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1 **Airborne emissions of microplastic fibres from domestic laundry**
2 **dryers**

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5 Stacey O'Brien^a, Elvis D. Okoffo^a, Jake W. O'Brien^a, Francisca Ribeiro^{ad}, Xianyu Wang^a, Stephanie L. Wright^b,
6 Saer Samanipour^{ace}, Cassandra Rauert^a, Tania Yessenia Alajo Toapanta^a, Rizsa Albarracin^a, Kevin V. Thomas^a.

7
8 *a. Queensland Alliance of Environmental Health Sciences, The University of Queensland, 20 Cornwall Street,*
9 *Woolloongabba, Queensland 4102, Australia.*

10 *b. Analytical, Environmental and Forensic Sciences, Kings College London, 4.133 4th Floor Franklin-Wilkins*
11 *Building, Waterloo, United Kingdom.*

12 *c. Norwegian Institute of Water Research, Gaustadalléen 21 0349, Oslo.*

13 *d. College of Life and Environmental Sciences, University of Exeter, EX4 4QD, Exeter UK.*

14 *e. Faculty of Science, Van 't Hoff Institute for Molecular Sciences, University of Amsterdam, Science Park 904,*
15 *GD Amsterdam.*

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18
19 **Corresponding Author:** Stacey O'Brien – stacey.obrien@uq.edu.au.
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43 **Graphical Abstract:**

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52 **Mandatory Highlights:**

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54 1. Emissions of microplastic fibres from residential dryers into air investigated.

55 2. Mechanical drying of polyester emits microplastic fibres into the surrounding air.

56 3. Over 20 mins operation, MP emissions for a 660 g blanket were $\sim 1.6 - 1.8$ fibres/ m^3 .

57 4. Lint of 77 ± 22.4 mg $\approx 1.1 \times 10^6 \pm 3.2 \times 10^5$ fibres captured by inbuilt filtration.

58 5. Lint emissions were approximately 0.012% of the blanket mass/ wash.

59

60

61 **Abstract:**

62 An emission source of microplastics into the environment is laundering synthetic textiles and
63 clothing. Mechanical drying as a pathway for emitting microplastics, however, is poorly understood.
64 In this study, emissions of microplastic fibres were sampled from a domestic vented dryer to assess
65 whether mechanical drying of synthetic textiles releases microplastic fibres into the surrounding air
66 or are captured by the inbuilt filtration system. A blue polyester fleece blanket was repeatedly
67 washed and dried using the 'Normal Dry' program of a common domestic dryer operated at
68 temperatures between 56 and 59 °C for 20 minutes. Microfibres in the ambient air and during
69 operation of the dryer were sampled and analysed using microscopy for particle quantification and
70 characterisation followed by Fourier-Transform Infrared Spectroscopy (FTIR) and Pyrolysis Gas
71 Chromatography-Mass Spectrometry (Pyr-GC/MS) for chemical characterisation. Blue fibres
72 averaged 6.4 ± 9.2 fibres in the room blank (0.17 ± 0.27 fibres/ m^3), 8.8 ± 8.5 fibres (0.05 ± 0.05
73 fibres/ m^3) in the procedural blank and 58 ± 60 (1.6 ± 1.8 fibres/ m^3) in the sample. This is the first
74 study to measure airborne emissions of microplastic fibres from mechanical drying, confirming that
75 it is an emission source of microplastic fibres into air – particularly indoor air.

76

77 **Key words:**

78 Microplastic, emission, air, fibre, dryer, Pyr-GC/MS

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82 **1. Introduction**

83 Microplastics are small pieces of synthetic polymers with their size commonly defined as being
84 between 1 μm and 5 mm (Dris, 2016; Henry et al., 2019). While typically defined by the length of
85 their longest dimension, they have also been defined according to their diameter (Napper and
86 Thompson, 2016) or ratio of dimensions (Obbard et al., 2014) for characterisation. Microplastic
87 fibres have been reported as prevalent in all environmental compartments including atmospheric air
88 and deposition (Cai et al., 2017; Dris et al., 2015; Dris, 2016), on beaches (Claessens et al.), surface
89 sea water (Cózar et al., 2014), the water column (Dai et al., 2018), marine sediments (Cole et al.,
90 2011; Van Cauwenberghe et al., 2013), sea ice (Obbard et al., 2014), freshwater lakes (Eerkes-
91 Medrano et al.; Eriksen et al., 2013; Gasperi et al., 2014), sediments (Horton et al., 2016; Klein et al.,
92 2015) and soils (Hurley and Nizzetto, 2018; Nizzetto et al., 2016). Microplastic fibres have been
93 detected in both urban (Dehghani et al., 2017; Dris et al., 2015; Dris et al., 2016) and remote regions
94 (Allen et al., 2019; Free et al., 2014), including the Arctic (Lusher et al., 2015) and Antarctic (Cincinelli
95 et al., 2017) and at high altitudes (Ambrosini et al., 2019) suggesting the capacity for long range
96 atmospheric transport (Allen et al., 2019). Fibres are the most commonly identified microplastic
97 shape reported in the gastrointestinal tracts of biota at all trophic levels; present within food
98 (Barboza et al., 2018) and deposited onto food destined for human consumption (Catarino et al.,
99 2018). Microplastic fibres have also been identified within the human lung (Pauly et al., 1998) and
100 examined in simulated respiration models operated within indoor environments (Vianello et al.,
101 2019), therefore, potentially posing a risk to human health through inhalation and ingestion
102 exposure (Gasperi et al., 2018; Prata, 2018; Wright and Kelly, 2017).

103

104 Despite the environmental prevalence and research importance of microplastic fibres (Henry et al.,
105 2019), little is known about their emission sources. Point source laundry emissions of wet lint from
106 simulated industrial (Cocca et al., 2018; De Falco et al., 2018) and residential laundry effluent have
107 been examined using laboratory based (Carney Almroth et al., 2018; Cocca et al., 2018; De Falco et

108 al., 2018; Hernandez et al., 2017; Jönsson et al., 2018) and commercially available (Browne et al.,
109 2011; Folko, 2015; Hartline et al., 2016; Karlsson, 2014; McIlwraith et al., 2019; N. Bruce, 2016; Pirc
110 et al., 2016; Sillanpää and Sainio, 2017) laundering equipment. Early studies found that >1900 fibres
111 are emitted per wash of a single blanket/ fleece or shirt garment, equating to >100 fibres/ L of
112 captured laundry effluent (Browne et al., 2011). Subsequent research has calculated that each
113 blanket releases approximately 1.1×10^5 fibres per wash (Carney Almroth et al., 2018). Total laundry
114 emissions could release anywhere from 7×10^5 fibres per 6 kg load (Napper and Thompson, 2016)
115 (1.16×10^5 fibres/ kg) to between $6 - 17.7 \times 10^6$ fibres ($1.2 - 3.5 \times 10^6$ fibres/ kg) based on 0.43 to
116 1.27 g lint weight from a 5 kg load (De Falco et al., 2018). Variability could be attributed to mesh
117 sizes used in different studies, material composition, weave and fibre structure (De Falco et al.,
118 2018), or the use or absence of chemical confirmation methods.

119

120 Despite previous studies identifying that laundering clothing is a significant point source for
121 emissions of microplastics (Carney Almroth et al., 2018; De Falco et al., 2018; Hernandez et al., 2017;
122 McIlwraith et al., 2019; Pirc et al., 2016; Salvador Cesa et al., 2017; Sillanpää and Sainio, 2017;
123 Zambrano et al., 2019), as far as we are aware, only two studies have examined the process of
124 mechanical drying of clothing and textiles. Limited to microfibre emissions captured within the
125 internal filtration mechanisms (Pirc et al., 2016), one study established that mechanical drying
126 resulted in greater microplastic emissions captured in emitted microfibres than fibres released into
127 laundry effluent (Pirc et al., 2016). The second study examined laundering of clothing with wash and
128 dry cycles, however dryer emissions were unreported (Zambrano et al., 2019). The hypothesis was
129 that residential dryers contribute microplastic fibres into the surrounding atmospheric environment.
130 The aim of the current study was to determine whether microplastic fibres are captured in inbuilt
131 filtration or are emitted into the surrounding indoor/ outdoor atmospheric environment during the
132 mechanical drying of synthetic textiles.

133

134 **2. Materials and Methods**

135

136 **2.1 Sampling details**

137 A blue coloured fleece blanket, labelled by the manufacturer as 100% polyester (fleece) and suitable
138 for mechanical drying, was purchased from a prominent Australian retail outlet. The blanket,
139 measuring 152 cm x 203 cm in size, was repeatedly laundered alone consecutively for five individual
140 wash and dry cycles. Gravimetric analysis was conducted both prior to and post laundering cycles
141 using a laboratory balance (Mettler Toledo, New Classic MS Balance). The average (\pm standard
142 deviation) of the dry blanket mass prior to and during consecutive laundry processing was 665 ± 6.73
143 g.

144

145 Laundering was performed within an 8 kg sensor washing machine (Bosch Australia, Clayton, VIC)
146 using a standard 45-minute-cycle at 40 °C and 1400 revolutions per minute (RPM). Samples were
147 mechanically dried for 20 minutes using a 6.5 kg sensor dryer (Electrolux, Alexandria, NSW)
148 representative of the Australian market. The dryer was operated using the 'Normal Dry' program
149 described by the manufacturer as "suitable for everyday fabrics". Technical details of the drying
150 program are unable to be provided by the manufacturer as the internal program varies the RPM and
151 temperature automatically based on a combination of exhaust and ambient air temperature.
152 However, internal maximum temperatures were monitored by using a temperature button
153 (iTemperature, Instrument Choice) during operation both with and without a blanket, with
154 temperatures ranging between 56 and 59 °C, achieved at approximately 10 min of dryer operation.
155 The dryer was installed within a room approximately 21 m³ in size, with no active ventilation. Access
156 to the room during the sampling program was prevented to minimise air flow and potential
157 contamination. The only air exchange occurred when opening and closing the door immediately
158 prior to and post sampling.

159

160 2.1.1 Airborne particulate matter and inbuilt dryer filter sampling of polyester microfibrres

161 Airborne particulate matter was sampled using a high volume total suspended particle air sampler
162 (Komoto, Japan) with a sampling volume of 55 m³/ hour to collect all airborne particles
163 indiscriminate of size. Samples were collected onto a Whatman GF/A glass filter (1.6 µm), muffle
164 furnaced at 500 °C for 4 hours prior to use. Based on the extraction efficiency of the air sampler and
165 room volume, sampling was limited to the first 20 minutes of dryer operation to avoid over sampling
166 the air. Air samples were collected prior to the experiment as an ambient air room blank, during
167 operation of the empty dryer as a procedural blank and whilst mechanically drying a blanket as five
168 replicate samples (n=5). Microfibrres were collected by manually wiping the inbuilt dryer filter after
169 procedural blanks and samples with paper towel, then stored wrapped in aluminium foil. At least ten
170 minutes between each sample collection of air and lint was provided to allow time for deposition of
171 resuspended particles (Cheng et al., 2016).

172

173 **2.2 Microscopy**

174 Analysis of the blanket, total particle count (fibrres and fragments) and characterisation (colour,
175 morphology and size) was undertaken using an Olympus SZ-CTV microscope coupled with a Motic
176 Images Plus (Software Version 3.0) camera. To facilitate representative sub sampling, the samples
177 (filters) from two room blanks, one procedural blank and one sample were divided into quarters and
178 microscopically analysed separately to test homogeneity within the sample. Applying an ANOVA test
179 to the null hypothesis that there was no variance between quarters for blue fibre count resulted in
180 an f statistic of 0.173 respectively, with a significance of p = 0.913. A Brown-Forsyth test assessing
181 homogeneity within the sample indicated a significance of p = 0.912 for blue fibrres inferring
182 moderate homogeneity between the quarters – both confirming the null hypothesis. Quartile
183 analysis of the entire filter was acceptable, consistent with the recommendation of Koelmans et al

184 (Koelmans et al., 2019). Quarter 3 (respective to sampler orientation) was selected for sub sampling
185 as it demonstrated the least variability between sample types and replicates.

186

187 **2.3 Chemical composition**

188

189 **2.3.1 Fourier-transform infrared spectroscopy (FTIR)**

190 The blanket, both prior to and post laundering, and inbuilt dryer filter contents were characterised
191 using Fourier-Transform Infrared Spectroscopy (FTIR) (Spectrum 2, Perkin Elmer) against a plastic
192 specific spectral library (ATR Polymer Introductory Library, Perkin Elmer). After obtaining background
193 spectra, samples were analysed in absorbance mode from 4000 cm⁻¹ to 400 cm⁻¹ at 300 scans/
194 minute, data interval of 0.2 cm⁻¹ and resolution of 16 cm⁻¹. A random sub sample of larger visible
195 blue fibres were manually extracted from the filter papers to examine for fibre composition analysis
196 purposes to match to the blanket source. Identification was based on the library spectra with the
197 highest percentage match to the sample. Only matches above 80% were used for positive
198 identification.

199

200 **2.3.2 Pyrolysis- gas chromatography -mass spectrometry (Pyr-GC/MS)**

201 Pyrolysis gas chromatography mass spectrometry (Pyr-GC/MS) was used for chemical
202 characterisation to verify the blanket material and confirmation/ assist in determining the
203 composition of collected fibres.

204

205 Pyrolysis was undertaken using a multi-shot micro-furnace pyrolyser (EGA/ PY-3030D) equipped with
206 an auto sampler (AS-1020E) (Frontier Lab Ltd., Fukushima, Japan) coupled to a GC/MS – QP2010-Plus
207 (Shimadzu Corporation, Japan). Being for identification and confirmation purposes only against the
208 reference material of the blanket and PET analytical standard, the pyrolyser was operated in single
209 shot mode. Based on the optimisation parameters in Okoffo et al (Okoffo et al., 2020), the furnace

210 was programmed to 650 °C with pyrolysis occurring for 12 seconds. The pyrolyser interface and GC
211 injection port temperature was set at 300 °C with the samples injected at a split of 1:5 onto an Ultra
212 Alloy® 5 capillary column (30 m, 0.25 mm I.D., 0.25 µm film thickness) (Frontier Lab). The GC oven
213 temperature was held at 40 °C for 2 minutes, increased to 320 °C at 20 °C min⁻¹, then held for 14
214 minutes. Helium was used as a carrier gas at 1.0 mL/ min with a constant linear velocity. The mass
215 spectrometer was operated in full scan mode, acquiring data from 40 to 600 m/z, and the pyrogram
216 was recorded from 2 to 30 minutes.

217

218 **2.4 Statistical Analysis**

219 All quantification figures are based on a confidence interval of 95%, being ± two times the standard
220 deviation of the mean calculated in Microsoft Excel version 16. Microscopy quantification of one
221 quarter of the sample were extrapolated to the whole filter (number of fibres detected/ m³ based on
222 Quarter 3 of the sample multiplied by 4) for whole of sample quantifications.

223

224 **2.5 Contamination controls, QA/ QC**

225

226 **2.5.1 Room Control QA/ QC**

227 Efforts to reduce contamination were undertaken during all procedures. A restricted access room
228 was utilised, cleaned thoroughly with Ethanol 70%, wiping all surfaces with paper towel and
229 vacuuming the rubber floor twice two days prior to commencement. Access was prohibited during
230 sampling episodes. However, contamination was possible through people entering the restricted
231 room on days between sampling episodes; one small open but not operational air vent and an
232 exposed section of 2.6 m x 0.15 m between the upper levels of the building which could have
233 contributed particles to the results.

234

235 **2.5.2 Sampling and Storage QA/ QC**

236 Sampling and laboratory contamination controls included placing the sample inside of a white cotton
237 pillowcase when not in use and stored within a metal container. The samples were extracted from a
238 new mechanical dryer, wiped clean with paper towel and Milli-Q water prior to each use (Napper
239 and Thompson, 2016). The dryer was operated empty between the room blank and sample. The
240 internal drum was also wiped clean with paper towel between replicates and the inbuilt dryer filter
241 was wiped clean after each procedural blank and sample to remove potential carry over. Workspace
242 controls included wiping all surrounding laboratory surfaces with Ethanol 70% and paper towel prior
243 to use and operating without gloves where possible. Particle free gloves were used where necessary.
244 Green cotton laboratory coats were worn and the clothing of attendees was noted during each
245 sampling process. Subtraction was undertaken for any coloured fibre which was not blue, matching
246 the blanket. The filter papers were stored within aluminium foil and during microscopy blank filter
247 papers were exposed to determine whether baseline subtraction of laboratory contamination was
248 required (Dris, 2016). Contamination mitigation for pyrolysis analysis included using new sample
249 cups for each sample, collecting fibres using Ethanol 70% and MilliQ cleaned forceps, wiped with
250 paper towel.

251

252 2.5.3 Analysis QA/ QC

253 Blank Whatman GF/D (2.7 µm) filters were exposed at all times during microscopy. Although the
254 samples themselves were covered while not directly being examined, establishing baseline
255 deposition contamination during microscopy analysis was prudent.

256

257 Particles were collected immediately prior to pyrolysis analysis and deposited into the pyrolysis
258 sample cups under microscopy, confirming particle discharge from the forceps into the cup and
259 correct placement for analysis. Samples were covered with aluminium foil during the physical
260 transfer to the automatic sampler and while loading the samples. The pyrolysis unit itself also
261 features a plastic guard which protects samples from atmospheric deposition during the duration of

262 processing time.

263

264 **3. Results**

265

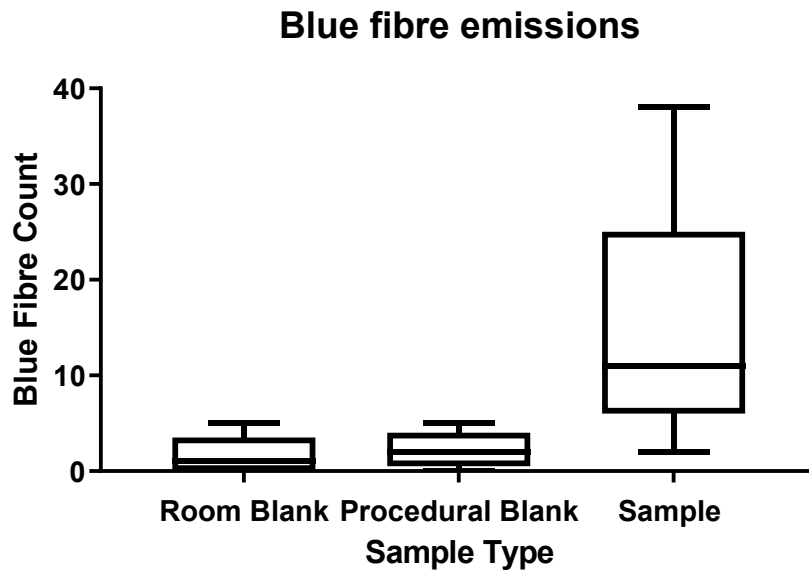
266 **3.1 QA/ QC Results**

267 Contamination during microscopy varied between 0 - 8 particles, averaging across all room blanks,
268 procedural blanks and samples to be 2.6 ± 2.5 (95% CI) fibres of various colours. No blue fibres were
269 detected in the room blank, 0.4 ± 1.1 blue fibres in the procedural blank and 1.7 ± 2.2 blue fibres in
270 the sample. This is considered to be negligible compared to the average number of blue fibres ($8.8 \pm$
271 8.54 fibres) in the procedural blank and in the sample (58 ± 60 fibres), and therefore no baseline
272 subtraction of contamination during analysis was undertaken. Contamination during microscopy
273 consisted of particles which were 87% fibre shaped and 14% fragments, with the most dominant
274 colour being black. Over 70% of the contamination particles were $<50 \mu\text{m}$ in size. The size fractions
275 and colour characteristics of the contamination is detailed in Figures S1 – S2 of the SI.

276

277 **3.2 Air concentration**

278 The number of blue particles on the analysed quarter of each sample was 1.6 ± 2.5 fibres in the
279 room blank, 2.2 ± 2.3 fibres in the procedural blank and 14.6 ± 16.96 in the sample. (Figure 1)



280

281 **Figure 1: Counts of blue particles per sample type.**

282 ***Box indicates 25th and 75th percentiles, line is the median and whiskers represent minimum and**
 283 **maximum values. *Procedural Blank is the operation of the empty dryer without the blanket**
 284 **sample.**

285

286 Extrapolated to whole filter calculations, the room blank contained 6.4 ± 10.3 blue fibres, 8.8 ± 9.6
 287 blue fibres in the procedural blank and 58.4 ± 67.9 blue fibres in the sample.

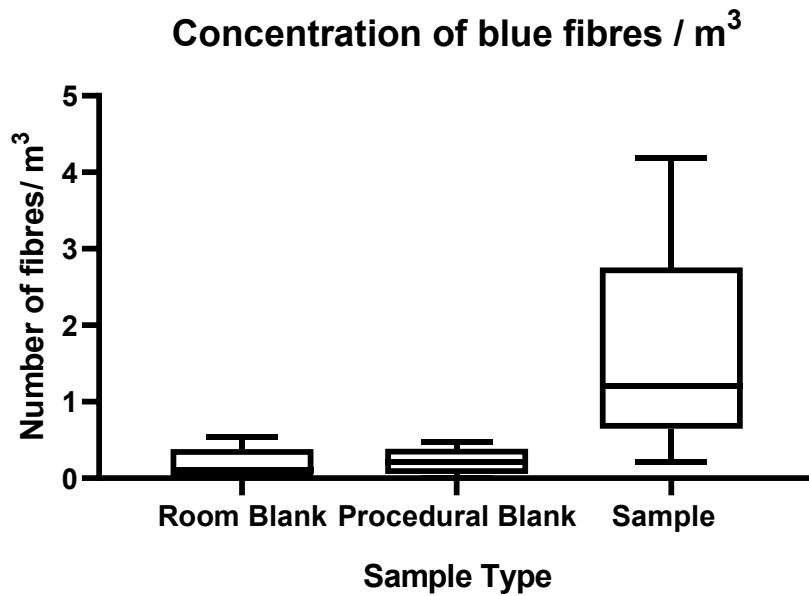
288

289 An ANOVA grouping the room blank and procedural blank against the sample demonstrated an f
 290 statistic of 8.9 and a p value = 0.01, indicating with statistical significance that the blanket emits
 291 microplastic fibres into the airborne environment.

292

293 3.2.1 Particle concentration in the air

294 Normalised against the operation of the sampler, the number of blue fibres in the air was calculated
 295 to be 0.17 ± 0.27 fibres/ m^3 in the room blank, 0.5 ± 0.5 fibres/ m^3 in the procedural blank and $1.6 \pm$
 296 1.8 fibres/ m^3 in the sample. (Figure 2)



297

298 **Figure 2: A) Quantification of blue fibres per cubic metre (m³) based on sample type.**

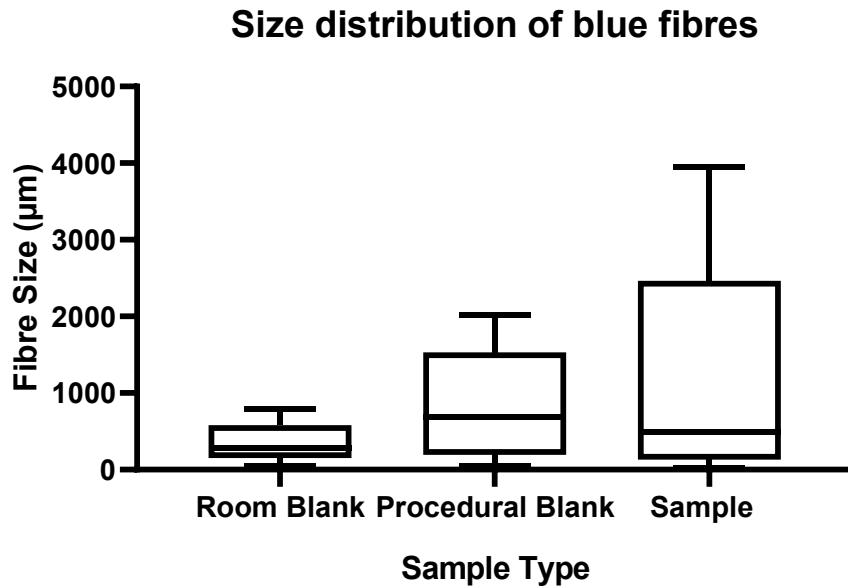
299 ***Procedural Blank references the operation of the empty dryer without the blanket sample.**

300

301 **3.3 Air Particle Characterisation**

302 3.3.1 Size Classification

303 All blue particles were fibre shaped. The length of the blue fibres varied from 43 – 799 μm in the
 304 room blank (average $341 \pm 273 \mu\text{m}$), 47 – 2016 μm (average $844 \pm 819 \mu\text{m}$) in the procedural blank
 305 and 19 – 3948 μm (average $764 \pm 940 \mu\text{m}$) in the sample. (Figure 3)



306

307 **Figure 3: Blue fibre size comparison between sample types.**

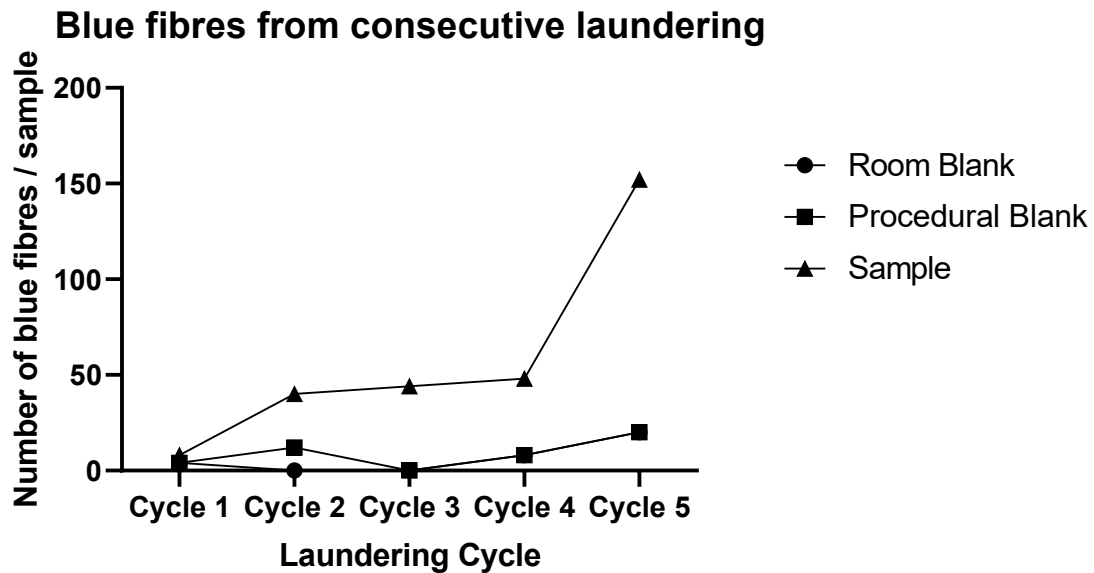
308

309 3.4 Particle counts and consecutive laundering

310 The number of blue fibres in the atmosphere increased over consecutive laundering. No stability of
 311 fibres release was reached over time from five replicates. This is in contrast to Pirc et al (Pirc et. al;
 312 2016), who demonstrated that shedding of a PET blanket during laundering and mechanical drying
 313 (captured lint in inbuilt filtration) decreased over consecutive laundering, reducing substantially post
 314 wash 3 to account for new garment shedding and stabilising after wash 7. Carney Almroth et al
 315 determined that aged garments shed more fibres than new garments. However, overall shedding of
 316 fibres from PET fabric during laundering decreased over time, reaching stability for one type of PET
 317 weave after wash 5 whilst no stability was reached for a second PET weave after 10 washes (Carney
 318 Almroth et al., 2018). Hernandez et al found that laundered PET fabric released decreasing amounts
 319 of microplastic fibres, stabilising after wash cycle 3 to 4 depending on laundry surfactant (Hernandez
 320 et al., 2019). It is unknown what attributed to the increased shedding of fibres into the atmospheric
 321 environment in these results. It is hypothesised that the increase of fibres into the air could be a
 322 result of degradation of the fibre from mechanical drying, possibly from the physical abrasion of the
 323 fabric within the internal drum of the dryer during rotation or the weakening of the fibres from the

324 heat generated internally whilst mechanically drying the blanket. The cause remains unknown as
325 does the impact of repeated laundering past 5 replicates, which should be examined further in
326 future research. (Figure 4).

327



328

329 **Figure 4: Blue fibre emissions from consecutive laundering.**

330 *Extrapolated whole of filter calculations.

331 **Chemical and Visual Characterisation of Material and Fibre Composition**

332

333 3.5 FTIR analysis

334 FTIR characterised the blanket as poly (1,- cyclohexanedimethylene terephthalate) with 80 % and 78
335 % accuracy (Figure S3) prior to processing, and poly (1,- cyclohexanedimethylene terephthalate) with
336 80 % accuracy (Figure S4) for the inbuilt dryer filter contents. Examination of randomly selected
337 visible individual blue fibres proved unsuccessful based on difficulties ensuring correct placement of
338 the particle for examination and library comparisons of very low accuracy.

339

340 3.6 Pyr-GC/MS analysis

341 Fibres from the blanket that were unlaundered; washed and oven incubated at 60°C for 20 minutes,

342 along with pools of three to six individually picked blue coloured fibres from the samples to
343 determine if they originated from the blanket fibres. Pyrograms from the blankets demonstrated
344 consistent peaks in the chromatograms between replicates in total ion chromatograms (TIC) and
345 indicator compounds/ ions regardless of laundering effects. The chemical composition of the blanket
346 was identified to be polyethylene terephthalate (PET) based on the presence of benzene, vinyl
347 benzoate and benzoic acid. Insufficient indicator compounds were present for the positive
348 identification of Poly (1,-cyclohexanedimethylene terephthalate), identifying discrepancy between
349 FTIR and Pyr-GC/MS. Pyrograms following oven exposure for 20 minutes at 60 °C were consistent
350 with PET. Pyrograms of pools of blue fibres indicated a PET composition in two replicates. All
351 pyrograms are presented in the Supporting Information (Figure SI 5 – SI 7).

352

353 3.7 Microfibre emissions from mechanical drying captured by inbuilt filtration

354 Drying one 660 g polyester blanket generated 77 ± 22 mg of lint which equates to $\sim 1.1 \pm 0.3 \times 10^6$
355 fibres into the inbuilt filter. This is approximately 0.012% of the blanket mass. Additionally, 54 ± 60
356 fibres would be released into the air. It is noted these calculations have many associated
357 uncertainties and assumptions, including that the per fibre weight is the same as that used in the
358 calculations by de Falco et al (De Falco et al., 2018) of 7×10^{-8} g/ fibre: 6×10^6 to 17.7×10^6 fibres
359 corresponding to a lint weight of 0.43 - 1.27g of lint = $1.27\text{g} / 17.7 \times 10^6 = 7 \times 10^{-8}$ g/ fibre. Inherent
360 variability in dryer emissions also exists regarding dryer characteristics such as different load
361 capacities/ venting options and different shedding propensities of the load composition and fabrics
362 based on manufacture differences and fibre characteristics. As such, future estimates of microplastic
363 emissions from laundering of synthetic materials should include drying as an emission source,
364 however emission amounts require refinement and further research.

365

366 **4. Discussion**

367 Airborne emissions of 58 ± 60 fibres per 660 g blanket sample were higher than the amount of blue

368 fibres present in the ambient air, being 6.4 ± 9.21 fibres. Subtracting the room blank and procedural
369 blank values, mechanical drying contributes ~ 2 fibres/ m^3 into the surrounding atmospheric
370 environment. Working from the average of 58 fibres/ 660 g blanket, drying 1 x 660g blanket/ once
371 per week (consistent with Australian dryer operation (Statistics, 2008a; Statistics, 2011)) could emit
372 3×10^3 airborne fibres into households and/ or the atmospheric environment per household, per
373 annum. A whole 6.5 kg polyester blanket load (being 6.5 kg wet weight capacity/ average blanket
374 wet weight of 830 g = 7.8 blanket capacity per drying load) could emit 406 ± 468 airborne fibres/
375 load operated with exclusively polyester blankets. These figures do not consider discretionary dryer
376 usage, differences in fabric, variability in usage both nationally and internationally or mechanical
377 variations between dryer types.

378

379 As many of these fibres escape inbuilt filtration or are released when cleaning the filter (Cheng et al.,
380 2016), human health implications should also be considered and examined. When vented indoors,
381 these fibres are likely to accumulate in dust and contribute to microfibre abundance being reported
382 in dust, as well as exposure via dust. Dryer placement within the household, clothing composition
383 and frequency of use are expected to vary between countries. In Australia, 56% of households own a
384 mechanical dryer and operate their dryer once per week (Statistics, 2008a; Statistics, 2008b),
385 however frequency of operation would vary nationally, with differing climates and dryer ownership
386 and operation frequency varies internationally. For example, in 2018, 58% of UK households owned
387 a dryer and in 2017, 42% of households in Germany. In some countries such as the UK, the dryer is
388 located within or adjoining the kitchen (Wendy Wills, 2013) which could potentially increase human
389 exposure to airborne particulates and/ or result in deposition onto food (Catarino et al., 2018) and
390 food preparation surfaces, providing another avenue of human ingestion exposure as well as
391 respiratory exposure.

392

393 **5. Conclusion, limitations and future work**

394 The major limitations of this work are the small sample size, the examination of one type of
395 polyester blanket and one type of domestic dryer. Limitations also include the inability to calculate
396 mass loss of the blanket and mass of the airborne fibres/ filters, making gravimetric mass balance
397 unachievable. Calculations of fibres per m³ are approximate, based on variability of the air volumes
398 sampled. Drying time was limited during treatments to the first 20 minutes of the cycle in
399 consideration of room capacity to avoid over sampling the air. Retained water could have impacted
400 the mass based outcomes.

401

402 Future work is required to gain an understanding of airborne dryer emissions, including the influence
403 of technical specifications such as dryer composition (condenser/ vented), temperature, RPM
404 variability, textile materials or their length and weave composition impact on the prevalence of
405 emissions into the environment (De Falco et al., 2018), as well as considering general laundry load
406 composition or commercial laundromat emissions. These specifications could be applied into
407 lifestyle or policy adaptations to reduce environmental and human exposure to microplastic fibres.

408

409

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418 Norway) for providing the analytical standards and the Australian National Fabrication Facility (ANFF)
419 Laboratory at The University of Queensland for access to and training in the Scanning Electron

420 Microscope.

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Supplementary Information

Microscopy Contamination Results

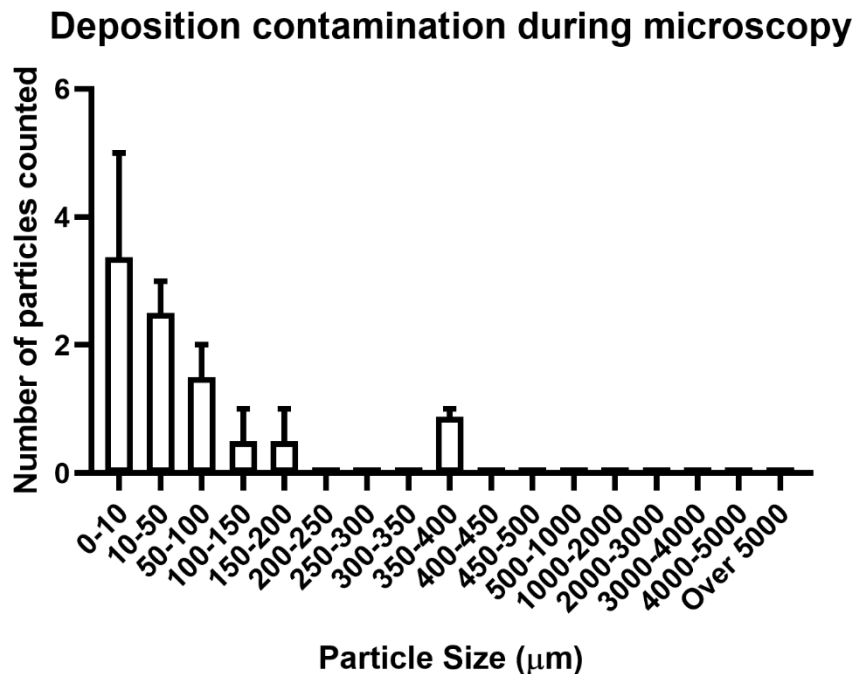


Figure S1: Size fractionation of atmospheric deposition particles within the laboratory environment during microscopy. This was undertaken as part of the QA/QC of sample analysis.

Atmospheric deposition during microscopy - particle colour

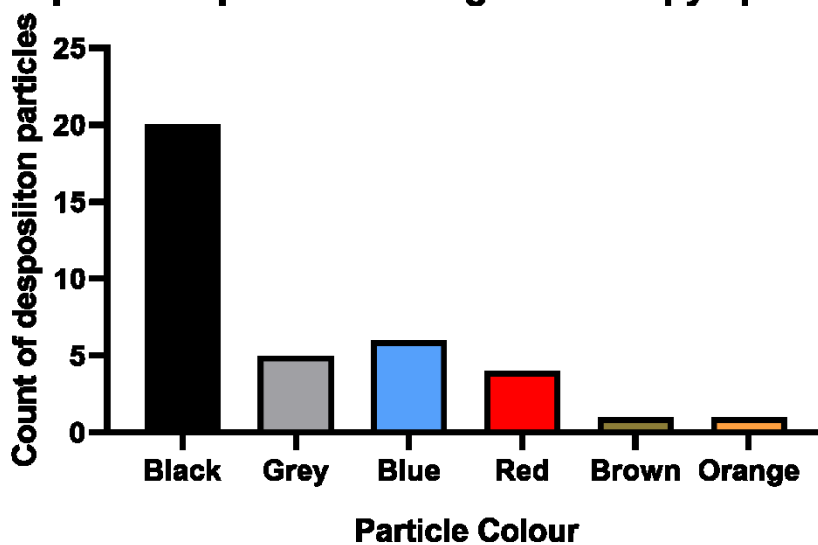
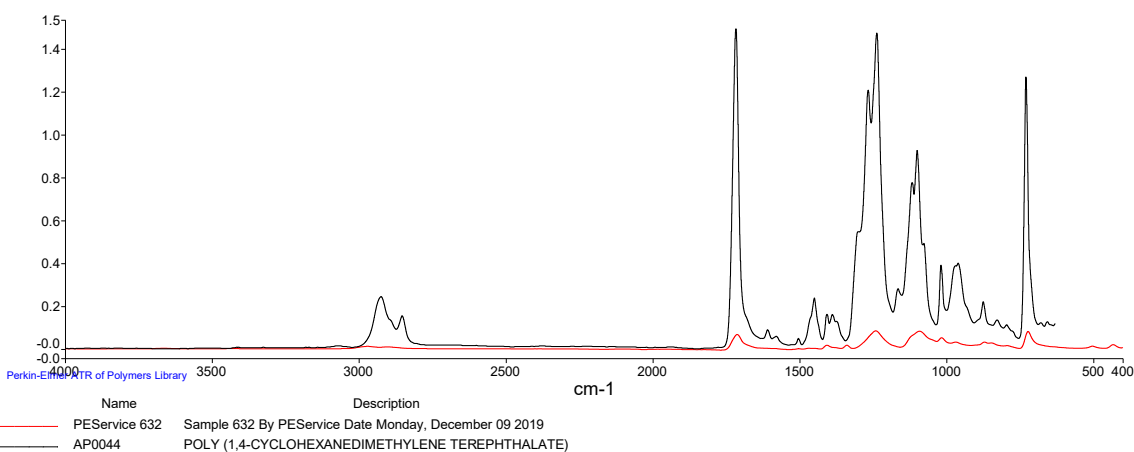
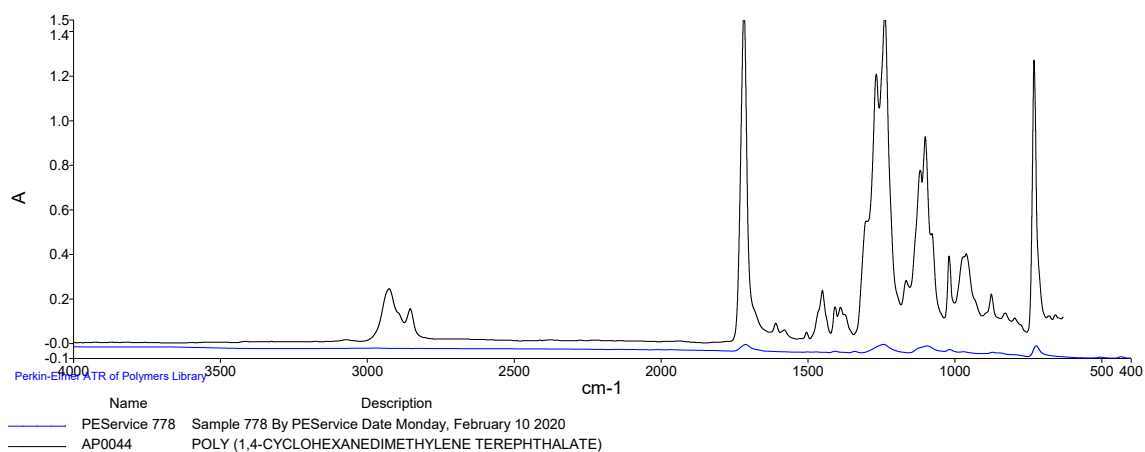


Figure S2: Colour composition of atmospheric deposition particles within the laboratory during microscopy.



Search Score	Search Reference Spectrum Description
0.782612	POLY (1,4-CYCLOHEXANEDIMETHYLENE TEREPHTHALATE)

Figure S3: Fourier Transform Infrared Spectroscopy of the blanket sample showing an identification of Poly (1,4-Cyclohexanedimethylene) from the library search with 78% accuracy.



Search Score	Search Reference Spectrum Description
0.808173	POLY (1,4-CYCLOHEXANEDIMETHYLENE TEREPHTHALATE)

Figure S4: Fourier Transform Infrared Spectroscopy of the lint showing an identification of Poly (1,4-Cyclohexanedimethylene) from the library search with 80% accuracy.

Pyrolysis – GC/MS Results

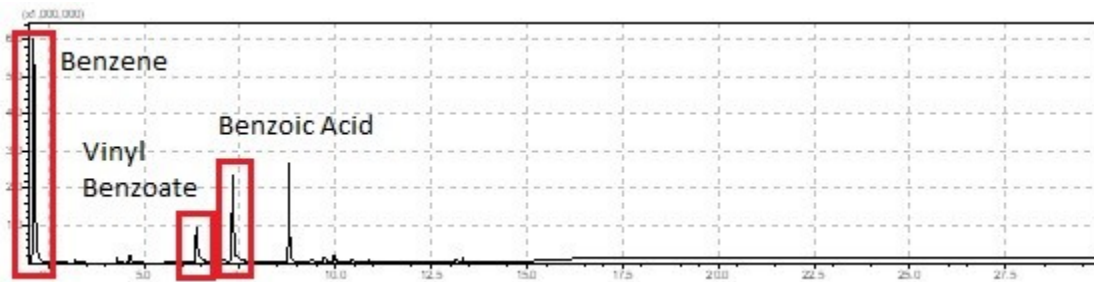


Figure S5: Pyrogram of the laundered blanket using Pyr-GC/MS for chemical characterisation. This was undertaken prior to sampling to obtain the chemical signature of the blanket for chemical identification and comparative purposes with the samples. Indicator compounds of Benzene, Vinyl Benzoate and Benzoic Acid at specific retention times identified the blanket composition to the Polyethylene Terephthalate (PET).

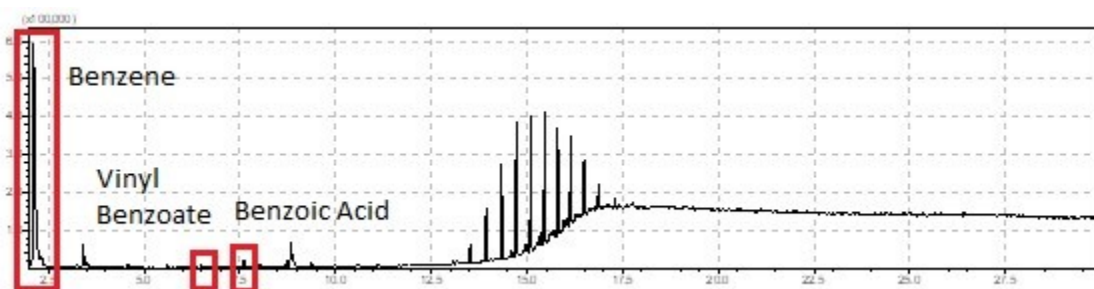


Figure S6: Pyrogram of a pool of 5 visually identified blue fibres using Pyr-GC/MS (n=5). Indicator ions of Benzene, Vinyl Benzoate and Benzoic Acid at the same retention times, characteristic of PET were identified to confirm chemically that the selected blue fibres were sourced from the blanket.

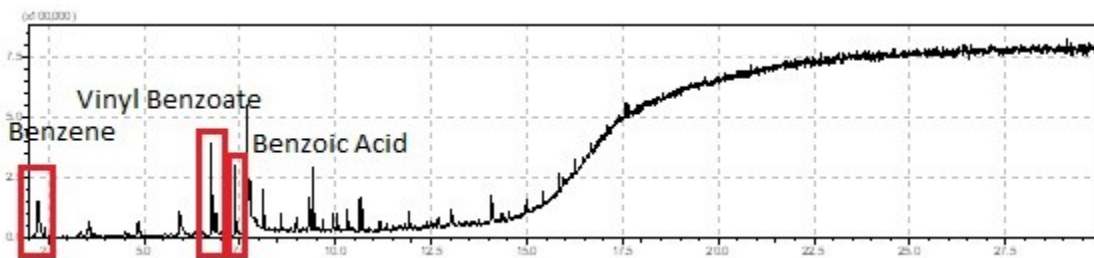


Figure S7: Pyrogram of a pool of 3 visually identified blue fibres from Pyr-GC/MS (n=3). Indicator ions of Benzene, Vinyl Benzoate and Benzoic Acid at the same retention times, again showed consistency that the visually identified blue fibres were also of PET composition.