios in the municipal wastewater in China during 2008–2017. A. Monthly changes of TN and TP concentrations (mean value) in influent and effluent, and their removal efficiencies by WWTPs during 2008–2017; B. Changes of TN/TP mass ratios in municipal wastewater discharge (including total and untreated discharge) on the national scale during 2008–2017. C. Change of TN/TP mass ratios in municipal wastewater discharge (including total untreated discharge) on the regional scale during 2008–2017. Red and blue lines represent the regression lines between N and P discharges through municipal wastewater in 2008 and 2017, respectively. Their slopes represent the TN/TP values in municipal wastewater.